



ExpertCare Services

Respite

ExpertCare provides respite services in order to give the main unpaid caregiver a needed break. Respite services are available to people of all ages. ExpertCare is dedicated to providing quality caregivers who are committed to providing a safe and loving environment and building a relationship with the person served, so the main caregiver in the household can feel comfortable taking time for himself/herself.

ExpertCare's core purpose is "Helping People Succeed". The services offered in this program help the person served succeed by allowing "me" time for the main unpaid caregiver a break. We know that to take care of others, you have to take care of yourself. Family caregivers often neglect themselves in working to provide support to their loved one. Respite allows the family caregiver to get the break they need to renew and refresh.

Respite Services are available to those who qualify for this service through their Community Mental Health Organization (CMH) in Oakland, Macomb, Wayne, and Genesee County. The frequency of the services is dependent on the services outlined in the Plan of Service created by the CMH during a person centered planning meeting or intake.

ExpertCare Services are available 7 days a week, 24 hours a day.



