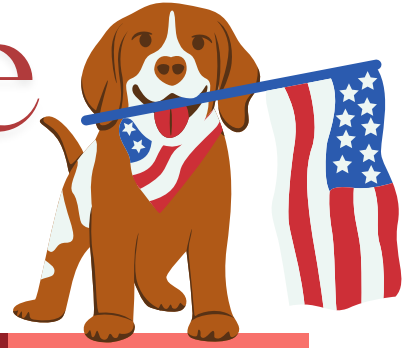




# ExpertCare

## CHRONICLE

July 2026



### JULY GIVEAWAY

We're excited to announce that we'll be drawing two winners – each will receive a \$50 gift card to **Michaels!**

Find out who won in next month's Newsletter!

### Inside this Issue:

July Giveaway / June Giveaway Winner

HHA Tip of the Month / HHA Refresher

Policy Reminders

Upcoming Events

Caregiver of the Month

ExpertCare Staff

Recipient Rights Corner

Employee Anniversary

Recreational Flyers

Crafts / Worksheets

### JUNE GIVEAWAY

Congrats to June 2026  
Giveaway Winner!

**Regina Newell**



# HHA TIP OF THE MONTH



For the July HHA Tip of the Month we wanted to send out a reminder on how to go back into a past shift and enter in all of the required documentation for processing.

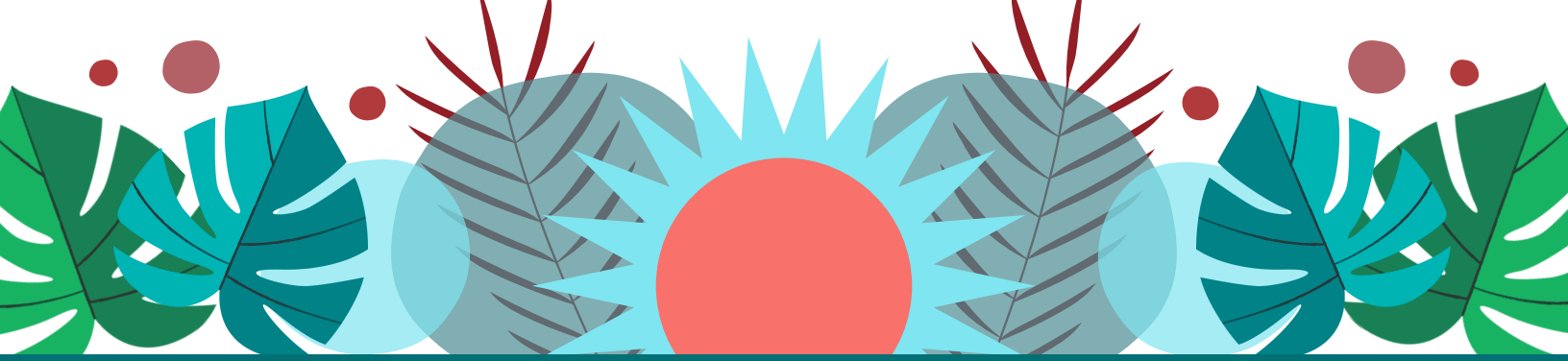
All shifts require 5 things to be completed prior to processing:

- Clocking in using GPS (EVV Compliance)
- Clocking out using GPS (EVV Compliance)
- Plan of Care Tasks
- Guardian Signature
- Detailed Shift Note

## July HHA Refreshers:

Thursday, July 9th @ 10am  
Tuesday, July 14th @ 3pm  
Monday, July 20th @ 12pm  
Wednesday, July 29th @ 12pm





# POLICY REMINDERS

---

## AFTERHOURS NUMBER: 248-229-3088

Did you know that ExpertCare has an afterhours number that every caregiver and recipient family should have in their phone? This number is for emergencies weekdays after 4:30pm and weekends.

## PAYROLL REMINDER

*Just a friendly reminder that ExpertCare's payday is every Friday on a weekly schedule.*

To make sure your hours are processed on time and included in the upcoming payroll, please remember to submit all hours, punch corrections, and any adjustments by Monday at 8 am. Submissions received after this deadline will be processed in the following week's payroll.

Each Friday's payroll includes hours worked from Sunday through Saturday of the previous week.

Submitting corrections on time helps our payroll team ensure that everyone is paid accurately and without delays. We appreciate your cooperation and attention to this process!

If you have any questions or need assistance with your timesheet, please reach out to the billing team for support. Thank you for helping us keep payroll running smoothly!

---

# Macomb Upcoming Events

## Festa Italiana

14900 Metro Parkway, Sterling Heights, MI 48312  
July 17-19, 2026

A free, family-friendly festival celebrating Italian culture with music, authentic food, fireworks, and a variety of entertainment throughout the weekend. Guests can also enjoy a family fun zone with activities, contests, and vendors, making it a lively summer event for all ages.

## Clinton Twp. Music & Movies in the Park!

July 15, 22, and 29th  
21845 Quinn Rd, Clinton Township, MI 48035

Free concert series is held at the Township Gazebo on Wednesday evenings. Children can participate in the fun pre-concert activities and enjoy the great sounds of summer at the Gazebo! Bring the kids, your blankets, or lawn chairs, and enjoy a family night out! Food and Drinks will be sold during the event.

Splash pad - FREE entry!

## Sterling Fest

July 23-25  
40620 Utica Road, Sterling Heights, MI 48313

This festival is completely free to attend and features live music, an art fair, a carnival midway, and family entertainment!

## Rosco on the Run

Dates: July 7, 14, 21 & 28, 2026  
Macomb Twp Parks and Rec  
Cost: Free

Outdoor recreation program featuring games, social interaction, water activities, and family-friendly entertainment. Good option for individuals who enjoy structured outdoor activities.



# Oakland Upcoming Events

## Recovery Celebration

Wednesday July 15<sup>th</sup> from 10am-3pm

Springfield Oaks County Park,  
12451 Andersonville Rd, Davisburg

Enjoy vendor booths, community resources, and a special program honoring Recovery Warriors, including the "Be the Voice Award" and a featured presentation by Bryce the III. Family friendly with food, games, and more!

## Oakland County Fair

July 10-19<sup>th</sup>

Location: Springfield Oaks County  
Park

12451 Andersonville Road,  
Davisburg, MI 48350

Fairgrounds offer numerous family-friendly attractions, educational exhibits, petting zoo experiences, and events specifically categorized for individuals with disabilities.

## Minority Mental Health Awareness Event

Monday July 27<sup>th</sup> from 10am - 12:30pm

OCHN Admin Offices  
5505 Corporate Drive, Troy

Join us for by celebrating Culture, Values, and Triumphs. Focusing on Raising Awareness & Building Community

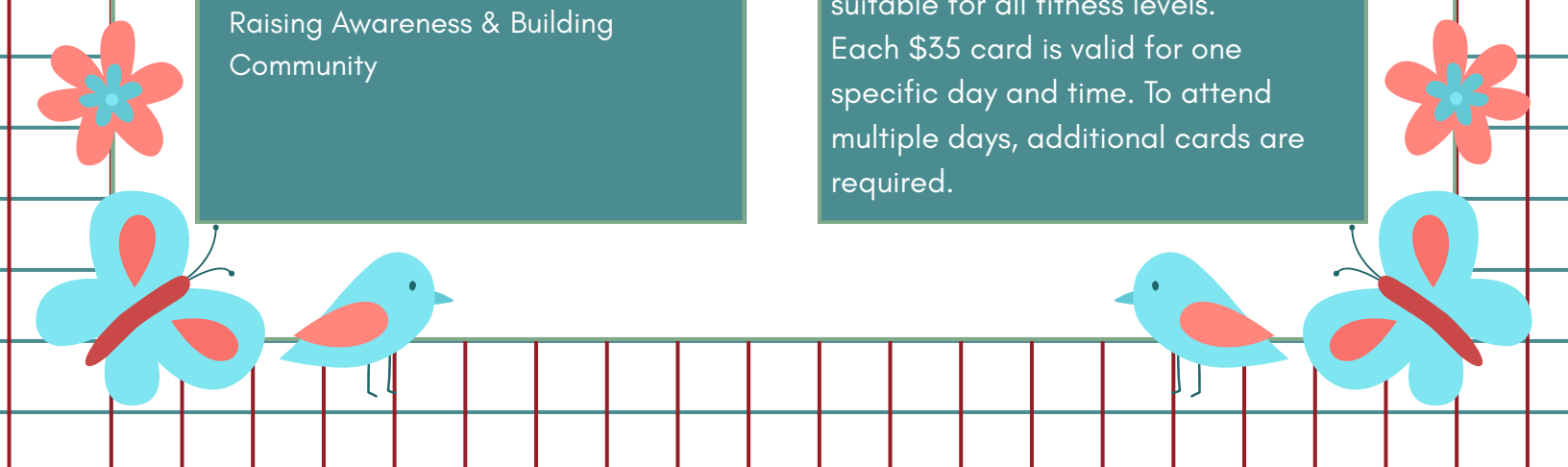
## Morning River Walk

Tuesdays and Thursdays from  
9am-10am, July 7<sup>th</sup>-August 20<sup>th</sup>

Red Oaks Waterpark  
1455 E. Thirteen Mile Road Madison Hgts

Walk along the 1,000-foot River Ride for a refreshing, low-impact workout. This adults-only program is suitable for all fitness levels.

Each \$35 card is valid for one specific day and time. To attend multiple days, additional cards are required.





# Wayne Upcoming Events

## Sensory Friendly Events

SENSORY SCAVENGER HUNT at  
Crosswinds Marsh -Search for objects  
in nature that satisfy the senses.

July 14<sup>th</sup> from 2:30pm - 4:00pm

PARTY IN THE PARK at Nankin Mills  
Park - July 15th

BUGTOPIA at Nankin Mills Park -July 25

## Movie Nights In The D

Campus Martius Park 800 Woodward Ave

Natural Treasure-July 3<sup>rd</sup> 7pm - 9pm

July 10 - Cars

July 17 - Lilo and Stitch Live Action

July 24 - A Minecraft Movie

July 31 - Anaconda

*\*Closed captioning will be available for  
all films\**

## Uncle Sam Jam

23977 Hall Rd, Woodhaven, MI 48183.

July 9-12, 2026; hours vary by day  
(typically 4:00-11:45 PM Thurs-Fri,  
12:00-11:45 PM Sat, and 12:00-10:30  
PM Sun


A free four-day summer festival  
featuring live concerts, carnival  
rides, fireworks, and family-friendly  
attractions.

## Detroit Bookfest

Eastern Market, 2934 Russell Street

Sunday, July 19, 2026 from 10AM - 4 PM

A free, family-friendly book festival  
featuring 300+ vendors, kids  
activities, authors, and unique  
items like comics, vinyl, and art



## LOOK WHO'S TALKING

### JUNE'S CAREGIVER OF THE MONTH

#### BARBARA JENUWINE

**ECare: What made you decide to become a Caregiver?**

**Barbara:** I'm a certified medical assistant...retired. I worked for a period of time, as a healthcare paraprofessional with children and young adults with disabilities during my career. Once I retired, I decided to become an at home caregiver.

**ECare: What was your first paying job?**

**Barbara:** My first paying job ever was as a teenager at a movie theater. As a medical assistant, it was at a cardiologist's office.

**ECare: What is the most exciting part of your job?**

**Barbara:** Gaining trust with my client and having a close relationship where they know they can trust me and are very comfortable with me. Also, the family having complete trust and comfort with me being with their family member and in their home.

**ECare: What do you do for fun?**

**Barbara:** Anything and everything with my son, daughter, and granddaughter. I love and enjoy cooking.

**ECare: Have you ever met anyone famous?**

**Barbara:** Yes, I've met: Donnie Osmond, Marie Osmond, The entire band of Journey, Ted Nugent, Whoopi Goldberg, Ted Danson, and Dave Coulier (my favorite.)

**ECare: What is your best piece of advice for other Caregivers?**

**Barbara:** Patience...it takes time to build a trusting relationship.

**ECare: Would you consider yourself an introvert or an extrovert and why?**

**Barbara:** Honestly both, it depends on the situation.

**ECare: What have you learned from your Caregiving experience that has helped you in other aspects of your life?**

**Barbara:** Again, I'm going to say being patient and being a good listener and just looking for cues from people.

We are pleased to recognize Barbara Jenuwine as our Caregiver of the Month! Barbara brings a wealth of experience to her role, having spent many years working in schools supporting individuals with disabilities before joining the ExpertCare team. Her background, combined with her genuine passion for helping others, makes her an exceptional caregiver. Barbara is known for her compassion, empathy, and strong work ethic. She consistently demonstrates a deep commitment to the individuals she serves, ensuring they feel supported, valued, and empowered. Her caring nature and dedication have made a meaningful impact on the lives of those she works with and have earned the respect and appreciation of those around her.

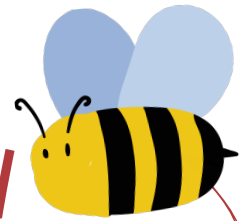
Thank you, Barbara, for your outstanding service and for embodying the values of ExpertCare each day. Congratulations on being named our Caregiver of the Month!

Thank you for demonstrating ExpertCare's core values of:  
Helping People Succeed  
Passion for Success  
Can Do Attitude



## EXPERTCARE STAFF

# ANDREA MCKAY-SNOW



### Recruiter

Q: If you could pick one theme for ExpertCare to turn into a book about the company, what would it be?  
The theme would be "Mastering the Misson". How to build a staffing company from the ground up while using the most efficient systems and exceeding the expectations of those we serve.

Q: What is your favorite memory from working at ExpertCare?

I have quite a few memories. I would say my favorite would be the 5 years in a row that I participated in the Polar Plunge! Not only is it a very fun experience, it's also a meaningful way to give back to those we serve.

Q: Do you have a personal aspiration you're working toward?

I am working on running at least one half marathon per year into my 60's! I'm doing great so far....lol!

Q: What do you always want to try and haven't yet?

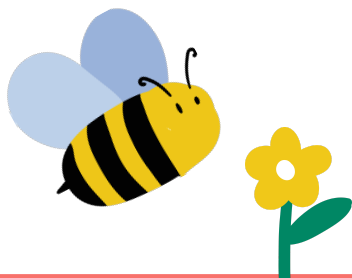
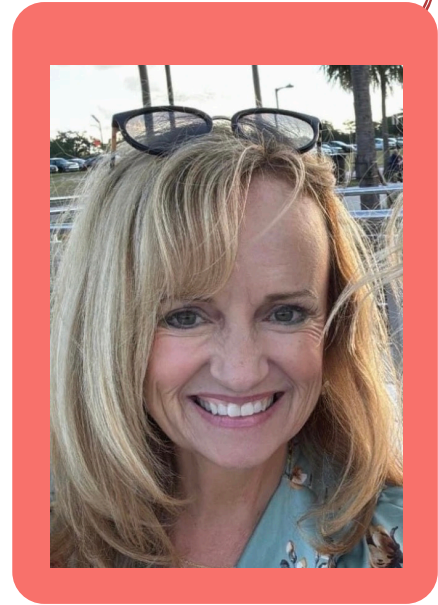
I have always wanted to try snowmobiling! I still can't believe that I haven't done that yet!

Q: What is your biggest pet peeve?

When people don't turn off the lights after they leave the room! It's important to conserve energy and it also helps to keep costs down.

Q: What is one piece of advice you want to share with our Caregivers and Therapists?

Response: My piece of advice would be to keep the lines of communication open! If you have questions or issues---take a moment to talk to each other---kindly share concerns. And remember...we are always here to help at ExpertCare.



# RECIPIENT RIGHTS CORNER

---



## RECENT INCIDENTS REPORTED TO EXPERTCARE AND THE OFFICE OF RECIPIENT RIGHTS:

A violation of dignity and respect, involving a caregiver who made inappropriate comments to a Recipient while trying to intervene during an argument between the Recipient and their family member.

This serves as an important reminder that caregivers must remain professional, respectful, and supportive in all interactions. Even when situations become difficult, emotional, or stressful, caregivers are expected to maintain appropriate boundaries and communicate in a manner that upholds the rights and dignity of those they serve.

Please remember the following regarding service delivery and rights of those served:

### **Michigan Mental Health Code 330.1708 (4)**

*A recipient has the right to be treated with dignity and respect.*

**Dignity** – To be treated with esteem, honor, politeness; to be addressed in a manner that is not patronizing, condescending or demeaning; to be treated as an equal; to be treated in the way any individual would like to be treated.

**Respect** – To show deferential regard for; to be treated with esteem, concern, consideration or appreciation; to protect the individual's privacy; to be sensitive to cultural differences; to allow an individual to make choices.

### **What This Means for Caregivers**

When providing services, caregivers should:

- Use professional and respectful language at all times.
- Avoid making comments that could be perceived as judgmental, critical, insulting, or demeaning.
- Remain calm and neutral during disagreements involving Recipients, family members, or others.
- Support Recipient choice and independence whenever possible.
- Respect privacy, personal preferences, and cultural differences.
- Seek guidance from a supervisor when faced with challenging situations rather than engaging in conflict.

### **Summary**

All Recipients have the right to be treated with dignity and respect. Caregivers play a critical role in protecting these rights through their words, actions, and interactions. Maintaining professionalism, using respectful communication, and honoring Recipient choice helps ensure a safe and supportive environment for everyone served by ExpertCare.

*Thank you for your continued commitment to providing safe, professional, and person-centered care. Please contact ExpertCare at 248-643-8900 with any questions or concerns.*

# Employee Anniversaries

15 years

Frances Jones

10 years

Adrienne Thomas

10 years

Taira Johnson

10 years

Shirley Sullivant

10 years

Janet Rinkenberger

5 years

Latonya Arnold

5 years

Palma Lucas

Thank you ✨



# Guide to The Work Number



Automated income and employment verifications from The Work Number database

The Work Number® from Equifax helps privately and quickly provide automated income and employment verifications 24 hours a day, 7 days a week to help keep your life moving! No more searching for paystubs!





## What can theworknumber.com do for me?




**Get an Employment Data Report (EDR):**  
A consumer report required by the Fair Credit Reporting Act (FCRA) so you can see your personal information and who requested it. We want you to be able to see this report so here's how:

 Fill out the Employment Data Report Request Form and mail or email it to:  
Equifax Workforce Solutions  
ATTN: EDR  
3470 Rider Trail South  
Earth City, MO 63045  
 Email: EDR@equifax.com  
(Use of secure email function recommended)




**Ask for Data Dispute Assistance:**  
If you notice something inaccurate on your Employment Data Report (EDR,) call The Work Number Employee Service Center for assistance:

 866-222-5880  
M-F 8:00 am - 8:00 pm (ET)  
 TTY- hearing impaired:  
800-424-0253

**If a Verifying Organization Needs Assistance:**  
(including mortgage lenders, property leasing, financial institutions, a government agency, etc.)

 theworknumber.com  
 800-367-5690  
M-F 8:00 am - 8:00 pm (ET)  
 member@equifax.com

**Freeze your Information to Verifiers:**  
If you would like to put a freeze on your employment information available to verifiers:

 Fill out the Freeze Request Form and mail or email it to:  
Equifax Workforce Solutions  
ATTN: FREEZE  
3470 Rider Trail South  
Earth City, MO 63045  
 Email: twnfreeze@equifax.com -  
(Use of secure email function recommended)  
 Phone: 1-866-222-5880

For assistance contact The Work Number Employee Service Center at:

Phone: 800-367-2884  
M-F 8:00 am - 9:00 pm (ET)

TTY- hearing impaired:  
800-424-0253



# MY EMOTIONS COLOUR WHEEL



Look at each emotion.

Colour each section of the wheel using a colour that shows how that emotion feels to you!



excited



sad



angry



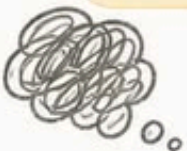
proud



happy



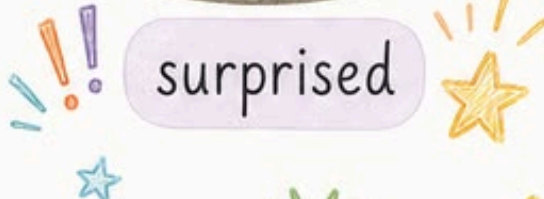
worried



scared



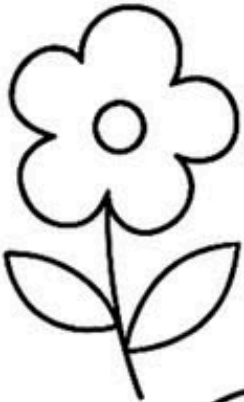
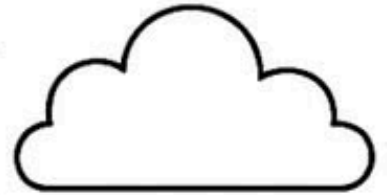
surprised



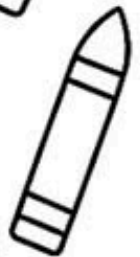
# REMEMBER THIS ON HARD DAYS



When I feel upset,  
I can...



People I can talk to are...



Things that make me smile are



## WHAT YOU SHOULD KNOW

# Summer fraud awareness

Summer brings increased fun in the sun, but it also opens the door to fraudsters who may attempt to take advantage of increased travel, heightened activity, and urgency-driven decision-making.

To help keep your participants' money, personal information, and devices safe this summer, Principal® has partnered with the National Cybersecurity Alliance (NCA) to provide trusted, expert NCA guidance.

Common summer schemes to watch out for include:

Your paragraph text

- Vacation booking and travel fraud
- High-pressure offers and urgency tactics
- ATM and gas station skimming

See how scammers target emotions and [share these resources](#) to help protect your employees. For additional support, review the NCA's [travel safety tips](#) or watch the [Sun, Sand & Staying Safe Online](#) webinar.

**NCA resources to share with your employees**

**FOR ADDITIONAL INFORMATION:**

**[HTTPS://WWW.STAYSAFEONLINE.ORG/ARTICLES/HOW-TO-AVOID-SCAMS?](https://www.staysafeonline.org/articles/how-to-avoid-scams?)**

## *We are proud to recognize and celebrate Michael Daffron for being nominated for the Macomb County Mental Health Matters Caregiver Champion Award.*

This nomination reflects Michael's dedication, compassion, and commitment to making a positive difference in the lives of the individuals he supports. Through his hard work, professionalism, and person-centered approach, Michael exemplifies the values of quality care and community inclusion.

Being nominated for this award is an outstanding achievement and a testament to the impact he has on those around him. We are grateful to have Michael as part of our team and appreciate the care, support, and advocacy he provides every day. Please join us in congratulating Michael on this well-deserved recognition!

Dear Mike,

Traci Smith  
Chief Executive Officer

### BOARD OF DIRECTORS

Phil Kraft  
Chairperson

Selena Schmidt  
Vice-Chairperson

Lori Phillips  
Secretary-Treasurer

Megan Burke  
Donna Congemi  
Jackie Catinella  
Nick Ciaramitaro  
Dana Freers  
Sharita Harvey  
Julia Mendyka  
Steph Thornton  
Antoinette Wallace

Congratulations on being nominated for Macomb Community Mental Health's Mental Health Matters Caregiver Champion Award! It is truly an honor to recognize the meaningful impact you have made within our community.

As part of your nomination, the following message was shared in recognition of your service:

*"Since July 2025, Mike has served as CLS staff for the individual I support, and his impact has been nothing short of extraordinary. He doesn't just show up to do his job—he shows up with heart, compassion, and an unwavering commitment to making a difference. Mike consistently goes above and beyond, always seeking feedback and looking for ways to better support the individual in his care. His dedication is deeply personal—he truly cares about helping this individual live a full, meaningful, and joyful life. What makes Mike especially remarkable is his willingness to put the individual's needs and happiness first, even when it requires stepping outside of his own comfort zone. Although he does not celebrate holidays, he chose to take the individual trick-or-treating simply to ensure he felt included, safe, and happy. He has also embraced new cultural experiences, attending a pow wow and even participating in Native American dances alongside him, helping him connect with and celebrate his heritage in a powerful and meaningful way. Mike leads with acceptance and respect in every situation. When the adult individual expresses himself by wearing costumes in the community, Mike never hesitates—he supports him without judgment, reinforcing his dignity and right to be himself. Even in the most challenging moments, Mike's character shines. When faced with rudeness or hostility, he responds with patience, kindness, and positivity. He models respect and emotional control in a way that is both powerful and inspiring. No matter how difficult the day may be, Mike never gives up. He continues to encourage progress, growth, and independence, even when met with resistance. What truly sets Mike apart is his resilience. Shift after shift, he returns with a smile, a positive attitude, and a renewed commitment to try again. Where others might become discouraged, Mike remains steady, hopeful, and determined. My Individual's mother stated, "We all adore Mike. He is the most positive, patient and kind man."*

The support you provide to our community is often challenging and does not always receive the recognition it deserves. We are grateful for the dedication you show each day and want to take this moment to express our appreciation and celebrate the essential role you play.

### MCCMH Mission Statement

Macomb County Community Mental Health, guided by the values, strengths, and informed choices of the people we serve, provides quality services which promote recovery, community participation, self-sufficiency, and independence.





Danny's Miracle Angel Network

14th Annual

Dreams Come True on

WOODWARD  
AVE



August 14th 2026

12pm-4pm

For participation and  
sponsorship opportunities,  
Contact us today!



248-459-1340  
[www.mydman.org](http://www.mydman.org)

SCAN TO REGISTER & DONATE!

**39533 Woodward Ave Bloomfield Hills, MI 48304**

**Dawda Building (Back Lot)**

¼ South of Long Lake Rd, West Side of Woodward

"Dreams Come True on Woodward" is back for the 14<sup>th</sup> year this August! This event is free and open to the public. Our wheelchair-bound friends will exchange their chairs for convertibles and cruise Woodward in style.

Springfield Oaks County Park  
12451 Andersonville Road  
Davisburg, MI 48350



**Thursday, July 16, 2026**

For individuals with disabilities

Daily attractions include: Carnival rides, petting zoo, racing pigs, Miracle of Birth Barn, Sea Lion Show and horse and livestock shows.

Gates open at 9 a.m. and Sea Lion Show is at 10 a.m.

To register and receive your free parking pass, scan QR code.



[bit.ly/4aYQdvA](https://bit.ly/4aYQdvA)



**11 a.m.-1 p.m. Free carnival rides**

Courtesy of Big Rock Amusements

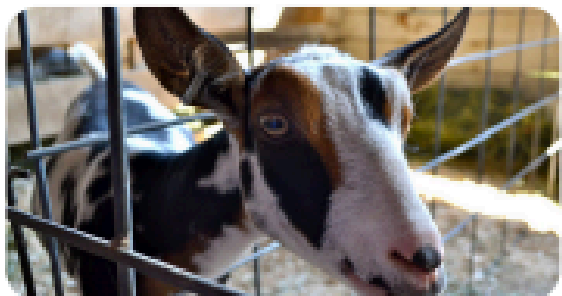
For individuals with disabilities and one caregiver

Guests who register by July 9 will receive an email with a free parking pass.

**Stop by the InFAIRmation booth to obtain ride passes.**

Visit [OakFair.org](https://OakFair.org) for more information.

**Call 248-634-8830 or visit [OakFair.org](https://OakFair.org) for more information.**





Oakland Community  
Health Network

Developmental Disabilities • Mental Health • Substance Recovery

## MINORITY MENTAL HEALTH AWARENESS EVENT

*The Journey to Meaning Through Challenges:  
Celebrating Culture, Values, and Triumphs*

- **Raise Awareness:** Highlight the recovery paths that minority communities take through mental health challenges and resource disparities.
- **Build Community:** Foster open conversations, reduce stigma, and encourage collective healing and resilience.



Monday, July 27, 2026



10:00 am - 12:30 pm



OCHN Administrative Offices  
5505 Corporate Drive,  
Troy MI 48098



[CLICK HERE TO REGISTER FOR THE EVENT](#)

248-858-1210 | [www.oaklandchn.org](http://www.oaklandchn.org)

# ESCOT 2026 SUMMER YOUTH DEVELOPMENT PROGRAM

Building the *Champions*  
of Tomorrow—Inside and  
Outside the Ring!



**100%  
FREE**

For Westland  
Youth Ages 8-18!



June 15 - Aug 15

Mon-Fri 12PM-3PM



Activities:  
Athletics, Academics,  
Leadership, Community



Register at [www.escot.org](http://www.escot.org)

SATURDAY  
**07  
18  
26**  
7AM-12PM



# BLACK MEN'S WELLNESS DAY

# GET CHECKED OUT NOT CHECKED IN!

- HEALTH SCREENINGS
- 5K WALK & RUN
- SENIOR PAVILION
- ENTERTAINMENT
- KIDS ZONE

**RENAISSANCE HIGH SCHOOL**  
6565 W. OUTER DRIVE, DETROIT, MI

**REGISTER  
NOW**



AAWELLNESSAGENCY



AAWELLNESS.ORG

# LEGISLATIVE CANDIDATE FORUM - DETROIT

Join The Arc Detroit for a Legislative Candidate Forum focused on  
*the future of care in Michigan.*



SATURDAY JULY 18, 2026  
FROM 2:00PM-6:00 PM  
SACRED HEART CHURCH HALL  
3154 Rivard  
Detroit, MI 48207



Hear from legislative candidates, people with disabilities, direct care workers, caregivers, and advocates as we discuss direct care wages, protecting Medicaid in our local communities.

