

ec ExpertCare

CHRONICLE



NOVEMBER 2025



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NOVEMBER IS A TIME FOR GIVING

In the spirit of giving, ExpertCare will draw 2 employees at random who will receive a \$50 gift card to Walmart to help with holiday groceries.



We would like to express our gratitude for each and every one of you! Our hope is that every single one of you has a wonderful Thanksgiving with your family, friends, and loved ones. **THANK YOU!**

CONGRATULATIONS TO OCTOBER WINNERS



SHIEDA RAHAMAN
KELSEY ZOLI

THANKSGIVING MEAL



Shoppers can build their ALDI Thanksgiving feast by heading to their local ALDI store, ordering online for curbside pickup or placing an order through grocery delivery partners including Instacart, Uber Eats, and DoorDash beginning October 15 through December 24****. No matter how they shop, families can count on ALDI to make holiday hosting simple, convenient, and affordable.



- Whole Turkey
- Chicken Broth
- Condensed Cream of Mushroom Soup
- Evaporated Milk
- Hawaiian Sweet Rolls
- Miniature Marshmallows
- Cut Green Beans (x2)
- 100% Pure Canned Pumpkin
- Shells & Cheese (x2)
- Brown Gravy Mix (x3)
- Poultry Spices & Herbs
- French Fried Onions
- Pie Crust
- Chicken or Cornbread Stuffing (x2)
- Whipped Dairy Topping
- Yellow Onions (3 lbs.)
- Baby Peeled Carrots
- Celery
- Cranberries
- Sweet Potatoes (3 lbs.)
- Russet Potatoes (10 lbs.)



**Host
Thanksgiving for
10 for just \$40.***



Only at ALDI.

- ☐ Whole Turkey
- ☐ Chicken Broth
- ☐ Condensed Cream of Mushroom Soup
- ☐ Evaporated Milk
- ☐ Hawaiian Sweet Rolls
- ☐ Miniature Marshmallows
- ☐ Cut Green Beans (x2)
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- ☐ Whipped Dairy Topping
- ☐ Yellow Onions (3 lbs.)
- ☐ Baby Peeled Carrots
- ☐ Celery
- ☐ Cranberries
- ☐ Sweet Potatoes (3 lbs.)
- ☐ Russet Potatoes (10 lbs.)

*Price assumes a purchase of ingredients for a meal for 10 people including a 14lb Jennie-O turkey, rolls, cranberry sauce, mac & cheese, mashed potatoes & gravy, sweet potato casserole, green bean casserole, stuffing & pumpkin pie. Based on prices effective 10/15/25 - 12/24/25. Actual price will vary based on available products and your selections.

Happy Thanksgiving

PARENTING THROUGH CHANGE

Group (PTC)



Parenting Through Change is a FREE 10-week parenting group for parents or caregivers of a child(ren) age 3 or older in services at GHS. It supports and helps you be your child's best teacher. Must be currently receiving services at GHS Center for Children's Integrated Services (CCIS), the Outpatient Clinic on Center Road in Burton, or one of our providers.

Group leaders and other parents will help with:

- Getting your child to follow directions
- Learning effective discipline with your child
- Building a better relationship with your child
- Reaching family specific goals
- Managing difficult behavior



Sign up today! Seats are limited, and registration is required.

Call (810) 496-4999 or email PTC@genhs.org to register.

www.genhs.org/PTC

Call 810-496-4999

Email PTC@genhs.org





Improve Your Credit Financial Education Webinar Via Zoom

November 6, 2026 at 5-6:30 PM

Have you applied for credit and been denied? Is your credit less than perfect? Would you like to improve your credit score? Join us for a free class to learn more about credit reporting agencies, credit reports, and what you can do to improve your credit.

Topics include:

- Understand basics of credit reporting agencies.
- Learn about Credit Scoring & Fair Credit Laws.
- Identify ways to build and repair your credit history.
- Recognize what to do in the event of identity theft.

Once you register you will receive a confirmation email. Registration will close and you will be sent the Zoom link 2 business days prior to the class.

To register for this class please visit
www.olhsa.org/events

Questions: contact housingcounseling@olhsa.org or call 248-860-7845





What To Do When You Can't Pay Your Rent

An Informative Workshop / Zoom Webinar

November 18, 2025 at 12-1 PM

Are you behind on rent? Struggling to make your rent payment? Going through an eviction? This class will give you an overview of how to budget when you can't pay your rent, how the eviction process works in MI, how to have a conversation with your landlord, and provide community resources that may be able to assist you. Online Registration Required. Livingston or Oakland County residents only.

Virtual: The Zoom link will be sent after you register.

To register for this class, please visit <https://www.olhsa.org/events>
Registration will close and you will be sent the Zoom link 1 day
prior to the class.

Or email housingcounseling@olhsa.org or call 248-860-7845

This class is offered as a self-paced course as well; click the QR Code or visit
olhsa.org/en-us/take-action/events/self-paced-learning.



**Nurture the Future & Pride in Downriver
present**

**TEEN PRIDE
ALLIANCE**



**Parent &
Caregiver
Alliance**

**Twogroups, one purpose-
SupportingLGBTQ+youthandfamilies**

Teen Pride Alliance:14-18yearsold

- New friends
- Community connections
- Fun activities
- Group-led topics

Parent&Caregiver Alliance

- Connections with other parents
- Community support
- Learning and sharing resources

**Youth and family members from the community may attend
together or on their own.**

Food/Refreshments will be provided.

Monthly Groups:

Every 3rd Thursday* from 6pm-7:30pm

August 21st Sept 18th October 16th November 20th December 18th

Location: The Guidance Center

13111 Allen Rd., Building 2, Southgate MI 48195



Contact: Karen Hoffman-Herin
at khoffman-herin@guidance-center.org
or
734-785-7705 x 7331



BEGINNER FRIENDLY ART CLASSES | PRESENTED BY
MACOMB COUNTY COMMUNITY MENTAL HEALTH

Art Exploration

Art Exploration is a series of beginner friendly, project-based art classes for adults hosted by Mars McCuiston, an interdisciplinary artist and educator based in the Metro Detroit area.

When:

WEDNESDAYS
4:30 - 6:00 PM

Where:

MCCMH NORTH
43740 North Groesbeck
Hwy, Clinton Township
MI, 48036

Session 1

October 15th, 22nd, and 29th

WEEK 1: WATERCOLOR WAVES

Participants will explore watercolor techniques by creating personalized oceanscapes in a guided lesson.

WEEK 2: LINE ART PORTRAIT

Participants will create dynamic self portraits using contour line drawing methods.

WEEK 3: COLLAGE VISION BOARD

Participants will explore collage techniques and use recycled materials to create personalized vision boards.



Session 2

November 5th, 12th, and 19th

WEEK 1: PINCH POT

Participants will learn the basics of hand building and work with clay to create ceramic vessels.

WEEK 2: SUNCATCHERS

Participants will take inspiration from stained glass techniques and create dazzling suncatchers.

WEEK 3: MOBILE

Participants will use a variety of sculptural materials to create unique hanging artwork.

Registration QR Code:



Need help registering?
Contact your case
manager for assistance!

FAMILY NATURE QUEST: Cozy Critters

SATURDAY, NOVEMBER 8, 2025
10A.M. - 1P.M.

Families are invited to this **FREE** event! Rain or shine, come and explore how Michigan's winter animals stay warm in the wild.

- Nature wildlife trails
- Indoor & outdoor scavenger hunts
- Arts and crafts
- Raffle and giveaway items
- **FREE** apple cider & donuts

Food and giveaway items while supplies last.



Register for this family event with this link or QR code:

WWW.GUIDANCE-CENTER.ORG/WILDLIFE

Walk-ins welcome.



Detroit International Wildlife Refuge
5437 W. Jefferson Ave., Trenton, MI 48183

For questions contact Jane Reitman at 734-785-7705 x7369

or jreitman@guidance-center.org. Head Start parents

contact Leslie Windless at 734-785-7705 x7541 or

lwindless@guidance-center.org.



HEAD START



**THE
GUIDANCE
CENTER**

NURTURE THE FUTURE

Family Resources & Support



**11AM-
2PM**

P R E S E N T S

CELEBRATING FAMILIES

HOLIDAY GATHERING

SAT • NOV 22, 2025

An afternoon of fellowship, family connections,
prevention education and activities with a full holiday meal

2400 EAST MCNICHOLS | DETROIT, MI



**FREE HOLIDAY
FOOD BASKET**
FOR ALL FAMILIES
◀◀◀ **RSVP REQUIRED**

WWW.NCADD-DETROIT.ORG



FREE FOOD DISTRIBUTION

*30 lbs of Nutritious Groceries**



Oct. 16 and 30
Nov. 13 and 27
Dec. 11
Jan. 8, 22

Feb. 5, 19
March 5, 19
April 2, 16 and 30
May 14, 28

June 11, 25
July 9, 23
Aug. 6, 20,
Sept. 3, 17

Time:
9-11 a.m.
Each Day



Oakland County Farmers Market
2350 Pontiac Lake Road,
Waterford, MI 48328

HELPING OUR COMMUNITY DURING URGENT TIMES OF NEED

Thank you for making us your only stop for meals! We love serving our community and we want to ensure all families wishing to receive meals can do so. Families and individuals in need of food are encouraged to attend an upcoming drive-up distribution provided by Gleaners Community Food Bank.

- **~30 pounds of groceries**—Items like milk, fresh fruits, vegetables, lean protein and other shelf-stable items.
- **Drive-up or walk-up**—Stay in your vehicle, and groceries will be placed into your trunk. Walk up guests without vehicles or those without a trunk are welcome to obtain groceries from a self-service table. If walking, please be prepared to carry the groceries or have a cart.
- **No appointment needed**—You do not need to bring identification or proof of eligibility to receive food. Our requirements have recently changed and you do need to provide: name, address, # of people living in the household, and # of children living in the household.
- **Increasing safety**- If you wish to pick up for another household you may do so without their presence in the car, however you will need to provide that same info mentioned above for each household. Thank you for your cooperation!

Please check our website for up to date changes/cancellations:
PANTRYNET.ORG/MOBILE-DISTRIBUTION-EVENTS/

Together with Gleaners Community Food Bank, we are taking all necessary precautions to distribute food safely.



This institution is an equal opportunity provider.

*Food items may vary by distribution site

Updated Sept. 2024

HHA eXchange



Have questions regarding the HHA app? Each month ExpertCare will be holding open HHA training sessions. If you need any help navigating the app or have questions, please attend one of the sessions listed below.

- Wednesday, Nov. 5th at 12pm
- Tuesday, Nov. 11th at 10am
- Thursday, Nov. 20th at 2pm

Please call our office to get scheduled for a refresher course. If you are unable to attend any of the sessions listed, call the office and we will answer your questions or work to schedule a different time. Keep an eye out for the training sessions for December in the December newsletter!



HHA Tip of the Month

Happy November, for the HHA Tip of the month we wanted to share with you our job aid video tutorials to help with the process of completing your timesheets. If you are struggling with a certain aspect of your timesheet, please look at the videos linked below as they will provide a visual step-by-step guide to making sure that your timesheet is correct and able to be processed for payroll.

Please let us know if you have any additional questions on any of the processes or if you are experiencing any issues with using the HHA eXchange app.

The HHA Team thanks you for all your hard work and dedication!

[How To Submit A Time Correction - Clock In \(youtube.com\)](#)

[How To Submit A Time Correction - Clock Out \(youtube.com\)](#)

[How To X Off Your Plan Of Care Tasks \(youtube.com\)](#)

[How To Add A Signature To Your Timesheet \(youtube.com\)](#)

[How To Add A Shift Note \(youtube.com\)](#)

ALHAMBRA BRAGA CARAVAN #114 INVITES YOU!

Christmas Party

“Breakfast with Santa”

Saturday, December 20, 2025

9:30 a.m. – 12:00 p.m.

Mirage Hall 16980 18 Mile Road

(Just East of Garfield Road in Clinton Township)



**Invitation to Individuals served by Easterseals MORC living in
Macomb - Oakland Counties!**

Festivities include: Breakfast, Pictures with Santa and Gifts!

**Reservations are limited! (we can accept up to 200 first come, first
serve)**

Please RSVP by December 1, 2025

to: icalcatera@eastersealsmorc.org

or call (586) 303-6866



Employee Milestone Anniversaries

We would like to recognize and congratulate the employees below for reaching a milestone anniversary in October.

10 Years
AHMANI PATTERSON
AMBER WILLIAMS

5 Years
AFRAH ALMODHIJI
SHOAIB ALSHUJA
JOHN NICKEL
SHAMAR DOTSON

Thank you for demonstrating a continued commitment to ExpertCare and the clients we service.
You make a difference!



Holiday Hours

EXPERTCARE'S HOLIDAY OFFICE HOURS

Thanksgiving Holiday Hours:

The office will be closed starting at 4pm on Wednesday, November 26th and we will reopen at 8am on Monday, December 1st.

Christmas Holiday Hours:

The office will be closed starting at 4:30pm on Tuesday, December 23rd and we will reopen at 8am on Friday, December 26th.

New Year's Holiday Hours:

The office will be closed starting at 12pm on Wednesday, December 31st and we will reopen at 8am on Friday, January 2nd.

Recipient Rights Corner



ExpertCare would like to first thank you for providing the highest quality care to your Recipient. ExpertCare wants to ensure the safety of our Recipients and continue to give you the tools to provide safe, quality care and well-being. Below is an incident that resulted in a Recipient Rights violation. Please review the following Rights reminders to prevent further violations.

⇒ ExpertCare, along with the Office of Recipient Rights, was recently notified of an incident involving a Caregiver who left their scheduled shift without notice, resulting in a Recipient not receiving their Community Living Supports (CLS) services.

We want to take this opportunity to remind all employees that your role is critical to the health and well-being of the individuals we serve. When services are not provided as scheduled, it can significantly impact the Recipient's access to medically necessary care.

If you are ever unable to complete a scheduled shift or perform your duties, it is imperative that you notify ExpertCare immediately.

- **During business hours (Monday–Friday, 8:00 AM–4:30 PM): Please call 248-643-8900**
- **After hours: Please call 248-229-3088**

Ensuring the safety, dignity, and well-being of every Recipient is our top priority. We thank you for your continued dedication to providing compassionate, ethical, and professional care.

When providing care to a Recipient there are many rules that need to be followed and at times these can be difficult to remember. If you have questions or concerns about your case or do not fully understand the IPOS, please call ExpertCare. We are here to help you better understand the Recipient's Rights before it becomes a violation. We appreciate your attention to this matter. If there are any questions or concerns, please feel free to contact ExpertCare at (248) 643-8900.

41st Annual Christmas in Clawson Craft show

Saturday, November 8th, 2025, 9-4pm.

Clawson High School

101 John M. Street, Clawson MI 48017
Located off N. Main St. just north of 14-mile Rd.

150+ artists & crafters

Bake Sale

Lunch, snacks and drinks

No strollers

\$5 dollar admission- Kids 13 and under
are free!

Visit Santa 12-2pm

Sensory Sunday at the Flint Children's Museum

Flint Children's Museum

1602 W University Avenue, Flint, MI 48504
810-767-5437, flintchildrensmuseum.org

Quality quiet family time at the Children's Museum with a calm space, foam pit, bubble tubes, soft lighting and marble wall. Admission is \$8. For more info, visit flintchildrensmuseum.org.



GETTING TO KNOW THE EXPERTCARE OFFICE STAFF

We thought it would be nice to introduce ourselves and tell you a little bit about each of our office staff. Each month we will feature a new interview with someone from our office.

MEET ASHLEY PRUSINSKI



ECare: What is your job title and role at ExpertCare?

Ashley: I'm a Recruiter at ExpertCare. My role involves finding and hiring compassionate caregivers, as well as working closely with Recipients and their families to ensure each match is the right fit.

ECare: What is the most exciting part of your job?

Ashley: The most exciting part of my job is connecting compassionate caregivers with opportunities that truly make a difference. There's nothing more rewarding than knowing I helped someone find a role where they can impact lives in a positive way while also finding fulfillment in their own career.

ECare: What's the best concert you've been to?

Ashley: I recently saw Ludacris in concert, and it was an incredible performance – the energy was electric, and the whole experience was such a great time!

ECare: What's your most-used productivity hack?

Ashley: My favorite productivity hack is time-blocking. I dedicate specific chunks of time to different tasks – like interviewing, follow-ups, and connecting with families– so I can stay focused and organized without feeling overwhelmed. It helps me manage a busy day while keeping things running smoothly!

ECare: What would you rather be, a giant hamster or a tiny elephant?

Ashley: I would definitely rather be a tiny elephant – how cute would that be! Plus, elephants are known for their incredible memories, so it'd be pretty cool to have that kind of brainpower.

ECare: If you could choose a super power, what would it be?

Ashley: If I could choose a superpower, it would be flight. It would be amazing to see the world from above, skip traffic, and travel anywhere in minutes!

ECare: What's the best advice you have received?

Ashley: The best advice I've ever received is to never be afraid to ask questions and keep learning. Curiosity opens doors, helps you grow, and often leads to opportunities you never expected.



Sensory-Friendly Planetarium Shows

Longway Planetarium

1310 E Kearsley St, Flint, Michigan

810-237-3400, sloanlongway.org

Every 2nd Saturday, a new show at Longway Planetarium. During sensory-friendly shows, staff turn the lights up and turn the sound down to provide a safe, welcoming environment for friends with special needs.





LOOK WHO'S TALKING

OCTOBER CAREGIVER OF THE MONTH



NEVAEH KNOWLES



ECare: What made you decide to become a Caregiver?

Nevaeh: The role found me—I was already caring for a child and seeing the difference it made when he felt included inspired me to do this professionally.

ECare: What was your first paying job?

Nevaeh: I worked as a busser at Callexico in Detroit, which taught me to stay calm under pressure and anticipate people's needs, skills I use every day in caregiving.

ECare: What is the most exciting part of your job?

Nevaeh: Watching kids grow into their best selves and knowing families have peace of mind because they trust me with their care is the most rewarding part.

ECare: What do you do for fun?

Nevaeh: I skateboard, read, and love learning new things! Right now I'm exploring programming, but I follow whatever sparks my curiosity.

ECare: Have you ever met anyone famous?

Nevaeh: Yes, I met Tony Hawk, which as a skater was surreal and reminded me that dedication to what you love always pays off.

ECare: What is your best piece of advice for other Caregivers?

Nevaeh: Be fully present and calm. Kids sense your energy instantly, and when you're truly there with them, they feel secure and thrive.

ECare: Would you consider yourself an introvert or an extrovert and why?

Nevaeh: I'm an extrovert; I love meeting new people, understanding their perspectives, and building quick connections with clients and families.

ECare: What have you learned from your Caregiving experience that has helped you in other aspects of your life?

Nevaeh: I've learned patience, attentiveness, and effectiveness, skills that shape how I build relationships, solve problems, and handle challenges in everyday life.



We are proud to recognize **Nevaeh Knowles** as Expert-Care's Caregiver of the Month! Nevaeh works extremely hard to help his recipients achieve their goals, always putting in the effort to make sure they have the tools and support they need to succeed.

Nevaeh's dedication and passion reflect what Expert-Care truly stands for—helping individuals reach their fullest potential. The families he works with have expressed how thankful they are for his commitment, care, and positive impact.

We are grateful to have Nevaeh as part of the Expert-Care team!

Thank you for demonstrating ExpertCare's core values of:

**Helping People Succeed
Passion for Success
Can Do Attitude**

What are you

Thankful

for today?

