



Inside This Issue

- 1 March Giveaway / February Winners
- 2 Caregiver Round Table / Sensory Friendly Movies
- 3 St Patrick's Day / Parade / Bingo Night / Superhero Social
- 4 Pat -A-Cake Playgroup
- 5 Lots of Socks Campaign
- 6 Eisenhower High school presents Annie / Pizza & Movie / Dinner Club
- 7 Financial Goals Webinar
- 8 Spring Cleaning Checklist
- 9 Gleaners Food Distribution
- 10 Milestone Anniversaries / Training Success Story / Polar Plunge
- 11 Payroll Update / Free Narcan
- 12 Employee Spotlight / Date to Remember
- 13 Homebuyer Webinar
- 14 Property Tax Webinar
- 15 Recipient Rights Corner
- 16 Behind on Mortgage Webinar
- 17 80's Great Skate / Quitting Tobacco
- 18 Things to do in Flint / February Caregiver of the Month

MARCH GIVEAWAY

We want to help two lucky Caregivers get ready for spring. Spring is right around the corner so let the spring yard work begin!



We will draw two Caregivers at random who will each get a \$50 Lowe's gift card.



Winners will be announced next month.



*Congratulations to February Winners
Daniel Fowler & Wenona Ingram
We hope you found something great on Etsy!*

CAREGIVER ROUND TABLE

ExpertCare started a Caregiver Round Table Committee last year. There are a handful of Caregivers that have agreed to meet with some of our internal staff on a quarterly basis. The committee provides us with feedback, Caregiver perspective, and information to cascade to other Caregivers.

We want to introduce one of the members, please meet

DAWN BERKHOLZ



ECare: Three words to best describe you:

Dawn: **Caring, loving, and outgoing.**

ECare: You're happiest when?

Dawn: **I'm with my family and friends.**

ECare: If given a chance, who would you like to be for a day?

Dawn: **My children then I wouldn't have any responsibilities for the day.**

ECare: What's the one thing, you can't live without?

Dawn: **My family, they mean the world to me.**

ECare: What made you decide to become a Caregiver?

Dawn: **I've always wanted to make a difference in people's lives.**

ECare: What is your best piece of advice for other Caregivers?

Dawn: **Patience is the key to being a good caregiver.**

ECare: What is your proudest moment as a Caregiver?

Dawn: **When Support Coordinators ask me to be on their cases.**

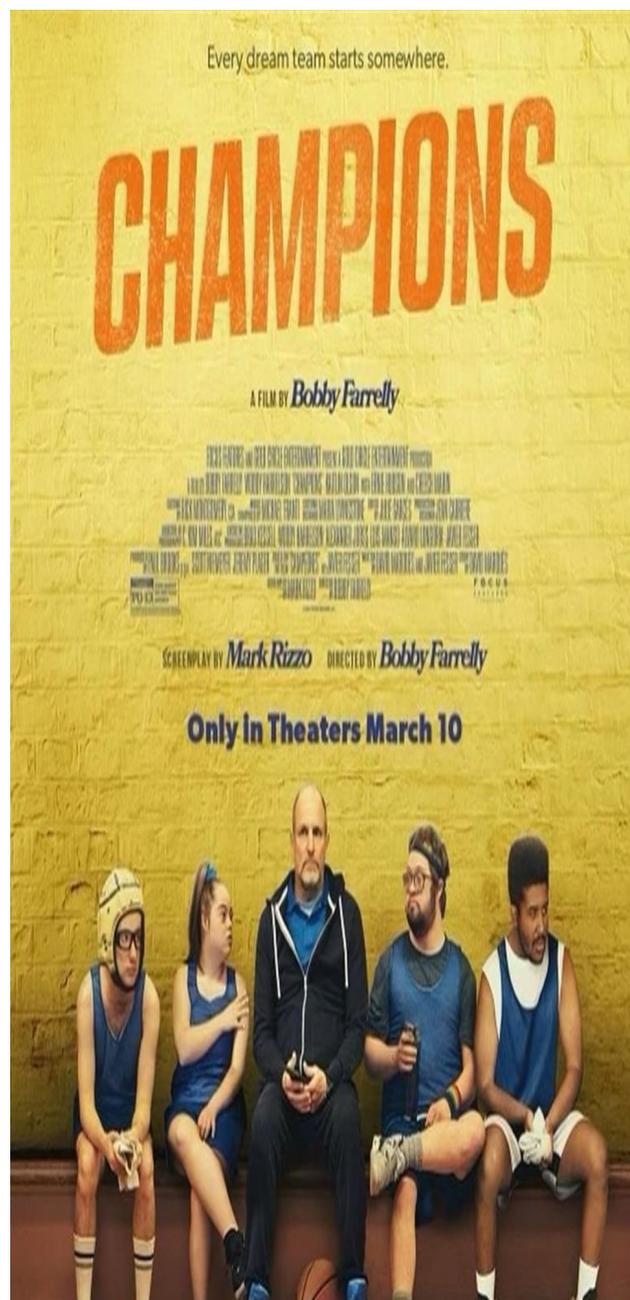
ECare: What are the traits of a great Caregiver?

Dawn: **Communication, patience, compassion, and empathy.**

AMC Sensory Friendly Films

AMC is proud to partner with the Autism Society to offer unique movie showings where we turn the lights up, and turn the sound down, so you can get up, dance, walk, shout or sing! Our Sensory Friendly Film program is available on the **second and fourth Saturday (family-friendly)** and **Wednesday evenings (mature audiences)** of every month.

Please check your local theatre listings for specific showtimes, and don't forget to share your family fun with **#AMCSensoryFriendly**.



St. Patrick's Day



The Chicago River (the system of rivers and canals has a combined length of 156 miles) is dyed green on this day (since 1962). However, the first year when the river was dyed green, 100 pounds of vegetable dye was released into the river. **This kept the river green for almost a week.** However, today, they use only 40 lbs of the green dye to color the river for the day to keep the environmental damages in check. Now, the dye lasts for about 5 hours.

'Blue' was the color associated with St Patrick before the adoption of green as the color for the festival. The color blue was featured both in the royal court and on ancient Irish flags. In 1798, the color green became officially associated with the day.

At the age of 16, **St Patrick was kidnapped and was taken to Ireland.** He was kidnapped by a group of Irish raiders who were attacking his family's estate. He worked there for 6 years tending sheep and then escaped and became a priest.

St Patrick's Day is also known as the 'Feast of Saint Patrick' and the 'Day of the Festival of Patrick'. Patrick studied and received his training in the religion for more than 12 years after he escaped from the captivity of the Irish raiders.

Information provided by : The fact File, 2021

The St. Patrick's Parade



A Detroit Tradition

IRISH STRONG TOGETHER IN DETROIT!

Mark the date of March 12, 2023 at 1:00 pm for the 2023 Detroit St. Patrick's Parade! Starting at Michigan Ave. and Sixth Street.

Paul W. Smith of WJR Radio 760 am, will be the 2023 Parade Commentator!

The parade typically attracts 80,000-100,000 people, making it one of the largest St. Patrick's parades in the country and it features floats, marching bands, color guard units and more.

TR Bingo Night

Friday, March 24, 2023 at 6p (Also April 28, May 19)
Clintonwood Park
6000 Clarkston Road, Clarkson, MI 48348

This program is for persons ages 14+ with developmental disabilities, with or without physical limitations. A minimum of 4 participants are required to hold the program. Call 248-625-8223 to register. \$10 includes refreshments & game prizes. Hosted by Independence Twp Parks & Recreation.

Oakland County Parks Adaptive Needs Event – Superhero Social

Friday, March 24, 2023 from 6p-8p
Novi Civic Center
45175 W 10 Mile Rd, Novi, MI 48375

Dress like your favorite superhero and enjoy a magical night of dancing, music and fun. Cost is \$10/participant and \$5/caregiver. Events require preregistration with payment. Call 248-858-0916 to register or call or text 248-221-8040 for program questions and information. Hosted by Oakland County Parks and Recreation.



Pat-A-Cake Playgroup

For children with developmental disabilities and their caregivers.

- Music Time -
- Sensory Play -
- Baby Art Project -
- Mommy Time -

For 0-6 Years



The Pat-A-Cake Playgroup provides parents a place to chat while their children with developmental disabilities and their siblings are participating in structured play. Trained volunteers will start with an introductory song, dance and story followed by sensory play or developmentally appropriate art project. The playgroup ends with a bit of free play, clean up song and good-bye song.

New parents will have the opportunity to speak to seasoned parents, ask questions and receive emotional support. The Pat-A-Cake Playgroup provides parents with:

- Emotional support and understanding
- Up-to-date information on developmental disabilities
- Information on local services, such as Early Intervention programs
- Hope for what the future can hold
- Introduction to community parent groups and other resources

For aged 0 - 6 years. Hosted by Adrienne T and Shani H., both moms of awesome kiddos. Pregnant moms with a prenatal diagnosis are welcome! Feel free to bring your new baby and ask questions! **YOU ARE NOT ALONE.**

"Do not try to go down this path alone. We are here to offer you friendship, hope and guidance."

The Pat-A-Cake Playgroup will meet every first Saturday of the month from 10:00 - 11:30 am. If you have questions or comments regarding this program, please contact Adrienne at (248) 684-2446.

Brought to you by Washtenaw County Unique Care Connect (www.MichiganUCC.org) and Down Syndrome Support Team (www.DownSyndromeSupportTeam.org).

The Lots Of Socks Campaign

Getting people talking about Down syndrome on 21 March

World Down Syndrome Day

**GET YOUR
LOTS OF SOCKS**

21 March **ON!** #LotsOfSocks



#WorldDownSyndromeDay



www.worlddownsyndromeday.org

Believe it or not, socks help us to get people talking on World Down Syndrome Day (WDSO), celebrated each year on 21 March.

All you need to do is choose some socks that are going to get noticed - they might be mismatched socks or your craziest and most colourful socks, whatever takes your fancy!

Get your friends, class mates and colleagues to join in too! If you're at home you can connect online via social media.

We have created a set of posters to help you to get your friends and co-workers involved.



Eisenhower High Schools' 25th Street Players
Proudly Presents



Book by
Thomas Meehan

Music by
Charles Strouse

Lyrics by
Martin Charnin

Based on "Little Orphan Annie"
By Permission of Tribune Media Services, Inc.
Originally Produced by The Godspeed Opera House
Michael P. Price, Executive Producer

Showtimes:

Friday, March 3, 2023 at 7pm
Saturday, March 4, 2023 at 1pm and 7 pm
Sunday March 5, 2023 at 2 pm

Adults: \$12 Seniors/Students : \$10

Tickets available online at showtix4u.com, and at The Eisenhower
Box Office 1 hour before the show.

Any questions please email Eric Wells @ eric.wells@uticak12.org
Doors open 30 minutes before curtain

"Annie" is presented through special arrangement with Musical Theatre International(MTI).
All authorized performance materials are also supplied by MTI.
www.mtishows.com

**Make sure you check
your local schools for
plays, musicals, and
more!**



TR Pizza and Movie Night
March 3, 2023 at 6p
Also April 14, May 5...

Clintonwood Park
6000 Clarkston Road
Clarkson, MI 48348

Enjoy an evening with your friends for a favorite movie and some delicious pizza. This program is for persons, ages 14+, with cognitive disabilities, with or without physical impairments. Call 248-625-8223 to register. \$10. Hosted by Independence Twp Parks & Recreation.

RARA Diner's Club
Monday, March 6, 2023 from 5:15-
6:30p
Also March 6, April 3

Select Rochester/Rochester Hills Area
Restaurants

This opportunity is designed to support persons with special needs. Participants pay for their own meal, beverage, and tip. PRE-REGISTER EARLY as spots are very limited and so that we have enough assistance and space reserved in the restaurants. Exact restaurant choices will be announced at a later date. 14+ Years. \$6 per participant. To register, visit www.rararecreation.org.



FINANCIALST

GOALS^{AV}

Reach Your Financial Dreams & Goals!

We all have dreams and goals for our lives. Let OLHSA help you do the work to make those dreams a reality. Our **INTERACTIVE** webinar will provide you with information and tools to help you set and reach your financial dreams!

Setting Financial Goals Webinar Saturday, March 11, 2023 10am – 1pm

This is a hands-on workshop that will help you identify the steps you can take to set AND reach your financial goals. Learn how to set manageable goals and utilize a budget so you can reach them. Tools are provided, and we walk you through using them.

We recommend you have 5-10 pieces of paper, a pen/pencil, and calculator available to use on the day of the workshop. Copies of activities will be emailed to you to review prior to the workshop.

Once you register you will receive an email with additional details. The link to the Zoom webinar will be emailed 2 business days prior to the webinar. Must be a Livingston or Oakland County resident to attend.

To register please visit: <https://www.olhsa.org/events>
Or call 248-860-7845



A Community Action Agency

OLHSA is a HUD approved agency.





Spring Cleaning

CHECKLIST

SUPPLIES

- Vacuum
- Steam Cleaner or Mop
- Dusting Materials
- Paper Towels
- Broom
- Boxes
- New Furnace Filter

CLOSETS

- Donate or toss old clothes and shoes
- Pack up winter clothes
- Wash/hang up spring clothes
- Dust/wipe down shelves
- Clean or replace laundry basket

KITCHEN

- Get rid of outdated spices and food
- Defrost and clean fridge and freezer
- Steam clean grout and appliances
- Polish silverware
- Clean inside of cabinets and drawers
- Dust top of cabinets and above fridge
- Steam clean microwave
- De-clutter junk drawer
- Clean oven
- Clean pantry shelves and around trash

LAUNDRY ROOM

- Move washer/dryer and clean behind
- Check dryer vent
- Clean out cabinets and drawers

ALL ROOMS

- Wipe down baseboards
- Clean air vents
- Dust blinds and windows
- De-clutter any drawers/messy areas
- Clean windows
- Vacuum/Mop Floors
- Replace HVAC/Furnace Filter

BEDROOM

- Dust ceiling fan
- Clean or replace sheets
- Vacuum mattress
- Clean and vacuum under bed
- Wash pillows

LIVING ROOM

- Dust around and behind TV
- Clean fireplace
- Clean window treatments/furniture
- Wash, vacuum, or replace dog beds
- Polish hard wood floors

OUTSIDE

- Clean light fixtures
- Wash outdoor furniture
- Clean sliding glass door tracks
- Steam clean cement/cracks
- Plant flowers
- Clean/repair gutters
- Clean and organize garage

BATHROOMS

- Throw away expired cosmetics
- Steam clean mirrors, countertops, sink
- Change shower curtain
- Steam clean floors, bath tub, and toys
- Clean in, around, and behind toilet
- Unclog drains



FREE FOOD DISTRIBUTION

30 lbs of Nutritious Groceries*



Jan. 11 and 25
Feb. 8 and 22
March 8 and 22
April 5 and 19
May 3, 17 and 31

June 14 and 28
July 12 and 26
Aug. 9
Sept. 6 and 20



Oakland County Farmers Market
2350 Pontiac Lake Road, Waterford

HELPING OUR COMMUNITY DURING URGENT TIMES OF NEED

Thank you for making us your only stop for meals! We love serving our community and we want to ensure all families wishing to receive meals can do so. Families and individuals in need of food are encouraged to attend an upcoming drive-up distribution provided by Gleaners Community Food Bank.

- **~30 pounds of groceries**—Items like milk, fresh fruits, vegetables, lean protein and other shelf-stable items.
- **Drive-up or walk-up**—Stay in your vehicle, and groceries will be placed into your trunk. Walk up guests without vehicles or those without a trunk are welcome to obtain groceries from a self-service table. If walking, please be prepared to carry the groceries or have a cart.
- **No appointment needed**—You do not need to bring identification or proof of eligibility to receive food. Our requirements have recently changed and you do need to provide: name, address, # of people living in the household, and # of children living in the household.
- **Increasing safety**—If you wish to pick up for another household you may do so without their presence in the car, however you will need to provide that same info mentioned above for each household. Thank you for your cooperation!

Please check our website for up to date changes/cancellations:
PANTRYNET.ORG/MOBILE-DISTRIBUTION-EVENTS/

Together with Gleaners Community Food Bank, we are taking all necessary precautions to distribute food safely.



This institution is an equal opportunity provider.

*Food items may vary by distribution site



Employee Milestone Anniversaries

We would like to recognize and congratulate the employees below for reaching a milestone anniversary in February.

5 Years

Wedad Hamood
Paul Robitaille
Tonia Brown
Iris Dixon
Tamara Fischer
Jaslyn Ivey
Kim Johnson
Alexis Kurzyniec



15 Years

Kim Riccobono
Julie Simmons



Thank you for demonstrating a continued commitment to ExpertCare and the clients we service. You make a difference!



Training Success Story



An ExpertCare Caregiver recently shared a story with us about how the training she received from ExpertCare helped her save a little boy's life.

The little boy was a drowning victim. His mother had been on her phone and turned her back to him. By the time the Caregiver was able to swim to get to him and tell the mom what had happened the little boy was blue. She stated "I am CPR trained, can I help"? The Caregiver quickly responded with her learned skills from ExpertCare over the many years of working for us and saved the little boy's life by performing CPR.

Do you have a success story, please email neliott@expertcare.com if you have a story you would like to share.



On February 4th ExpertCare participated in Polar Plunge for Special Olympics.

Our team was able to raise \$3,971 for Special Olympics of Michigan!

Thank you to everyone that participated and donated.



PAYROLL UPDATE

All W2's can be accessed electronically through [PrismHR Employee Portal](#).

Once you are logged into your Employee Portal, click on 'Taxes' from the left-side menu and then W-2. Select the tax year from the drop-down menu to download/save/print your electronic W-2 form.

We encourage all employees to enroll in the early W-2 program in which you only receive the electronic version of your W-2 form. If you have not enrolled, you will see the Early W-2 Election option appear at the bottom half of the screen after selecting 'W-2' from the menu. After reading the terms and conditions, select and check the box to provide your consent and click on Enroll.

If you still have not received your W-2 form and believe that you should have, or are unable to retrieve from your Employee Portal, you may submit a W-2 Reprint Request using the following link: [Please Click Here to Sign the Reissue W2 Request Form](#)

Tax season is a great time to re-evaluate your finances and determine if changes need to be made to your W-4 form for the upcoming year. Unfortunately, ExpertCare cannot provide any guidance or assistance in regard to the completion of your W-4 Forms. We recommend you take advantage of the IRS Withholding Calculator which will factor in all variables specific to your tax liability and provide a recommendation on how to complete your W-4 form. You can access the IRS calculator by going to: <https://apps.irs.gov/app/tax-withholding-estimator/income-and-withholding/>. If you need more assistance or are uncomfortable using the IRS calculator, we encourage you to consult a tax professional. Thank you for your understanding.

FREE NARCAN AVAILABLE TO THE COMMUNITY!

 **Live Rite**
Structured Recovery Corp.



FREE NARCAN VENDING
ANY TIME
meeting doors are open

27700 GRATIOT AVE.
ROSEVILLE, MI 48066

Monday - Friday
9AM - 5PM
at the front office

GETTING TO KNOW THE EXPERTCARE OFFICE STAFF

We thought it would be nice to introduce ourselves and tell you a little bit about each of our office staff. Each month we will feature a new interview with someone from our office.

MEET LORI GUZMAN



ECare: What is your job title and role at ExpertCare?

Lori: Recruiter. My role is to hire and support direct field staff and managing CLS and Respite services for our recipients.

ECare: How do you enjoy spending your time outside of work?

Lori: I like doing any activity that involves being outside- hiking, running, etc. I have a Labrador Retriever rescue named Willow, who takes up a lot of my time too 😊

ECare: Would you rather be a tiny elephant or giant hamster and why?

Lori: Tiny elephant because they are wise and amazing animals. And come on, how stinking cute!

ECare: If you could choose a superpower what would it be?

Lori: To take away pain from others would be amazing. If I could pick another, it would be to understand all languages, including from other planets 😊

ECare: Share with us something new that you have learned in the last year.

Lori: How to take care of indoor house plants. I have successfully kept 3 house plants alive for 1.5 years now, yay ha-ha

ECare: What's an accomplishment that you're most proud of?

Lori: I love participating in the Polar Plunge to raise money and awareness for the Special Olympics. This year was my fourth time jumping!

ECare: What's the best advice you have received?

Lori: Negativity, unhappiness, and fear are contagious, but so is happiness, optimism and love. Surround yourself with people who bring out the best in you and strive to be a reflection of what you want to receive.

DATES TO REMEMBER IN MARCH



**Daylight Savings
Sunday, March 12th**

**St. Patrick's Day
Friday, March 17th**



**First Day of Spring
Monday, March 20th**

**March Madness –
NCAA Basketball
Season**



**Multiple Sclerosis
Awareness Month**

National Grammar Month

Women's History Month

National Deaf History Month





HOME BUYER EDUCATION WEBINAR

Thursday, March 16, 2023 • 2-7PM

Be introduced to professionals from the industry and build your team for success! Presented by OLHSA's Housing Counselors, a local mortgage loan officer, and a Realtor. You will learn about the entire home-buying process - including credit, budgeting, down payment assistance, and mortgage approval & closing.

MSHDA certificate provided at end of class for all who attend the entire 5 hours. Class limited to current Oakland & Livingston County residents.

Once you register you will receive a confirmation email. You will be sent the Zoom link 2 business days prior to the class.

To register for this class please visit

<https://www.olhsa.org/events>

Questions: contact housingcounseling@olhsa.org or call 248-860-7845





What To Do If You Can't Pay Your Property Taxes

An Informative Webinar

Monday, March 6, 2023 • 6-7:30PM

Join OLHSA's HUD Certified Housing Counselors for this informational Zoom webinar to learn what you can do if you are unable to pay your property taxes.

Topics include:

- Property tax foreclosure timeline
- Your rights and responsibilities
- Potential options available to you
- Resources for assistance

Once you register you will receive an email with additional details. Class limited to Oakland and Livingston County Residents.

**To register for this class, please visit www.olhsa.org/events
Or email housingcounseling@olhsa.org or call 248-860-7845**



Recipient Rights Corner



ExpertCare would like to first thank you for providing the highest quality care to your Recipient. ExpertCare wants to ensure the safety of our Recipients and continue to give you the tools to provide safe quality care and wellbeing. Below are incidents that resulted in Recipient Rights violations. Please review the following Rights reminders to prevent further violations.

- Caregivers will treat all Recipients and Recipients' family members with Dignity and Respect. Caregivers must treat Recipients and Recipients' family members with esteem, honor, politeness, consideration, and in a manner that is not condescending or demeaning. For example, Caregivers cannot take pictures of the Recipient's home or belongings and send the pictures to other family members as proof the Recipient completed or failed to complete a task, unless the treatment team, including the Recipient, agreed to this method and it is in the IPOS.
- While providing services, all Recipients shall receive services suited to his/her condition. This can include but not limited to, treatment in the correct environment and the right setting for services. During this time, the Recipient must be working towards goals in the plan of service. Community Living Supports are used to increase or maintain personal self-sufficiency, facilitating an individual's achievement of his/her goals of community inclusion and participation, independence, or productivity. Caregivers must be present, working one-on-one with a Recipient on the Recipient's goals for the entire shift, from clock in to clock out. Billing for any time when the Recipient is not present is fraud, ExpertCare has a no tolerance policy for fraud. Caregivers cannot provide care or be responsible for anyone else during their shift with a Recipient, unless authorized and preapproved by ExpertCare to work with another CMH Recipient (2:1 or 3:1 cases).
- ExpertCare Management Services takes the privacy of personal health information (PHI) seriously. A number of laws and regulations including the Health Insurance Portability and Accountability Act of 1996 (HIPAA), Public Act 258 and the Michigan Mental Health Code protect PHI. Caregivers shall never share any confidential information with others. Caregivers cannot have family, friends, or any visitors accompany them or meet them at the Recipient's home or out in the community. Caregivers are to always protect confidential information. For example, Caregivers may not take the Recipient to a Caregiver's family member's home and the Caregiver can not disclose to others that the individual they are working with is a recipient of community mental health.
- A Recipient of mental health services shall not be subjected to Abuse or Neglect. Exploitation is a form of abuse in which an action of an employee, volunteer, or agent of a provider involves the misappropriation or misuse of a Recipient's property or funds for the benefit of an individual or individuals other than the Recipient. All Caregivers must follow the MCO policy 9-780 Personal Property and Funds: Employees, volunteers and agents of a Macomb network provider shall not: enter into business transactions with the Recipient or legal guardians of a Recipient. Caregivers cannot borrow, take, or ask a Recipient/ Recipient's family members for funds to benefit them or another individual. For example, Caregivers cannot allow the Recipient to buy the Caregiver's food while out to eat.

When providing care to a Recipient there are many rules that need to be followed and at times these can be difficult to remember. If you have questions or concerns about your case or do not fully understand the IPOS, please call ExpertCare. We are here to help you better understand the Recipient's Rights before it becomes a violation. We appreciate your attention to this matter. If there are any questions or concerns, please feel free to contact ExpertCare at (248) 643-8900.



A Community Action Agency

What To Do If You're Behind On Mortgage Payments

An Informative Webinar

Monday, March 13, 2023 • 6-7:30PM

Join OLHSA's HUD Certified Housing Counselors for this informational Zoom webinar to discuss what you can do if you are unable to pay your mortgage.

Topic include:

- Homeowners Rights & Responsibilities
- MIHAF Program
- Common Options Available to Bring Loan Current & Prevent Foreclosure
- MI Foreclosure Timeline
- Ways to Avoid Scams

Once you register you will receive an email with additional details. Class limited to Oakland and Livingston County Residents.

**To register for this class, please visit <https://www.olhsa.org/events>
Or email housingcounseling@olhsa.org or call 248-860-7845**



OLHSA is a HUD approved agency.





AGES 14-20

FREE!

Teens Must
Register:



SCAN ME
ARPA FUNDS

RSS GRANT

80s GREAT SKATE

MARCH 10
5-7 PM



PRIZE FOR
BEST 80s
ATTIRE
& 50/50



Health Effects:

What Happens to Your Body When You Quit Tobacco

Source: *MI-AmericanIndian.Quitlogix.org*
(Edited for Space)

One of the best things you can do for your health and the health of your family and community is to quit commercial tobacco. When you quit using commercial tobacco, your body begins repairing itself almost immediately—it's never too late to quit!

-20 Minutes: Blood pressure decreases, pulse rate drops, body temperature of hands and feet increases.

-8 Hours: Carbon monoxide level in blood drops to normal, oxygen level in blood increases to normal (if no lung disease)

-24 Hours: Chance of a heart attack decreases.

-48 Hours: Nerve endings start regrowing, sense of smell and taste improves.

-2–12 Weeks: Circulation improves, walking becomes easier, lung function improves.

-4–36 Weeks: Coughing, sinus congestion, tiredness, and shortness of breath decrease.

-1 Year: Risk of coronary heart disease decreases to half that of smokers.

-5 Years: From 5 to 15 years after quitting, stroke risk is the same as people who never smoked.

-10 Years: Risk of cancer drops to half that of smokers, risk of ulcer decreases.

15 Years: Risk of coronary heart disease is the same as people who have never smoked, risk of death is the same as people who have never smoked.

THE GREAT SKATE

29100 Hayes Rd
Roseville, MI 48066

\$12 FOR ENTRY AND SKATES



Live Rite Structured Recovery Corp, a non-profit organization under 501 (c)(3) of the Internal Revenue Code, Section 170

Federal, State and/or Local funding has been provided through Macomb County Community Mental Health/Office of Substance Abuse to support project costs

Flint Children's Museum

1602 University Ave, Flint, MI 48504

From its 1980 start as a section of the Sloan Museum, the beloved local attraction continually grew to the point where it necessitated its own location, which was donated by Kettering University in 1993. The museum's hands-on, interactive exhibits will not only spark your child's imagination, but will also help to inspire a lifelong love of learning.



Sloan Museum

4190 E Court St, Burton, MI 48509

The Sloan Museum in the Flint Cultural Center is the destination for regional history, both automotive and non-auto, and hosts several unique events and seasonal exhibits.

The Museum is currently closed for renovation but the Courtland Center location will remain open throughout the project.



Longway Planetarium

1310 E Kearsley St, Flint, MI 48503

At 129 seats, Longway is Michigan's largest planetarium, and offers a large array of unique viewing experiences. Their lineup frequently offers everything from the educational ('Sea Monsters: A Prehistoric Adventure') to the auditory ('Dark Side: The Light Show' set to the music of Pink Floyd's legendary 'Dark Side of the Moon').



Flint Institute of Arts

1120 E Kearsley St, Flint, MI 48503

The Flint Institute of Arts, also called FIA, is the second largest art museum in Michigan, and features over 8,000 objects, some of which back to over 5,000 years ago. The FIA also serves as a full-time campus for over 1,700 students, and hosts a diverse lineup of special events and seasonal exhibits.



February Caregiver of the Month David Soltis

David has been providing excellent care with ExpertCare for almost a year. He is being recognized for being a great mentor and for being dependable staff that goes above and beyond to ask questions and advocate for his recipients.

We've had great feedback from the families he works with and had a supports coordinator reach out to let us know how much a difference he's making with 2 of his 5 recipients! He does a great job at building rapport with his recipients, families, and CMH staff. The SC who reached out stated her recipients are making great progress and its like night and day since he's been helping. She wanted to make sure the impact he is making does not go unnoticed.

David continues to lead his recipients on the path to success. ExpertCare truly appreciates everything he does and is very proud to have him represent ExpertCare in the field. Thank you for your hard work and dedication in changing the lives of others.

Thank you for demonstrating ExpertCare's core values of:
Helping People Succeed
Passion for Success
Can Do Attitude

Thank you
CAREGIVERS
FOR ALL
THAT YOU DO!