



DECEMBER GIVEAWAY

This month we will draw two Caregivers at random who will each get a \$25 Visa gift card and an ExpertCare T-shirt.



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Winners will be announced in the January Newsletter.

Congratulations to November gift card winners Vicky Benson & Sanaa Zora!
We hope you had a wonderful Thanksgiving with your family and friends.



Please Verify Address for W-2 Mailing

IRS form W-2, Wage and Tax Statement, will be mailed by the end of January to the mailing address we have on file for each employee. Please make sure to review your listed mailing address and update as necessary. This will avoid W-2's going out to incorrect addresses.

All address changes must be done in writing or through the PrismHR Employee Portal. We will accept an email or text message from the contact information we have on file. At the end of January, W2's can be accessed through the PRISM portal along with previous years.

Holiday Jokes

(Answers found on the last page)

1. What is called when a snowman has a temper tantrum?
2. What does a snowman order at a fast food restaurant?
3. What do you wash your hands with over the holiday?



11 Ways to Spread Joy this Holiday Season:

1. Volunteer for a local charity or nonprofit organization.
2. Donate a bag of gently used clothes or a box of non-perishable goods (or both!).
3. Pay for someone else's coffee.
4. Give seasons greetings to a friend or family member with a phone call.
5. Donate your spare change to a good cause.
6. Send your loved ones a postcard wishing them a happy holiday.
7. Bring an unwrapped toy to your local Toys for Tots drive.
8. Smile and wish others a Happy Holiday and/or Merry Christmas.
9. Tell someone that you appreciate them.
10. Buy a gift from a local business instead of a big-box retailer.
11. Furnish the exterior of your home with some holiday décor!



Get Out of Debt!

Financial Education Webinar Via Zoom

Debt Negotiation

Thursday, December 15, 2022 • 11am – 1pm

Do you have collections or large, unaffordable debt you want to pay off, but do not know where to start? Join us for this informative webinar where we will discuss strategies to negotiate collections and other debts to help you afford your payments and improve your credit.

Topic Include:

- Identify strategies to address debts in collection
- Identify strategies to address high interest debt or unaffordable credit card debt
- Understand financial implications of Debt Forgiveness

Once you register you will receive an email with additional details. The link to the Zoom webinar will be emailed 2 business days prior to the webinar. Must be a Livingston or Oakland County resident to attend.

To register for this webinar, please [Click Here](#) or visit:

<https://www.olhsa.org/events>

Or call 248-860-7845



OLHSA is a HUD approved agency.



Holiday Hours

EXPERTCARE'S HOLIDAY

OFFICE HOURS

Christmas Holiday Hours:

The office will be closed starting at 12pm on Friday, December 23rd and we will reopen at 8am on

Tuesday, December 27th.

New Year's Holiday Hours:

The office will be closed starting at 12pm on Friday, December 30th and we will reopen at 8am on Monday, January 3rd.

Answers can be found on the last page. Enjoy!



Christmas RIDDLES

- | | |
|---|----------------------------|
| 1. What kind of photo do elves take? | Candy canes |
| 2. What did the gingerbread man put on his bed? | Ornaments |
| 3. Why didn't the turkey eat anything? | Felt crummy |
| 4. What do you call Santa when he's broke? | In a show bank |
| 5. What do you call a snowman in the summer? | Cookie sheets |
| 6. What do you call Santa when he stops moving? | Yule Tide |
| 7. What do elves learn at school? | Elfies |
| 8. What does a snowman like for breakfast? | A little shaken |
| 9. How does the snow globe feel this year? | Saint Nickel-les. |
| 10. When does Christmas come before Thanksgiving? | Santa Pause |
| 11. What do gingerbread men use when they hurt their leg? | In the dictionary |
| 12. What kind of laundry detergent does Santa use? | Santa Paws |
| 13. Why can't the Christmas tree stand up? | Jungle Bells |
| 14. Where does a snowman keep his money? | The Elf-abet |
| 15. What do monkeys sing at Christmas? | Turtle Dove |
| 16. What's the best thing to put into a Christmas cookie? | Your teeth |
| 17. Why did the Christmas cookies go to the doctor? | He was stuffed |
| 18. Who delivers Christmas presents to dogs? | A puddle |
| 19. What are Christmas tree's favorite treats? | Frosted flakes |
| 20. What do you get when you cross a bird with a turtle? | It doesn't have legs |

TOTAL CORRECT:

COURAGEOUS CONVERSATIONS

BATTLING SOCIAL PRESSURES AND ITS ASSOCIATED ANXIETIES

Join us for an extensive discussion about balancing various societal pressures and it's associated anxieties as we navigate through our daily lives

Join Here:

[eventbrite.link](#)



With Special Guest
Dr. Ashley E. Cureton

An assistant professor at University of Michigan School of Social Work and School of Education with specialized focus in relations of migrants and the issues they face regarding displacement, exploitation and social development

*All Ages Welcomed
Refreshments and Giveaways
Available*



Thursday Dec. 15, 2022
4:00 PM - 5:30 PM



The Children's Center
90 Selden St,
Detroit, MI 48201

Topics of Interests

- Climate Crisis
- Economic Hardships
- Political Tension
- Healthy Mechanisms
- Human Rights Concerns
- Self-Management
- War Scares

How have these topics made you feel lately?



ExpertCare Office Staff wanted to share some holiday recipes with you.

You will find a couple recipes sprinkled throughout the newsletter.

Enjoy!



Grandma's Banana Bread

by Amanda G.



INGREDIENTS:

1 cup sugar
1/3 cup butter
2 eggs
1 1/2 cups mashed bananas
1/3 cup milk
1 and 2/3 cup flour
1 tsp baking soda
1/2 tsp salt
1/4 tsp baking powder
1/2 cup nuts (optional)
1 cup chocolate chips (optional)

DIRECTIONS:

Preheat oven to 350.
Grease and flour pan. Put flour, sugar, baking soda, baking powder, and salt in small bowl and mix well. Mix butter, eggs, milk, and sugar in large bowl and mix well. Blend with powdered mixture into large bowl. Add mashed bananas, nuts, and chocolate chips.

Baking:
8" loaf pan bake for 1 1/4 hour
9" loaf pan 55-60 mins
Mini loaf pans 40-50 mins



Preventive Health Care

United Health Care wants to remind everyone to schedule their preventive health care visits as we head into the New Year! What is preventive health care? Preventive care focuses on evaluating your current health status when you are symptom free. Preventive care allows you to obtain early diagnosis and treatment, and to help avoid more serious health problems. Going for routine check-ups and exams can help you stay healthy and manage your overall health. Some of the preventive services are provided below. Please speak with your current insurance provider to see additional services covered under preventive health care.



Preventive services can include many types of services, subject to age and gender guidelines, including:

Physician office services:

- Routine physical examinations
- Well baby and well child care
- Immunizations

(This is only a partial list of potential services.)

Lab, X-ray or health screening tests:

- Screening mammography
- Screening colonoscopy or sigmoidoscopy
- Cervical cancer screening
- Osteoporosis screening

HHA eXchange



Have questions regarding the HHA app? Each month ExpertCare will be holding open HHA training sessions. If you need any help navigating the app or have questions, please attend one of the sessions listed below.

Thursday, 12/1 at 1pm

Monday, 12/12 at 10am

Please call our office to get scheduled for a refresher course. If you are unable to attend any of the sessions listed, call the office and we will answer your questions or work to schedule a different time. Keep an eye out for the training sessions for January in next month's newsletter!

TAKE AND MAKE CRAFTS



Virtual Take-and-Make Craft Programs

Pre-register for programs by calling **248-858-0916** during business hours and select a location to pick up program kits. Limited supply available; first-come, first-served. Unless otherwise noted, participants will receive instructions on tuning in to a live Zoom demonstration to craft along with a naturalist. A recorded demonstration will also be available for those unable to make the meeting time.

Please note the pickup start date for each program.

Kits do not include basic art supplies like crayons, scissors, or glue. If additional supplies are needed, they will be listed in the program kit. After the course, show off your projects by sending pictures to NatureEducation@oakgov.com to have them posted on social media.

Natural Ornaments for Indoors & Out

Kits available for pickup Dec. 2-17

Live Zoom instruction on Saturday, Dec. 17, 2-3 p.m.

Why go to the store and buy holiday ornaments when you can design your own? Create beautiful décor for inside your home as well as some outdoor treats for our winged friends. We'll provide the supplies for the ornaments – you'll bring the creativity and fun! Perfect for families and people of all ages. **10 kits available. \$10/kit.**



Gift-Giving: Nature, Community and You



Saturday, Dec. 17, 3-4:30 p.m.

This time of year involves the exchange of gifts in many different traditions. Learn about gift-giving in different cultures, including gift exchanges that may be happening in the natural world – in a forest or pond near you, or even in your own backyard. Craft your own gift to give someone and receive a gift from the Nature Center to take home. A special holiday guest will be making an appearance as well - bring your camera! **\$6/person.**

Great Lakes Crossing Sensory Santa

Sunday, December 4, from 10a-11:30a.
By reservation only

Great Lakes Crossing Outlets at Santa's Flight Academy

Sensitive Santa has dimmer lights and softer music, creating a welcoming, sensory-friendly environment for children with sensory, physical, or other special needs. Plus, reserve online for your time slot and avoid long lines. Visit GreatLakesCrossingOutlets.com to find the reservation links.

Special Needs Santa Claus Visits at Twelve Oaks Mall – Sensory Santa

Sunday, December 4, 2022 from 9a-10:30a
AND Sunday, December 12, 2021 from 10a-11:30a

Twelve Oaks Mall
27500 Novi Road, Novi, MI 48377

Families with special needs can experience the time-honored tradition of a visit with Santa during an event created just for them. Must pre-register. Pre-registration required. For more info, visit shoptwelveoaks.com.

Troy Special Needs Santa Visits Sensory Santa Visits

Wednesday, December 14, 2022 from 1p-7p
Oxford Recovery Center
165 Kirts Blvd Ste 500, Troy, MI 48116

Sensory Friendly Santa and Mrs. Claus event. This event is completely FREE. Participants must register for a date and time at oxfordrecoverycenter.com.



Sensitive Santa at Oakland Mall

Sunday, December 4, 2022 from 10a-11a

Oakland Mall
412 W 14 Mile Road, Troy, MI 48083, 248-585-6000

Individuals with all spectrums of special needs and their families are invited to a private photo session where extra care is taken to support the sensory, physical and other developmental needs to make this a magical holiday experience. There is no admission charge. Photo packages will be available for purchase for the event. Pre-registration is required and can be booked **online**.

White Lake Special Needs Santa Claus Visit Jingle Bell Ball

Thursday, December 8, 2022 from 6p-8p

White Lakes Banquet Center
991 N Williams Lake Rd, White Lake, MI 48386

Jingle Bell Ball, a program for individuals ages 18 and older with developmental disabilities, will include music, dancing, pizza and a visit from Santa. Participants only will receive a gift. Cost is \$12/participant and \$6/caregiver. Call 248-858-0916. For more information, contact 248-424-7081 or Adaptive@oakgov.com. Deadline to register is December 1.

Brighton Special Needs Santa Visits Sensory Friendly Santa Visits

Monday, December 12, 2022 from 9a-5 and
Tuesday, December 13, 2022 from 1p-7p

Oxford Recovery Center
7030 Whitmore Lake Rd, Brighton, MI 48116

Sensory Friendly Santa and Mrs. Claus event. This event is completely FREE. Participants must register for a date and time at oxfordrecoverycenter.com.



Registration Now Open Winter 2023 Programs

Programs are available from ages 4 through adults. Register today to secure your spot!

- Programs available both **in-person and virtually**
- **Limited Scholarships** are available for **all** programs



Winter 2023 Programs:

- Basketball (3 Groups: Ages 4-9, 10-15, and 16+)
- Bowling Oakland (Ages 16+)
- **NEW** Bowling Troy Location (Ages 16+)
- Gaming Club (Ages 10-14)
- Individual Social Coaching (Ages 12+)
- Indoor Soccer (Ages 4-9)
- Judo (Ages 7-13 and 14+)
- Movie Club (Ages 14+)
- Robotics (Ages 10-14)
- Social Connections for Adults (Ages 18+)
- Structured Social and Communication Training (Ages 18+)
- Teen Social Club (Ages 11-14 and 15-18)
- Uniquely Me: Women on the Spectrum Connect (Ages 18+)



OUCARES PRE-EMPLOYMENT SKILLS TRAINING

for Adults with Autism and Related Challenges

WINTER DATES: December 5, 2022 - February 24, 2023 (no class 12/22/22 - 1/6/23)

SPRING DATES: March 13 - May 26, 2023 (no classes 3/27/23 - 3/31/23)

MONDAY - FRIDAY, 9 A.M. - 3 P.M.

Pawley Hall, Oakland University Campus

COST:

\$3,000 Limited scholarships are available

THIS TRAINING WILL INCLUDE A STRONG FOCUS ON:

- "Soft" interpersonal skills – communication, social awareness, networking, teamwork, accepting criticism, collaboration, etc.
- Understanding employment – career options, resumes, applications, finding and maintaining a job
- Independent living skills – self-regulation, money management and budgeting, community understanding, goal-setting
- All aspects of training focuses on building SOCIAL AWARENESS and SOCIAL UNDERSTANDING that will help individuals gain and maintain successful employment

TO APPLY:

visit oakland.edu/oucares/programs

FOR ADDITIONAL INFORMATION:

email oucares@oakland.edu

OAKLAND
UNIVERSITY



Programs and websites mentioned within this newsletter are for the sole purpose of providing information of interest. ExpertCare Management Services does not endorse these websites, the content, and/or programs mentioned. ExpertCare takes no responsibility for loss or damage suffered as a result of using the information contained in these websites or participation in the aforementioned programs and events.



BABKA

by Jennifer O.

INGREDIENTS:

Babka Dough:

1 ¼ cup warm water
1/2 cup sugar
1 tsp vanilla (or 1-2 tsp vanilla sugar)
4 1/2 tsp instant Yeast (or 2 packets of yeast)
2 Large eggs
1 1/2 stick (12 tbsp) salted butter, softened to room temperature
4-5 cups bread flour or all purpose (start with 4 and add as needed)

Babka Fillings :

4 oz chocolate (any type works, it's preference)
¾ sticks Butter
1/4 cup sugar
1/4 cup baking cocoa

Babka Crumble Topping:

¼ cup sugar
½ light brown sugar
1 stick butter
1 ½ cup all purpose flour
Pinch of salt

INSTRUCTIONS:

Dough:

Step 1 - Mix water with yeast, vanilla sugar and sugar until yeast bubbles.
Step 2 - Add eggs, yolks, flour, margarine then the salt. If you are using a stand mixer with the dough hook on the bottom, add the softened butter before the flour. Mix on medium until dough is combined adding flour as needed. Start with less and add as needed. Once the dough comes together, turn off the mixer and allow the dough to rest 2-3 minutes. Turn the mixer back on and continue mixing 3-5 minutes, adding flour as needed. The dough should have slight stickiness to it which will lessen as it rises and rests.
Step 3 - Divide into 3-4 portions of 14-16oz each to rise. Wrap each ball of dough tightly in plastic wrap or place in a Ziploc bag. Gently press our air from bags before closing. As the dough rises it releases carbon dioxide which will create air in the bag. If you have too much air in the bag chances are the bag will pop open. Refrain from using sandwich size Ziploc bags, they will be too small and will pop open as the dough rises.
Step 4 - Remove from the refrigerator approx 10- 20 min. before you begin working with your dough, it should be cool but not ice cold that it's not rollable.

Made with PosterMyWall.com

(Instructions continued)

Babka Fillings:

In a microwave safe bowl, melt chocolate and butter on low. Check every 20 seconds to avoid scorching. Once melted stir until completely blended. Add sugar and cocoa until smooth, set aside to cool for a few minutes.

Babka Crumble Topping:

Melt butter, add sugars and flour. Mix until well combined and crumble. Set aside.

Let's Make Babkas:

Preheat oven for 350 degrees

Spray you pans with Pam spray, (I also lay a stirp of parchment along the pan for easy removal.)

Step 1 - Take dough from the refrigerator. Dust your counter with a little flour and roll out your dough in a rectangle. You want to roll the dough about ¼ inch thin. If the dough keeps bouncing back let it warm up a little and roll out again. I try to get mine to a 20 X 10 inch rectangle.

Step 2 - Once the dough is rolled out, take a knife or your offset spatula and spread a layer of topping all over the top of the dough. Go all the way to the edges. Do not spread a very thick layer, just enough to cover the dough.

Step 3 - start to roll your dough the long ways into a tight roll. I always work back to front. Place the seam down and with a sharp knife cut the log into two equal pieces.

Step 4 - With your sharp knife, slice each log in half through the length of the log. You will see the layers and filling you have created. Gently turn the logs inside out. Take both logs and twist them gently. Place in your pans.

Step 5 - Let finished bakas rise in the pans covered with a dish towel in a warm dry place for 30 minutes.

After the 30 minutes, top generously with your crumble topping and place the pan on a cookie sheet to avoid dripping.

Step 6 - Bake the Babkas for 25 Minute and then rotate and check. I usually need about 10 minutes. If your babkas are browning too soon place a piece of parchment over the top to avoid over browning. Babkas should be golden brown, solid on the top and hollow to the tap. I use a thermometer to check mine. They should be internally around 180 degrees. Let cool completely. Brush with simple syrup.

Meredith Buckley, ECare Payroll and Billing Specialist, makes this Gingerbread Cookie recipe and candied pecans (on the next page) each year around the holidays.



BEST Soft Gingerbread Cookies

★★★★☆

Author [Katie](#)

Ingredients

- 2 1/4 cups all-purpose flour
- 2 teaspoons ground ginger
- 1 teaspoon baking soda
- 3/4 teaspoon ground cinnamon
- 1/2 teaspoon ground cloves
- 1/4 teaspoon salt
- 3/4 cup butter softened
- 1 cup white sugar
- 1 egg
- 1 tablespoon water
- 1/4 cup molasses
- 4 tablespoons white sugar

Instructions

1. Preheat oven to 350F.
2. Mix together the flour, ginger, baking soda, cinnamon, cloves, and salt. Set aside.
3. In a large bowl, cream together the butter and 1 cup sugar until light and fluffy.
4. Beat in the egg, then stir in the water and molasses.
5. Gradually stir the sifted ingredients into the molasses mixture.
6. Shape the dough into walnut sized balls, and roll them in the remaining 4 tablespoons of sugar.
7. Place the cookies 2 inches apart on an ungreased cookie sheet. You don't need to flatten them.
8. Bake for 10-12 minutes in the preheated oven.
9. Allow cookies to cool on the cookie sheet for 5 minutes before removing to a wire rack to cool completely.
10. Makes approximately 30 cookies. Store in an airtight container.



Slow Cooker Candied Pecans

It's not the holidays without candied pecans.

www.delish.com

YIELDS:	PREP TIME:	TOTAL TIME:
10	10 mins	3 hrs 10 mins

Ingredients

1 c. sugar

1/2 c. brown sugar

1 tbsp. cinnamon

1 tsp. cloves

1 tsp. kosher salt

2 egg whites

1 tsp. vanilla

Cooking spray, for slow-cooker

6 c. pecans

Directions

[SAVE TO MY RECIPES](#)

Step 1

In a medium bowl, whisk together sugars, cinnamon, cloves and salt. Set aside.

Step 2

In another medium bowl, combine egg whites and vanilla. Whisk until frothy.

Step 3

Spray slow-cooker with non-stick cooking spray. Add pecans to the Crock-Pot. Pour egg white mixture over pecans and stir until coated. Pour sugar mixture over and stir again until pecans are fully coated.

Step 4

Cook on low for 3 hours, stirring every half hour. If sugar isn't dissolving, add water 1 tablespoon at a time. When finished, remove nuts from slow-cooker and cool in a single layer. Serve.

ALHAMBRA BRAGA CARAVAN #114 INVITES YOU!

Christmas Party

“Breakfast with Santa”

Saturday, December 17, 2022

9:30 a.m. – 12:00 p.m.

Mirage Hall 16980 18 Mile Road

(Just East of Garfield Road in Clinton Township)



Invitation to Individuals served by Easterseals MORC living in

Macomb - Oakland Counties!

Festivities include: Breakfast, Pictures with Santa and Gifts!

Reservations are limited!

Please RSVP by December 1, 2022

to: Lindsay.calcaterra@morcinc.org

or call (586) 263-8701



SAMHSA

Substance Abuse and Mental Health
Services Administration



Get Help: 24/7 Confidential Support

Treatment Services Info:

- Find a mental or substance use disorder treatment facility near you: [National Helpline](#)
1-800-662-HELP [4357]
- Behavioral Health Treatment Services Locator:
<https://findtreatment.samhsa.gov>

Immediate Crisis Counseling:

- [988 Suicide & Crisis Lifeline](#)
Dial 988
- [Veterans Crisis Line](#)
Dial 988 and then press 1
- [Disaster Distress Helpline](#)
1-800-985-5990



SAMHSA is the lead Federal agency for public health efforts to advance behavioral health prevention, intervention, treatment, and recovery for individuals and their families.

What We Do

- Reduce the impact of mental and substance use disorders on America's communities; and
- Improve the lives of individuals living with/or in recovery from mental illnesses and substance use disorders.

How We Do It

- Provide grant funding opportunities and guidance to states and territories, as well as tribal and local communities;
- Provide technical assistance to grantees and practitioners;
- Publish and share resources for individuals and family members seeking information on prevention, harm reduction, treatment and recovery;
- Collect, analyze and share behavioral health data;
- Collaborate with other Federal agencies to evaluate programs and improve policies; and
- Raise awareness of available resources through educational messaging campaigns and events.

For more information on SAMHSA grants, programs, products, and data, visit [SAMHSA.gov](https://www.samhsa.gov).

To join our team, visit [samhsa.gov/join-us](https://www.samhsa.gov/join-us).

5600 Fishers Lane • Rockville, MD 20857 • 1-877-SAMHSA-7 (1-877-726-4727)

Contact us: <https://www.samhsa.gov/contact-us>

FAQ: <https://www.samhsa.gov/faqs>

For media and press inquiries: media@samhsa.hhs.gov



[WWW.SAMHSA.GOV](https://www.samhsa.gov)



What To Do If You're Behind On Mortgage Payments

**An Informative Webinar
December 13, 2022 1:00 PM**

Join OLHSA's HUD Certified Housing Counselors for this informational Zoom webinar to discuss what you can do if you are unable to pay your mortgage.

Topic include:

- Homeowners Rights & Responsibilities
- MIHAF Program
- Common Options Available to Bring Loan Current & Prevent Foreclosure
- MI Foreclosure Timeline
- Ways to Avoid Scams

Once you register you will receive an email with additional details. Class limited to Oakland and Livingston County Residents.

**To register for this class, please [Click Here](#)
Or call 248-860-7845**



OLHSA is a HUD approved agency.





Employee Milestone Anniversaries

We would like to recognize and congratulate the employees below for reaching a milestone anniversary in November.

5 Years

Larry Redmond
Heidi Olmeda
James Cook III
Sabrina Grant
Amarichi Troupe



10 Years

Duane Haith



Thank you for demonstrating a continued commitment to ExpertCare and the clients we service. You make a difference!



Presented by Southwest Solutions (FAFC), Detroit Wayne Integrated Health Network and Fueled by Marathon Petroleum



Santa Day FREE COMMUNITY EVENT



Bounce House

Inflatables

Face Painting

Craft Activities

Cookie Decorations



Live DJ

Lunch

Raffles

Photos with Santa

While supplies last



GETTING TO KNOW THE EXPERTCARE OFFICE STAFF

We thought it would be nice to introduce ourselves and tell you a little bit about each of our office staff. Each month we will feature a new interview with someone from our office.

MEET LAUREN SCLESKY



ECare: What is your job title and role at ExpertCare?

Lauren: CEO

ECare: How do you enjoy spending your time outside of work?

Lauren: I enjoy spending time with my family and friends outside of work. Working in my garden is my favorite time to disconnect from technology and relax.

ECare: Would you rather be a tiny elephant or giant hamster and why?

Lauren: I would be a tiny elephant because elephants stand united and symbolize wisdom and strength.

ECare: If you could choose a superpower what would it be?

Lauren: To heal someone's pain or illness.

ECare: What's an accomplishment that you're most proud of?

Lauren: Expanding our service locations to reach individuals in need of essential person-centered services outside of Michigan.

ECare: What's the best advice you have received?

Lauren: Worrying will not change the outcome. It is something I remind myself all the time.

EXPERTCARE
WOULD LIKE
TO WISH
YOU
HAPPY
HOLIDAYS!



We hope
everyone
enjoys time
with their
loved ones
this holiday
season.



Troy Special Needs Events – Monday Mingle

Monday, December 5 from 5:30p-7p

Troy Community Center
3179 Livernois Rd, Troy, MI 48083

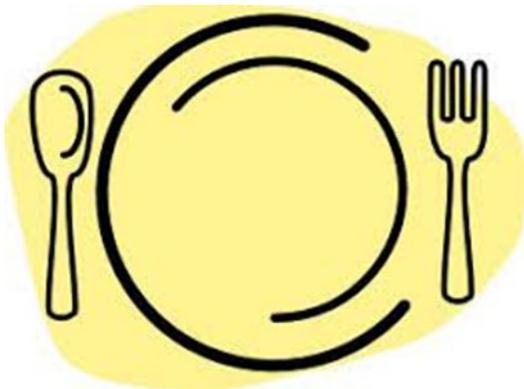
Enjoy a variety of activities including: music, karaoke, games, pizza, and refreshments. All ages are welcome, however those under 14 must be accompanied by a responsible caregiver. \$12 Res, \$15 Non-Res. Pre-registration required. For more info, visit rec.troymi.gov.

Special Needs Events – RARA Diner's Club

Monday, December 5, 2022 from 5:15-6:30p

Select Rochester/Rochester Hills Area Restaurants

This opportunity is designed to support persons with special needs. Participants pay for their own meal, beverage, and tip. PRE-REGISTER EARLY as spots are very limited and so that we have enough assistance and space reserved in the restaurants. Exact restaurant choices will be announced at a later date. 14+ Years. \$6 per participant. To register, visit www.rararecreation.org.



NOVEMBER CAREGIVER OF THE MONTH

Dayna has been a reliable caregiver working for ExpertCare for the past few months. She continues to make a positive impact on the recipient she works with. Dayna works very hard to assist her recipient with keeping on task and working on his goals. No matter what challenge arises, she remains positive every shift and shows a tremendous amount of patience. She's not only a great caregiver, but also a wonderful team player and volunteers to work extra hours if needed. She's built a great bond with the other caregivers that work on the same case as her, and they help encourage one another when things get challenging. Dayna has shown that she will always go the extra mile to put others first. ExpertCare truly appreciates everything she does and is proud to have her represent ExpertCare in the field. Thank you for your hard work and dedication in changing the lives of others.

Thank you for demonstrating *ExpertCare's* core values of:

**Helping People Succeed
Passion for Success
Can Do Attitude**





Christmas RIDDLES

- | | | |
|---|----|----------------------|
| 1. What kind of photo do elves take? | 11 | Gandy canes |
| 2. What did the gingerbread man put on his bed? | 9 | Ornaments |
| 3. Why didn't the turkey eat anything? | 17 | Felt crummy |
| 4. What do you call Santa when he's broke? | 14 | In a show bank |
| 5. What do you call a snowman in the summer? | 2 | Cookie sheets |
| 6. What do you call Santa when he stops moving? | 12 | Yule Tide |
| 7. What do elves learn at school? | 1 | Elflies |
| 8. What does a snowman like for breakfast? | 9 | A little shaken |
| 9. How does the snow globe feel this year? | 4 | Saint Nickel-les |
| 10. When does Christmas come before Thanksgiving? | 6 | Santa Pause |
| 11. What do gingerbread men use when they hurt their leg? | 10 | In the dictionary |
| 12. What kind of laundry detergent does Santa use? | 18 | Santa Paws |
| 13. Why can't the Christmas tree stand up? | 15 | Jungle Bells |
| 14. Where does a snowman keep his money? | 7 | The Elf-abet |
| 15. What do monkeys sing at Christmas? | 20 | Turtle Dove |
| 16. What's the best thing to put into a Christmas cookie? | 16 | Your teeth |
| 17. Why did the Christmas cookies go to the doctor? | 3 | He was stuffed |
| 18. Who delivers Christmas presents to dogs? | 5 | A puddle |
| 19. What are Christmas tree's favorite treats? | 8 | Frosted flakes |
| 20. What do you get when you cross a bird with a turtle? | 13 | It doesn't have legs |

TOTAL CORRECT:

Holiday Joke Answers

1. A meltdown
2. An iceberg-er and fries
3. With Santatizer

