

# ec ExpertCare

## CHRONICLE

NOVEMBER 2022



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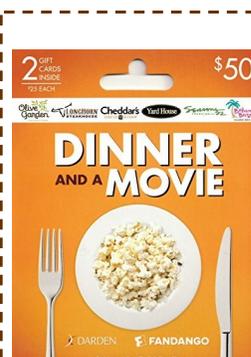
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### NOVEMBER IS A TIME FOR GIVING

In the spirit of giving, ExpertCare will draw two caregivers at random who will each get a \$50 gift card to a grocery store of their choosing to help with holiday groceries.



We would like to express our gratitude for each and every one of you! Our hope is that every single one of you has a wonderful Thanksgiving with your family,



CONGRATULATIONS TO  
OCTOBER WINNER  
JACQUELINE MANZIE  
WE HOPE YOU ENJOY YOUR  
DINNER AND A MOVIE!



Open Enrollment is the time of year where you can make changes to your plan or elect coverage if you previously declined. The Open Enrollment window is from **November 14, 2022-November 27, 2022**.

Eligible employees are encouraged to attend our virtual Open Enrollment meeting on **Tuesday, November 15<sup>th</sup> from 12:00pm-1:00pm**. All eligible employees will receive an email by Monday, November 7<sup>th</sup>, with a meeting invitation. If you do not receive the meeting invite and feel that you should have, please contact HR at [HR@versicaregroup.com](mailto:HR@versicaregroup.com) or at 248-643-8900.

**\*\* If you do not complete new elections by November 27, 2022, you will receive the same benefits as you had in 2022 with the exception of the Flexible Spending Account (FSA). The FSA will NOT rollover and must be actively elected every year.\*\***

We look forward to seeing everyone at our 2023 Open Enrollment meeting!



# Something Special on the Ballot



Macomb County citizens have a legacy of supporting our most vulnerable children. For several decades, the people and businesses of Macomb County have prioritized families and students with the most challenging physical and emotional needs. This includes children born with severe multiple physical disabilities to children with autism, cognitive impairments and students who suffer from severe emotional impairments.

The support provided by the educational and service organizations in Macomb County have been a light in a tunnel for new parents who discover their child will have daily challenges for a lifetime. In many instances, these children receive services from the moment they leave a hospital to the time they enter adulthood.

This November, the Macomb Intermediate School District (MISD) will be asking voters to consider a bond proposal to re-build and improve the buildings where students with the most significant special needs from all 21 local districts attend school year-round.

For more information visit: <https://macombisdbond.net/>

## The Bond Proposal

The Bond is .17 mills of a home's taxable value and would cost the average home owner less than 20 dollars per year. This is the first time the Macomb ISD has asked for a bond and understand that if voters support their request, their duty will be to ensure these funds are spent as efficiently and conservatively as possible.

## How will the Funds be Used?

These funds, if approved by the voters, will only be used for building costs and other critical equipment required by our programs for use by Macomb County special needs children. These funds cannot and will not be used to pay public salaries or fund general operating costs.

## Why is the Bond Proposal Needed?

The average age of the MISD buildings where students attend is greater than 60 years, some of which were built in the 1950's and require significant upgrades for both the medical care and safety these students and families deserve.

## Who will Benefit?

Special education students from every school district in Macomb County will benefit if the bond proposal is approved.



# Holiday Hours

## EXPERTCARE'S HOLIDAY OFFICE HOURS

### Thanksgiving Holiday Hours:

The office will be closed starting at  
4pm on Wednesday, November  
23rd and we will reopen at 8am on  
Monday, November 28th.

### Christmas Holiday Hours:

The office will be closed starting at  
12pm on Friday, December 23rd  
and we will reopen at 8am on  
Tuesday, December 27th.

### New Year's Holiday Hours:

The office will be closed starting at  
12pm on Friday, December 30th  
and we will reopen at 8am on Mon-  
day, January 3rd.

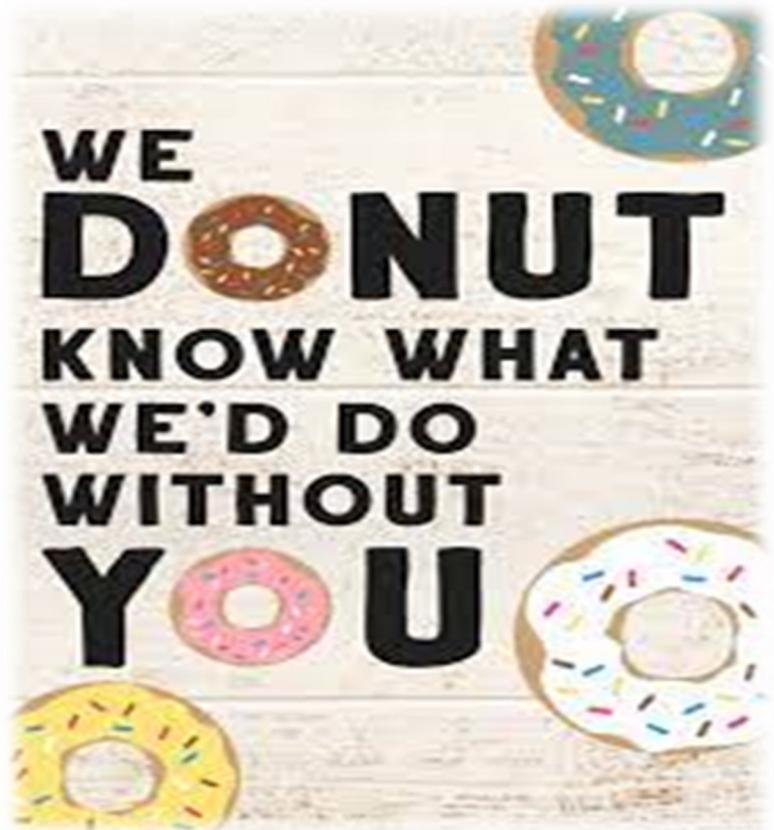
November 5, 2022

#NationalDoughnutDay



In 1917, the original “Salvation Army Doughnut” was first served by the ladies of the Salvation Army. It was during WWI that the Salvation Army Lassies went to the front lines of Europe. Home-cooked foods, provided by these brave volunteers, were a morale boost to the troops.

The doughnuts were often cooked in oil inside the metal helmets of American soldiers. American infantrymen were then commonly called “doughboys.” A more standard spelling of the word is “donut.”



# HHA eXchange



Have questions regarding the HHA app? Each month Expert-Care will be holding open HHA training sessions. If you need any help navigating the app or have questions, please attend one of the sessions listed below.

Thursday, 11/3 at 2pm

Wednesday, 11/16 at 12pm

Please call our office to get scheduled for a refresher course. If you are unable to attend any of the sessions listed, call the office and we will answer your questions or work to schedule a different time. Keep an eye out for the training sessions for December in the December newsletter!



Veterans Day gives Americans the opportunity to celebrate the bravery and sacrifice of all U.S. veterans.

Veterans Day, formerly known as Armistice Day, was originally set as a U.S. legal holiday to honor the end of World War I, which officially took place on Nov. 11, 1918. In legislation that was passed in 1938, Nov. 11 was "dedicated to the cause of world peace and to be hereafter celebrated and known as 'Armistice Day.'" As such, this new legal holiday honored World War I veterans.

In 1954, after having been through both World War II and the Korean War, the 83rd U.S. Congress -- at the urging of veterans service organizations -- amended the Act of 1938 by striking out the word "Armistice" and inserting the word "Veterans." With the approval of this legislation on June 1, 1954, Nov. 11 became a day to honor American veterans of all wars.



# The Orchards haven't closed yet, check out one near you before they close for the season.



## Genessee County

### Spicer Orchards

10411 Clyde Rd, Fenton, Michigan 48430, 810-642-7692, [www.spicerorchards.com](http://www.spicerorchards.com)

Kids will enjoy the Farm Play Area complete with petting zoo, sand box, toy tractors, tricycle trail & wooden pirate ship. The Cider Mill and surrounding areas are very clean and well-maintained. Don't forget Fall Festival Weekends (mid Sept-Halloween) – they feature hayrides, pumpkin picking, a pig roast, inflatables, mini train rides, and much more.

## Cider Mills Metro Detroit – Macomb County

### Blake's Cider Mill Orchard / U-Pick / Barnyard Funland / Ciderhouse & Winery

17985 Armada Center Rd, Armada, Michigan 48005, 586-784-5343, [www.blakefarms.com](http://www.blakefarms.com)

Blake's Cider Mill is the biggest of the Macomb County cider mills and also the biggest cider mill in Michigan! It also has the most to offer and the most fun things to do. The vision of Blake's Cider Mill expands well beyond produce and cider. Its atmosphere is almost like a state fair during Blake's Cider Mill weekly, all season Fall Festivals.

### Hy's Cider Mill and Orchard

6350 37 Mile Rd., Romeo, Michigan 48065, 810-798-3611, [www.hyscidermill.com](http://www.hyscidermill.com)

Hy's is at the northernmost part of Macomb County and located near cider mill favorites Westview Orchards, Blake's Cider Mill, Miller's Big Red Orchard, Stony Creek Cider Mill and others. Hy's Cider Mill isn't nearly as suited for typical fall fun as the other mills. Their primary business model is making cider and shipping to stores for consumption rather than being a tourist destination.

### Stony Creek Orchards Cider Mill

2961 W 32 Mile Road, Romeo, Michigan 48065, 586-752-2453, [www.stonycreekorchard.com](http://www.stonycreekorchard.com)

Stony Creek Cider Mill is a fully functioning orchard and farm located on 32 mile road in Romeo. Open from 9a–6p every day in the Fall, Stony Creek Cider Mill has a store that offers traditional autumn fare in a rustic store setting. Not big on fall family fun, but the cider and donuts are delicious (some say best around) AND very affordable.



# Oakland County Cider Mills

## Blake's Cider Mill Lyon Twp (Formerly Erwin Orchards & Cider Mill)

61475 Silver Lake Road, South Lyon, Michigan, 248-437-0150, [www.blakefarms.com](http://www.blakefarms.com)

The family/owners of Erwin Orchards retired in 2022 and taking over for the Fall of 2022 is the Blake's Cider family of properties. Blake's has big plans for their newest location as they expand into Oakland County.

## Diehl's Cider Mill

1479 Ranch Rd, Holly, MI 48442, 248-634-8981, [diehlsorchard.com](http://diehlsorchard.com)

A trip to Diehl's feels more like a trip "up North" than it does to any of the typical Oakland County cider mills. One reason may be due to the fact that Diehl's really is "off the beaten path" when it comes to location. Diehl's Cider Mill doesn't really dress itself up to be a big-time fall tourist destination like other local cider mills even though the mill has some very nice attributes.

## Franklin Cider Mill

7450 Franklin Rd, Bloomfield Hills, Michigan 48301, 248-626-2968, [www.franklincidermill.com](http://www.franklincidermill.com)

Unlike the sprawling acres at most of the cider mills in Macomb County, the grounds around Franklin Cider Mill are cozy. Franklin Cider Mill is charming, it almost has a romantic setting. Located just a mile from the hustle bustle of Telegraph, the grounds of Franklin Cider Mill are beautiful and well-maintained. While most cider mill staffs are friendly, Franklin Cider Mill staff goes out of their way to assist and take "courteous" to a new level.



## Goodison Cider Mill

4295 Orion Rd, Rochester, Michigan 48306, 248-652-8450, [goodisoncidermill.com](http://goodisoncidermill.com)

Goodison is tiny, don't blink when you're driving or you'll miss it! Goodison Cider Mill doesn't look like much from the outside but the aromas of the cider mill may draw you from anywhere within a quarter-mile radius. Because it's so close to Orion Road with convenient parking, Goodison is an ideal place to pop in for cider. You'll be back in the road with your cider and donuts in under a minute!

## Long Family Orchard and Cider Mill

1540 E Commerce Rd, Commerce MI 48382, 248-360-3774, [www.longsorchard.com](http://www.longsorchard.com)

Long Family Orchard offers rustic scenery and cider mill favorites. They have entertainment for kids (weekends only) with their Fall Time Fun Area play place, hayrides to the pumpkin patch and 5-acre corn maze. Longs even hosts nighttime glowstick corn maze visits (October weekend nights) suitable for low-scary spooky fun for kids.

## Paint Creek Cider Mill

4480 Orion Rd, Rochester, Michigan 48306, 248 656-3400, [www.facebook.com/PaintCreekCiderMill](http://www.facebook.com/PaintCreekCiderMill)

Paint Creek Cider Mill Rochester is operated by the Parks and Recreation Commission for Oakland Township and the Paint Creek Trailways Commission. Paint Creek Cider Mill isn't the most authentic of the Oakland County cider mills. The water wheel is just for show, much of the building is unoccupied or shared with the Parks and Rec department etc.. But, the great location and beauty of the building itself makes the trip worth it. It's a nice, quick way to get your cider fix and perhaps enjoy a tasty lunch at the year-round cafe.

## Parmenter's Cider Mill

714 Baseline, Northville, Michigan, 248-349-3181, [www.northvillecider.com](http://www.northvillecider.com)

A cider mill AND a winery? Count me in! Since 1873, Parmenter's Cider Mill has been dishing out fresh cider. The Northville Winery is located on-site and offers wine tasting during busier times of the fall season. The cider mill is just beautiful – inside and out. Sure, the rustic red barn charm is gorgeous on the outside but the inside is tastefully decorated and inviting. The inside of Parmenter's has all the appeal of an old-country kitchen, yet it is somehow elegant and graceful at the same time.

### **Rochester Cider Mill**

5125 N. Rochester Rd, Rochester Hills, Michigan 48306, 248-651-4224, rochestercidermill.com  
Even though Rochester Cider Mill isn't the biggest tourist attraction of the local cider mills, its rustic charm and variety of goods make it a nice local mill to visit frequently in the fall to stock up on many fall favorites. Rochester Cider Mill is rural, country charm. You feel like you're almost transported to a 1920s general store. Rochester Cider Mill has made several improvements to the location recently. The grounds are a lot cleaner than they used to be and they've begun selling ice cream in the summer. I'm told even more changes may be coming.

### **Three Cedars Farm**

7897 Six Mile Road, Northville, MI 48167, 248-437-8200, www.threecedarsfarm.org  
Three Cedars Cider Mill delivers "old-fashioned fun for all ages" on the beautiful, sprawling farm. There's plenty of fun to be had for the very young and the very old. The entire farm is decked out for fall in festive (almost garish), country-time decor. Three Cedars is one of the largest Oakland County cider mills so there is plenty to see, do, and purchase! The General Store is the fall equivalent of Bronner's Christmas Village in Frankenmuth. It's impressive. Three Cedars Cider Mill offers a fun and educational Barn Yard Play Land for kids!

### **Yates Cider Mill**

1990 E. Avon Road, Rochester Hills, Michigan 48307, 248-651-8300\_www.yatescidermill.com  
Nestled along the banks of the Clinton River and situated at the corner of Avon Rd and Rd, Yates is one of the most popular cider mills in Metro Detroit. The crowds Yates draws on fall weekends are incredible and even the weekdays are busy with seemingly unending school field trips! Yates has even been featured on Food Network.

## **Cider Mills Metro Detroit – Wayne County**

### **Plymouth Orchards Cider Mill**

10685 Warren Road, Plymouth, Michigan 48170, www.plymouthorchards.com  
Plymouth Orchards Cider Mill offers scenic grounds, an educational mill, farm animals to see and feed, a party room to rent, wagon rides, and delicious cider and donuts. Not the most entertaining cider mill for kids, the cider mill / store / market area of Plymouth Orchards is impressive.





# Thanksgiving Safety

The kitchen is the heart of the home, especially at Thanksgiving. Kids love to be involved in holiday preparations. Safety in the kitchen is important, especially on Thanksgiving Day when there is a lot of activity and people at home.



- Stay in the kitchen when you are cooking on the stovetop so you can keep an eye on the food.
- Stay in the home when cooking your turkey and check on it frequently.
- Keep children away from the stove. The stove will be hot and kids should stay 3 feet away.
- Make sure kids stay away from hot food and liquids. The steam or splash from vegetables, gravy or coffee could cause serious burns.
- Keep the floor clear so you don't trip over kids, toys, pocketbooks or bags.
- Keep knives out of the reach of children.
- Be sure electric cords from an electric knife, coffee maker, plate warmer or mixer are not dangling off the counter within easy reach of a child.
- Keep matches and utility lighters out of the reach of children — up high in a locked cabinet.
- Never leave children alone in room with a lit candle.
- Make sure your smoke alarms are working. Test them by pushing the test button.

## Did you know?



Thanksgiving is the leading day of the year for home fires involving cooking equipment.

**Have activities** that keep **kids out of the kitchen** during this busy time. Games, puzzles or books can keep them busy. Kids can get involved in Thanksgiving preparations with recipes that can be done **outside** the kitchen.



**NATIONAL FIRE PROTECTION ASSOCIATION**  
The leading information and knowledge resource on fire, electrical and related hazards

Your Logo

# Recipient Rights Corner



ExpertCare would like to first thank you for providing the highest quality care to your Recipient. ExpertCare wants to ensure the safety of our Recipients and continue to give you the tools to provide safe quality care and wellbeing. Below are incidents that resulted in Recipient Rights violations. Please review the following Rights reminders to prevent further violations.

⇒ Caregivers will treat all Recipients and Recipients' family members with Dignity and Respect. Caregivers must treat Recipients and Recipients' family members with esteem, honor, politeness, consideration, and in a manner that is not condescending or demeaning. Caregivers should not voice their own opinions to contradict or question the Recipient's or the Recipient's family members wishes for the Recipient. For example, you can not voice your opinion about whether a Recipient should receive a vaccination.

⇒ A Recipient of mental health services shall not be subjected to abuse or neglect. Neglect Class III is defined as: Acts of commission or omission by an employee, volunteer, or agent of a provider that result from noncompliance with a standard of care or treatment required by law, rules, policies, guidelines, written directives, procedures, or individual plan of service that either placed or could have placed a Recipient at risk of physical harm or sexual abuse.

Caregivers must be sure they are always following the Recipient's IPOS, and the safeguards outlined in the Recipient's IPOS. For example, Caregivers cannot sleep during their shift, Caregivers must remain alert, awake, and aware for the full duration of their shift.

When providing care to a Recipient there are many rules that need to be followed and at times these can be difficult to remember. If you have questions or concerns about your case or do not fully understand the IPOS, please call ExpertCare. We are here to help you better understand the Recipient's Rights before it becomes a violation. We appreciate your attention to this matter. If there are any questions or concerns, please feel free to contact ExpertCare at (248) 643-8900.

## Open House

Sunday, October 23rd  
12pm - 3pm

- See the **new home** of **Karen Faith, LLC** and **Elements Every Day**.
- Meet class instructors:
  - **Mindy Eisenberg**, MHSA, C-AIYT
    - Mindfulness & Movement
  - **Susie Fenster**, LMSW, CDP
    - Therapeutic Art
  - **Julie Ohana**, LMSW
    - Culinary Art Therapy
- Get **first access** to, and **discounts** on, all November classes.

THIS EVENT IS FREE AND OPEN TO THE PUBLIC.

248.973.6030

7399 Middlebelt Road - Suite 4  
West Bloomfield, MI 48322

Karen Faith, LLC





## Employee Milestone Anniversaries

We would like to recognize and congratulate the employees below for reaching a milestone anniversary in October.

15 Years

Bernice Chene



10 Years

Rand Gabbara



5 Years

Jessica Jordan  
Hafsa Muhammad  
Darnell Carter  
Tammy Gee  
Andrea Johnson

Thank you for demonstrating a continued commitment to ExpertCare and the clients we service. You make a difference!



## Reach Your Financial Dreams & Goals!

We all have dreams and goals for our lives. Let OLHSA help you do the work to make those dreams a reality. Our INTERACTIVE webinar will provide you with information and tools to help you set and reach your financial dreams!

### Setting Financial Goals Webinar November 12, 2022 • 2:00-5:00 PM

This is a hands-on workshop that will help you identify the steps you can take to set AND reach your financial goals. Learn how to set manageable goals and utilize a budget so you can reach them. Tools are provided, and we walk you through using them.

We recommend you have 5-10 pieces of paper, a pen/pencil, and calculator available to use on the day of the workshop. Copies of activities will be emailed to you to review prior to the workshop.

Once you register you will receive an email with additional details. The link to the Zoom webinar will be emailed 2 business days prior to the webinar. Must be a Livingston or Oakland County resident to attend.

To register please visit: <https://www.olhsa.org/en-us/events/reaching-your-financial-goals>.  
Or call 248-860-7845



A Community Action Agency

OLHSA is a HUD approved agency.



This year I am thankful  
for \_\_\_\_\_.

### 5 reasons gratitude is good for you

1. Gratitude can improve your relationships.
2. Gratitude can improve productivity and performance.
3. It can help you sleep better.
4. It can help your heart.
5. It can help you cope with stress and boost your mental strength.

Visit <https://www.onemedical.com/blog/healthy-living/gratitude> for more!

WHAT ARE YOU  
THANKFUL FOR?



### 5 quicks reasons to be grateful

1. Your Family
2. Your home
3. Close friends
4. A good night's sleep
5. Weekends

**What are you grateful for?**

Visit <https://www.shutterfly.com/ideas/things-to-be-thankful-for/> for more!

YOUR  
WORDS

MATTER

	INSTEAD OF...	TRY
	Be quiet.	Can you use a softer voice?
	What a mess!	It looks like you had fun! How can we clean up?
	Do you need help?	I'm here to help if you need me.
	I explained how to do this yesterday.	Maybe I can show you another way.
	Do I need to separate you?	Could you use a break?
	Stop crying.	It's okay to cry.
	Do you have any questions?	What questions do you have?
	You're OK.	How are you feeling?
	It's not that hard.	You can do hard things.
	We don't talk like that.	Please use kind words.

WE ARE  
TEACHERS

**TR Pizza and Movie Night**  
Friday, November 4, 2022 at 6p  
(Also December 2)

Clintonwood Park  
6000 Clarkston Road, Clarkson, MI 48348

Enjoy an evening with your friends for a favorite movie and some delicious pizza. This program is for persons, ages 14+, with cognitive disabilities, with or without physical impairments. Call 248-625-8223 to register. \$10. Hosted by Independence Twp Parks & Recreation. Saturday, November 5, 2022 (first Imagine Theatre Showing of the Day)

**Imagine Theatres Sensory Friendly Movie Screening**  
The Following Imagine Movie Theatres (Imagine Birch Run, Imagine Canton, Imagine Hartland, Imagine Macomb, Imagine Novi, Imagine Rochester Hills, Imagine Saline, Imagine Woodhaven, Quality 10 Powered by Imagine)

This movie is open to friends, families, children and teens with sensory needs along with their supporters. Lights up a bit, sound down a bit. If your child needs to get up, move, dance, sing.... No problem. Guests are welcome to bring a safe snack for any food allergies or food avoidance/restrictions. First Showing of the Day. Check theaters for showtimes. Tickets are available at the box office, online at [Imagine-Entertainment.com](http://Imagine-Entertainment.com). **FEATURED MOVIE – Black Adam**

**RARA Diner's Club**  
Monday, November 7, 2022 from 5:15-6:30p  
(Also December 5)

Select Rochester/Rochester Hills Area Restaurants  
This opportunity is designed to support persons with special needs. Participants pay for their own meal, beverage, and tip. **PRE-REGISTER EARLY** as spots are very limited and so that we have enough assistance and space reserved in the restaurants. Exact restaurant choices will be announced at a later date. 14+ Years. \$6 per participant. To register, visit [www.rararecreation.org](http://www.rararecreation.org).



**Friday Frolic Dance**  
Friday, November 11, 2022 from 7p-9p  
(Also December 9)

Troy Community Center  
3179 Livernois Rd, Troy, MI 48083

Dancing with DJ with a fun holiday theme and refreshments. \$6 admission via punch card. The Friday Frolic Punch Card costs \$36, is good for 6 admissions, and can only be used for Friday Frolic Dances. For more info, visit [rec.troymi.gov](http://rec.troymi.gov).



**OUCARES After Hours Adult Social**  
Tuesday, November 15, 2022 at from 6p-9p

Oakland University Oakland Center  
(Lake Michigan Room)

This is a support group for adults with the diagnosis of Asperger's, High Functioning Autism or PDD/NOS. Come join us for pizza, conversation, cards, games, and fun! No registration required, come when you are able. Ages: 18+ yrs. No cost for this program. For more info, visit [www.oakland.edu/oucares/](http://www.oakland.edu/oucares/)

**RARA Movie Night Out**  
Wednesday, November 16, 2022 (Also December 14)

Imagine Theatre Rochester Hills  
200 Barclay Circle, Rochester Hills

Hosted by RARA Recreation. Enjoy a movie with your friends at the theater one Friday a month. You will pay for your own ticket and concessions. Plans are based on the current theater schedule. You must pre-register so that enough assistance is provided and space reserved. Ages 14+. Fee is \$6 for residents & non-residents. Register via [RARAREcreation.org](http://RARAREcreation.org).

**Movie/Pizza Night**  
Friday, November 18, from 5:30p-7:30p  
(Also December 16)

RARA Recreation  
500 E Second Street, Rochester, Michigan 48307

Hosted by RARA Recreation. Enjoy a movie and a pizza snack with friends one Friday a month. This opportunity is designed to support persons with special needs. Supervised event. Ages 14+. Fee is \$17 for residents and \$20 non-residents. Register via [RARAREcreation.org](http://RARAREcreation.org).

## GETTING TO KNOW THE EXPERTCARE OFFICE STAFF

We thought it would be nice to introduce ourselves and tell you a little bit about each of our office staff. Each month we will feature a new interview with someone from our office.

### MEET TABITHA HELSEL



**ECare: What is your job title and role at ExpertCare?**

**Tabitha:** Therapist Recruiter, hiring Therapists for the skilled team

**ECare: How do you enjoy spending your time outside of work?**

**Tabitha:** I love to read; my favorite author is Colleen Hoover. I also have a couple nice cameras for photography. I enjoy portrait photography most.

**ECare: Would you rather be a tiny elephant or giant hamster and why?**

**Tabitha:** Tiny elephant. I'm afraid of hamsters and other small furry animals like ferrets, mice, squirrels etc. So, no thanks on the giant hamster.

**ECare: If you could choose a superpower what would it be?**

**Tabitha:** I would choose to have psychic abilities so I could do readings for people.

**ECare: Share with us something new that you have learned in the last year.**

**Tabitha:** I taught myself how to use Adobe Lightroom to edit my photos by practicing and watching YouTube tutorials.

**ECare: What's an accomplishment that you're most proud of?**

**Tabitha:** I graduated college with a degree in Social Work as a single Mom, while working full-time.

**ECare: What's the best advice you have received?**

**Tabitha:** "Do the best you can until you know better. Then when you know better, do better." – Maya Angelou

**ECare: Share with us any hidden talents that you have.**

**Tabitha:** My dad was a Karate Instructor growing up, so I have a green belt in Tang Soo Do.



ExpertCare is currently accepting nominations for families in need of a holiday meal this Thanksgiving or Christmas season.

If you know of an ExpertCare family or Caregiver family in need, please email the nominations to Andrea McKay-Snow at [staffing@expertcare.com](mailto:staffing@expertcare.com)

We do have a limited number of spots, but we are looking to help as many families as our resources allow.





## USA TODAY ANNOUNCES AMERICA'S THANKSGIVING PARADE® AS BEST HOLIDAY PARADE IN AMERICA FOR SECOND YEAR IN A ROW!!

America's Thanksgiving Parade® presented by Gardner White has been named as the Best Holiday Parade in America by the 2019 USA TODAY 10Best Readers' Choice Awards. Detroit's iconic Thanksgiving parade also received this remarkable award in 2018. Produced by The Parade Company, America's Thanksgiving Parade presented by Gardner White is broadcast in more than 185 television markets across the country and just celebrated its 93<sup>rd</sup> year on storied Woodward Avenue where nearly one million people gather each Thanksgiving Day.

"We are elated and incredibly honored to have America's Thanksgiving Parade presented by Gardner White named as the Best Holiday Parade in America by USA TODAY 10Best Readers' Choice Awards again this year," said Tony Michaels, president & CEO of The Parade Company. "Our remarkable team works tirelessly to create a world-class parade for the millions of Detroiters and viewers watching across the country. We are also fortunate to have great sponsors and partners who help us celebrate Detroit in the national spotlight." Nominees for USA TODAY 10Best Readers' Choice Awards were selected by a panel of experts and voted on by the public. **USA TODAY's announcement may be found here:** <https://www.10best.com/awards/travel/best-holiday-parade-2019/>.

America's Thanksgiving Parade presented by Gardner White is featured annually on WDIV-Local 4, including a one-hour syndicated national broadcast reaching more 185 major cities across the country. News/Talk 760 WJR's Paul W. Smith and WOMC's Stephen Clark and JoAnne Purtan also broadcast parade day shows. America's Thanksgiving Parade® presented by Gardner White is one of the country's largest and most spectacular Parades in the United States! Every November something magical happens on Detroit's historic Woodward Avenue, a holiday tradition that dates back to 1924.

Every year, hundreds of thousands of Parade spectators line historic Woodward Avenue Thanksgiving morning to watch the larger than life floats, colorful helium-filled balloons, thunderous marching bands, and exciting specialty acts! The Parade is televised live locally on WDIV Local 4 with a syndicated national potential reach of over 65 million households! Radio coverage begins with "A Prelude to The Parade" hosted by Paul W. Smith on News/Talk 760 WJR at 6 a.m. and runs until 9:30 a.m. The LIVE play-by-play of The Parade begins on 104.3 WOMC from 10 a.m.- 12 p.m. The Parade kicks off from the corner of Kirby and Woodward at 8:45 a.m. on Thanksgiving morning with the live broadcast on WDIV Local 4 at 10 a.m. and online at [www.clickondetroit.com](http://www.clickondetroit.com).

## LOOK WHO'S TALKING

### OCTOBER CAREGIVER OF THE MONTH

#### AMANDA GLIDEWELL



**ECare:** What made you decide to become a Caregiver?

**Amanda:** What made me become a caregiver is the love I have for taking care of people. I also grew up with two aunts that have special needs one of them having Down syndrome.

**ECare:** What have you always wanted to try and never did?

**Amanda:** What I have always wanted to try but never did was become a nurse. I let my disability of dyslexia scare me away from going to school for it.

**ECare:** What is the most rewarding experience you have had as a Caregiver?

**Amanda:** The most rewarding experience I have had in the 9 year of being in the caregiver world is watching my consumer grow into successful adults and having more confidence in themselves.

**ECare:** What do you do for fun?

**Amanda:** What I do for fun is hang out with my kiddos and husband and go shopping .

**ECare:** What are three foods you can't live without?

**Amanda:** 3 foods I can't live without is pizza, salad, and tacos.

**ECare:** What is your best piece of advice for other Caregivers?

**Amanda:** The best piece of advice I can give to other caregivers is to care and love for your consumers the way you care and love your family and treat them as if they were your child.

**ECare:** What is the first concert you attended:

**Amanda:** My first concert I ever went to was a Kid Rock concert.

**ECARE:** What have you learned from your Caregiving experience that has helped you in other aspects of your life?

**Amanda:** What I have learned in the past 9 years in the caregiver world that has helped me in other aspects of my life is to always be patient, kind and always show the real you . For me it was hard to show everyone I had a big heart because I was sick of it getting hurt all the time .

Amanda has proven to be a hard-working and trustworthy caregiver in the short amount of time she has been working with ExpertCare. She is being recognized for always going the extra mile to help her recipient succeed.

Amanda has been described by internal staff as being reliable, warm-hearted and determined to help her recipient reach her goals. Per the recipient family, they've never had staff that has connected so well with their daughter, and she's been one of the best caregivers she's had over the past 12 years of receiving services through ExpertCare!

Amanda has been successful at showing her recipient unique strategies to redirect and use calming techniques during challenging moments. Amanda takes such passion and interest in her recipients to make sure they believe in themselves. We are grateful to have Amanda as staff and look forward to seeing her shine in her caregiving career.

ExpertCare truly appreciates everything she does and is very proud to have her represent ExpertCare in the field. Thank you for your hard work and dedication in changing the lives of others.

Thank you for demonstrating ExpertCare's core values of:  
Helping People Succeed  
Passion for Success  
Can Do Attitude

