

OCTOBER 2022

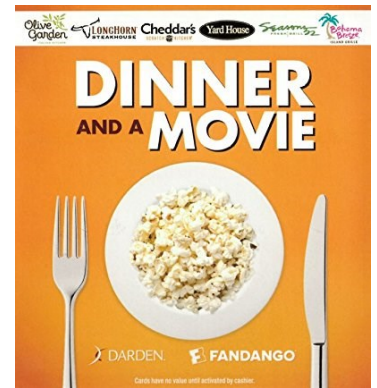


OCTOBER GIVEAWAY

ECare wants to treat one lucky Care-giver to dinner and a movie this month. We will draw one winner at random, stay tuned next month to see the winner!

Inside This Issue

- 1 October Giveaway / September Winner
- 2 The Tick or Treat Trail
- 3 Halloween Craft Vendor Show
- 4 HBP Control
- 5 Trunk or Treat
- 6-8 OCHN Youth Help
- 9 Nature Education Programs
- 10 Kids Candy Crawl / HHA Refresher Training
- 11 Halloween Fun Fest
- 12 Neighbor-Haunt / Roseville Trunk or Treat
- 13 Eastpointe Trunk or Treat
- 14 Day of the Dead Festival / Chic and Unique
- 15 Harvest Fest
- 16 Halloween at the Crocker House
- 17 Milestone Anniversaries / Halloween Pop-Up Vendors
- 18 Romeo Screech Fest
- 19 Employee Spotlight / Trick or Treat Safety Tips
- 20 Special Needs Resource Fair / Cookies N' Dreams
- 21 Senior Fun Festival / Debt Webinar
- 22 Friday Night Dance Parties
- 23 Fall Book Fair
- 24 Sensory Friendly Movies / Dance and more...
- 25 Movie Night / Halloween Events and more...
- 26 Special Needs Group / September Caregiver of the Month



CONGRATULATIONS TO SEPTEMBER WINNERS ALEC GORMAN & JANICE CALLEN WE HOPE THE GAS GIFT CARD HELPS.





Brownstown Parks & Recreation  
invite you to attend!



# THE Trick or Treat



## TRAIL

Location: Event Center Trails , 23345 King Rd

Date: Sunday, October 16

Time: 1-4 p.m.

Fee: Free!



Local Businesses and volunteer groups will be handing out goodies, so please bring a bag. Crafts and treats in the Event Center after you have completed the trail.

For more information please call 734-675-0920

# HALLOWEEN CRAFT AND VENDOR MARKET ELKS

31117 Plymouth Rd.  
Livonia, MI. 48150  
October 8, 2022

10 am - 3 pm



Come shop with our Vendors you will find Scentsy, Snappy's, Origami Owl Inspired items, Build A Bracelet, Paparazzi, Colorstreet, Mary Kay, T Shirts, Mugs. Jr. Entrepreneurs, Baked Goods and so much more!

*\*Visit 8 Ft tall Jack Skellington from Noon to 2 pm\**

*\*Trick or Treating at the Vendor Tables Noon to 2 pm\**



**\$2 Admission  
kids are free**



**\*Raffles\*Food\*Fun**



*Interested in a spot or other events please message Barb ,or Vikki at 313-686-4141 or email joyful123@wowway.com*

<https://www.facebook.com/CraftandVendorMarketsinMichigan>



# HBP CONTROL

## A HYPERTENSION SELF-MANAGEMENT PROGRAM

### Helping you take charge of your health!

HBP Control will help you build skills and tools to manage your hypertension (high blood pressure) and live a healthier life. It is a fun, interactive, eight week workshop led by certified leaders.

### ***Distance Learning***

**Where:**

Zoom Video Conference  
*(requires a computer or  
device with internet access)*

**When:**

Tuesdays at 6:00 - 7:30pm

**Sessions 1-8:**

October 25, November 1, 8,  
15, 29, December 6, 13, 20

**To register:**

Visit [www.nkfm.org/HBPC](http://www.nkfm.org/HBPC)  
or call 734-222-9800.

This workshop is offered at  
no cost to participants. You  
will get a free blood pressure  
monitor.

### **Learn how to:**

- Monitor your blood pressure
- Cope with stress
- Make healthy food choices
- Create a physical activity plan
- Manage your medications
- Keep personal action plans – and more

NKFM is committed to providing access, equal opportunity and reasonable accommodation in its programs. To request accommodation contact the PATH team at least ten days in advance at: 800-482-1455 or e-mail at [PATHPrograms@nkfm.org](mailto:PATHPrograms@nkfm.org).



During registration, please indicate if you need special accommodations in order to participate. Since this is a full six-week workshop, new participants are unable to join after week 2.

National Kidney Foundation of Michigan | 2022 | 800-482-1455 | [www.nkfm.org](http://www.nkfm.org)  
For other wellness programs in Michigan, visit [www.mihealthyproms.org](http://www.mihealthyproms.org).

This workshop was supported, in part by grant number 90CS5G0051, from the Administration for Community Living, U.S. Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.



*Inclusive Event for our Special Needs Community*

# TRUNK OR TREAT

**Friday Oct 28th, 2022      5-7pm**

38257 Mound Rd, Building D Parking Lot  
Sterling Heights, MI 48310

Join in the Fun anyway you like!

- Dress Up, Trick-or-Treat
  - Decorate your Vehicle & Pass out Candy
  - Donate Candy
- ~Prize for Best Decorated Car~*

Reserve your spot at [MatthewsMightyMission.com](http://MatthewsMightyMission.com)

*Inclusive, Accessible & Open to All!*

- ~Our Clinic & Sensory room will be open for those who need to take a break
- ~Low stim, fun & festive environment!
- ~Event run by Certified Recreational Therapists monitoring individuals needs (sound reducing headphones, calming items etc.)

Light Show donated by BPM Mobile Entertainment, LLC



*We are a 501c3 non-profit providing therapeutic programming to our special needs community*

[mathewsmightymission.com](http://mathewsmightymission.com)  
[mathewsmightymission@gmail.com](mailto:mathewsmightymission@gmail.com)

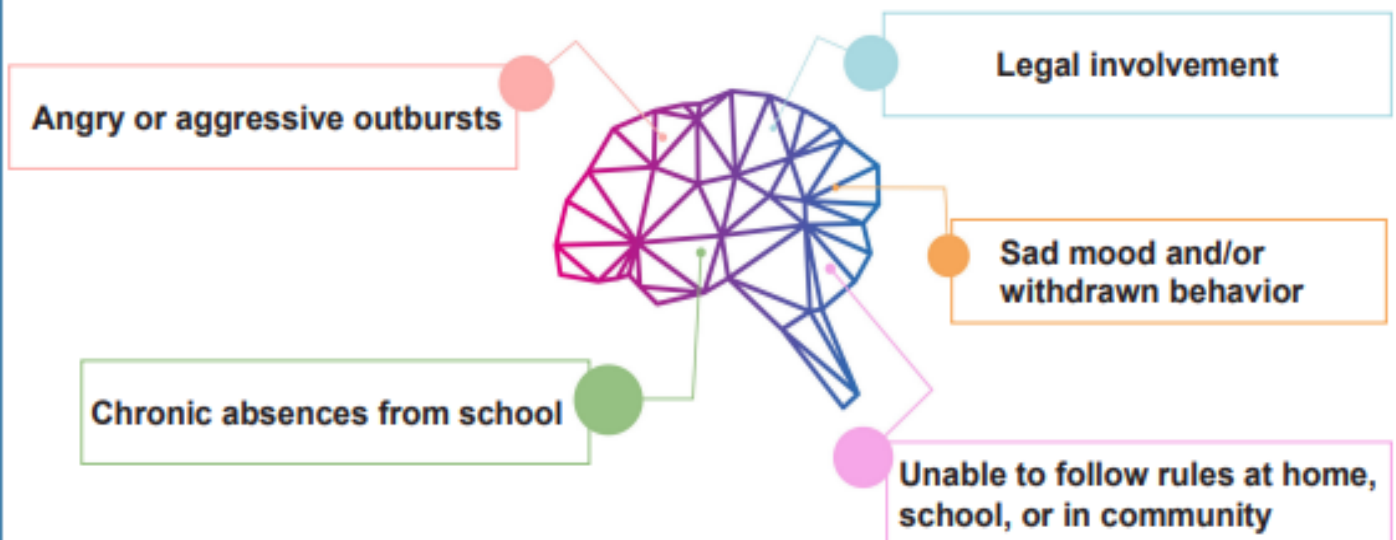
586-212-2671



# OAKLAND COMMUNITY HEALTH NETWORK

## Is Your Child Displaying Concerning Behaviors?

Oakland Community Health Network (OCHN) offers a free program that uses a brief self-report screening tool for children and youth (6-17 years), who may display concerning behaviors, including:



**The goal is to connect your child/youth and family to beneficial services and resources. Next steps involve:**

1. A confidential one-on-one meeting with your child/youth.
  - You choose where the meeting takes place (school, court, OCHN office)
  - An age-appropriate screening tool will be completed. For more information, please see the back page
  - Accommodations, such as translator, deaf interpreter, are available
2. A conversation with the parent/guardian about the needs of your family.
3. Based on your feedback and results of the screening tool, you will receive customized recommendations for beneficial services and resources.

Following the recommendations is up to your discretion.



## Free Program for Children and Youth between 6 - 17 years of Age

A grant funded program by the Michigan Department of Health and Human Services.



### Screening Tools

*Pediatric Symptom Checklist (PSC):* For children, ages 6 -11 years. Total of 35 statements with answer choices of "never," "sometimes" or "often."



*Massachusetts Youth Screening Instrument (MAYSI-2):* For youth, ages 12 - 17 years. Total of 52 questions with "yes" and "no" answers.

### Customized Recommendations

You will receive customized recommendations over the phone and in writing. A Release of Information is available, if you would like us to share the recommendation with the referral source.



### Short-term Support for Families

You will receive a follow-up call after the first and sixth month to ask additional questions or receive more resources if needed.



### Connection to Community Programs and Resources

Participation in Community Programs and Resources can help decrease concerning behaviors. Referrals can include counseling, extra-curricular activities, mentoring, parent and/or peer support, transportation, etc.

Eligible children/youth, who need more intensive services, can be connected to a mental health provider of your choice within OCHN's provider network. Services can include but are not limited to: Community living support, medication management, medication case review, mental health therapy, respite services, substance use services, wraparound, and more.

**Contact OCHN's Mental Health and Juvenile Justice Coordinators for more information:**

**Ashley Sansom**

**248.464.6342**

**Amanda Palmer**

**248.975.9685**



Oakland Community  
Health Network

Developmental Disabilities • Mental Health • Substance Recovery

# OAKLAND COMMUNITY HEALTH NETWORK

OAKLAND COUNTY'S PUBLIC MENTAL HEALTH SYSTEM



## School Mental Health Navigator Program

The Oakland Community Health Network's (OCHN) Mental Health School Navigators (MHSN) provide mental health and substance use outreach and resources to Oakland County schools.

MHSNs connect youth and families to behavioral health and substance use supports, as well as financial assistance.

### PROGRAM GOALS:

- Reduce barriers to mental health and substance use services
- Increase awareness about service availability
- Provide support and guidance to children, adolescents, and families
- Identify income-based financial assistance and insurance co-pay benefits



Oakland Community  
Health Network

Developmental Disabilities • Mental Health • Substance Recovery  
5505 Corporate Drive, Troy, MI 48098  
oaklandchn.org | 248-858-1210

For more information about the School Mental Health Navigator Program please call 248-462-6294 or email [SchoolNavigator@oaklandchn.org](mailto:SchoolNavigator@oaklandchn.org)

INSPIRE HOPE, EMPOWER PEOPLE, AND STRENGTHEN COMMUNITIES



# FALL 2022

## Nature Education Programs

**OAKLAND COUNTY PARKS**

Great Parks for Great People

OaklandCountyParks.com   

**Must-know information for all programs:** Programs may take place outdoors or have an outdoor component. Dress for the weather. Outdoor attire, bug spray and sunscreen are recommended. In case of inclement weather, programs may be cancelled or rescheduled. Please be patient as COVID-19 guidelines and protocols are subject to change. At this time, masks are no longer required but are available onsite if you would like one. For current COVID-19 practices, please contact the nature centers directly.



### INDEPENDENCE OAKS COUNTY PARK

9501 Sashabaw Road  
Clarkston, MI 48348  
248-625-6473

Pre-registration with payment required.  
Call 248-858-0916 weekdays.  
No weekend registration.

### Trail Hikes by Appointment

**Fridays: Oct. 7; Nov. 11; Dec. 9**

**Time slots available: 10 a.m. and 2 p.m.**

Call to set up a **FREE** personal, naturalist-guided nature hike. Participants will learn about seasonal topics while getting some exercise and enjoying the great outdoors. Up to three family groups will be admitted per time slot. No pets.



### Exploring Natural Dyes



**Saturday, Oct. 8, 11 a.m.-12:30 p.m.**

We will explore how to create dye using natural materials and create a range of colors with just a few ingredients from the forest and the kitchen! Everyone will get a piece of fabric to dye and take home. Ages 10 and up. **\$8/person.**

### Puddle Jumper Series

**Fridays: Oct. 14, Nov. 11, Dec. 9: 10:30-11:30 a.m.**

**Topics: Oct.: Spiders Nov.: Turkeys Dec.: Winter**

Children ages 3-6 can have some nature fun as they increase their love for the great outdoors. A naturalist will engage children with a story, nature talk and a related activity. Each child will also make a craft to take home. **\$4/child.**



### The Art of Nature

**Saturday, Oct. 15, 10 a.m.-Noon**

A nature walk will inspire us to notice the colors and shapes of our beautiful surroundings. We will discuss the symmetry and patterns we see as we explore the outdoors. After our walk, we will sketch and paint our own piece of nature to take home. Ages 10 and up. **\$5/person.**



### Nature Detectives Series

**Saturdays: Oct. 22, Nov. 19, Dec. 17: 11 a.m.-Noon**

**Topics: Oct.: Fall Colors Nov.: Wildlife Survival Dec.: Animal Tracking**



Children ages 7-10 will go hiking and exploring outside to learn about how plants and animals transition into survival mode to prepare for the winter months. We will observe and witness the changes among the trees and be detectives to learn about how the animals are preparing for the winter. **\$4/child.**

### Cryptid Hike

**Saturday, Oct. 29, 5-6:30 p.m.**

Have you ever wondered about the mythical creatures that lurk in Michigan's forests? Have you ever seen something out of the corner of your eye while on a walk? Join one of our naturalists on a hike to learn about Michigan myths and folklore. Meet at the nature center and wear good walking shoes, bug spray and weather appropriate clothes. **\$6/person.**



### Kids Holiday Mini Camp



**Saturday, Dec. 10, 10 a.m.-1 p.m.**

Kids, come to the nature center for a morning of holiday fun! This is a Kids-Only Event, so leave your parents at the door. This program will consist of learning about animal adaptations, games and making a holiday gift for someone special. This program is suitable for ages 5-10 years old. A release form is required with registration. **\$15/child.**

### PROGRAM REGISTRATION

**Preregistration with payment is required for all nature center programs.** Park entry fee waived if registered by end of business day prior to event. No walk-ins are allowed at this time. There is no refund for advance payment unless program is cancelled.

**Register and pay:** Visa, Mastercard, Discover and American Express are accepted. Call 248-858-0916 to register during regular business hours or call the nature centers during open hours.

Programs take place rain or shine. Dress for the weather as programs may be held outdoors. Programs will be cancelled if weather is inclement.

# WYANDOTTE KIDS CANDY CRAWL

Downriver Council  
for the ARTS  
SATURDAY  
OCTOBER 8, 2022  
81 CHESTNUT ST. WYANDOTTE, MI.  
1PM - 4PM

TRUNK OR TREAT  
AND  
HALLOWEEN  
ARTS & CRAFTS

## HHA eXchange



Have questions regarding the HHA app? Each month ExpertCare will be holding open HHA training sessions. If you need any help navigating the app or have questions, please attend one of the sessions listed below.

Wednesday, October 5th  
at 2pm

Thursday, October 18th at  
12pm

Please call our office to get scheduled for a refresher course. If you are unable to attend any of the sessions listed, call the office and we will answer your questions or work to schedule a different time. Keep an eye out for the training sessions for November in the November newsletter!

# HALLOWEEN FUN FEST

Sunday, October 23  
Veteran's Memorial Park

32400 Jefferson

TRICK OR  
TREATING  
FOR THE  
KIDDIES!

THANK YOU  
St. Clair Shores  
Activities  
Committee!

**WRISTBANDS  
\$2 EACH**

Must show proof of  
residency.  
PAID ENTRY IS  
REQUIRED FOR ALL.

CALL  
586-445-5350  
FOR MORE  
DETAILS.

- Vendors will be spaced out along the path
- Only 300 wristbands will be sold for each of the following timeslots:  
1:00-1:30, 1:30-2:00, 2:00-2:30, 2:30-3:00, 3:00-3:30, 3:30-4:00
- Wristbands must be pre-purchased at the Parks and Recreation office located inside the Civic Ice Arena (20000 Stephens)
- NO RAIN DATE. Refunds only available if event is cancelled. Wristbands must be submitted to Parks and Recreation for refund
- Bags will not be provided

**PETTING ZOO AND  
FREE CIDER AND DONUTS!**

**AGES, 12  
& UNDER**

Accompanied  
by an adult

Clinton Township area

# “NEIGHBOR-HAUNT”



**HALLOWEEN YARD  
DISPLAY TOUR**



**2022 SCHEDULE:**

“FULL TOUR” **OCTOBER 22RD 7:00-10:00PM**

“LIGHTS-ON” FOR Many DISPLAYS **OCTOBER 23 THRU 30**

**3RD ANNUAL  
FREE**

**MUSIC**



**CANDY**



**FUN FOR  
ALL AGES**

**CIDER AND  
DONUTS**



**SUNDAY, OCTOBER 23, 2022**

**12:00 PM TO 2:00 PM**

Live Rite Recovery Resource Center  
27700 Gratiot Ave Roseville MI, 48066



**\*\*WE NEED VOLUNTEERS TO SET UP TRUNKS! EMAIL [KIT@LIVERITECORP.ORG](mailto:KIT@LIVERITECORP.ORG) TO SIGN UP**

Social Club Presents

# Trunk or Treat

October 22nd 11am-2pm

FREE for all ages



**Live DJ - Games - Candy - Raffles**

15800 E 10 Mile Rrd. Eastpointe, MI 48021

[socialclubmi.com](http://socialclubmi.com)

Want to join the fun and decorate a car - please email  
[katstrong@socialclubmi.com](mailto:katstrong@socialclubmi.com)

# DAY OF THE DEAD Fiesta!

**Sin Costo -  
FREE Admission**

**Fun for EVERYONE  
Family-Friendly**

**Food Trucks!**



**Businesses and  
Vendors**

**Local Organizations**

**DISPLAYS!**

**PERFORMANCES BY  
LOCAL ARTISTS**

**October 15, 2022**

**Saturday - 1pm to 6pm**

**Roskopp Parking Lot (Nearby Anton Art Center)  
Mt. Clemens, MI - Downtown**

For more information, contact us -

On Our Facebook Page, Email: [g\\_guevara2@yahoo.com](mailto:g_guevara2@yahoo.com), or Call: 586-215-9146 (between 9am to 6pm)



**Chic and Unique  
VINTAGE  
MARKET**

**October 23, 2022**

**11am-4pm**

**Packard Proving Grounds  
49965 Van Dyke Road  
Shelby TWP, MI**

**SAVE  
THE DATE!**

Macomb  
County

# Harvest Fest

A Family-fun Event

**OCTOBER 22 & 23**

Freedom Hill County Park Sterling Heights

Macomb  
County

# Harvest Fest

A Family-fun Event



**Come in  
Costume!**

October 22 & 23  
Freedom Hill Park  
Sterling Heights

Trick or Treating Stations • Princesses & Superheroes  
Hayrides • Inflatable Zone • Outdoor Movies & Cartoons  
Pumpkin Carvers • Live Music & Magic • Fun Games  
Photo Opportunities • Face Painters • and more...

**Enjoy Food Trucks!**



to benefit the MACOMB COUNTY FOOD BANK!

[www.macombcountyharvestfest.com](http://www.macombcountyharvestfest.com)



MACOMB COUNTY HISTORICAL SOCIETY PRESENTS



# HALLOWEEN

AT THE CROCKER HOUSE

A PLACE SO SPOOKY IT HAD TO BE MOVED...TWICE!



6-10 PM FRIDAY, OCTOBER 21ST

15 UNION ST., MT. CLEMENS, MI. 48043

- GHOST HUNTING WITH PARANORMAL INVESTIGATION TEAM
- EXHIBITS FROM THE ANATOMY OF DEATH MUSEUM
- SEASONAL TREATS & BEVERAGES
- FOLKLORE & TALL TALES
- SPOOKY CANDLELIT TOURS OF THE MUSEUM
- CELEBRATION OF VINTAGE BIESTLE HALLOWE'EN DECORATIONS







*Employee Milestone  
Anniversaries*

*We would like to recognize and  
congratulate the employees  
below for reaching a milestone  
anniversary in September.*



15 Years  
*Ida Treadway*



10 Years  
*Taisha Smith*

5 Years  
*Michele Hatfield  
Kenya Berryhill  
Sofie Rowland  
Rachel Belkowski  
Debra Fittrakis  
LaQuetta Beam*

*Thank you for demonstrating a  
continued commitment to  
ExpertCare and the clients we  
service. You make a difference!*



# Outdoor Halloween Pop-Up Vendor Shop

**Athena Hall**  
**25650 Gratiot Ave,**  
**Roseville, MI 48066**  
**October 15, 2022**  
**10 am - 3 pm**



**Come shop with our amazing Crafters and Vendors!**

**10 x 10 spots bring your own tables and chairs \$40 you can setup by your vehicle if interested message Barb or Vikki at 313-686-4141 (text only) or email joyful123@wowway.com**

**\*Trick or Treating at the Vendor tables Noon - 2 pm\***

**\*See 8 foot tall Jack Skellington from Noon-2 pm\***



**Raffles\*Food\*Fun**



**To follow or interested in other events please visit us at  
<https://www.facebook.com/CraftandVendorMarketsinMichigan/>**

# DOWNTOWN ROMEO SCREECH FEST



WEEKENDS IN OCTOBER 2022

*SHUTTLE BUS*

*HAUNTED HOUSE DIRECTORY*

*HORSEDRAWN WAGON RIDES*

*ART & WINE WALK 7TH ANNUAL*

*TRICK OR TREATING ON MAINSTREET*

*TERROR ON TILSON STREET*

*SERVE SCAVENGER HUNT*

*WITCHES & WARLOCKS NIGHT OUT*

*PUMPKIN CARVING*

*HAUNTED HOUSE @ MASONIC LODGE*

*RDL STORY WALK "CREEPY CARROTS"*

*HISTORY AND HAUNTINGS STORYTELLING  
WAGON RIDES WITH THE MONDAY CLUB*

SCAN QR CODE FOR DETAILS



Programs and websites mentioned within this newsletter are for the sole purpose of providing information of interest. ExpertCare Management Services does not endorse these websites, the content, and/or programs mentioned. ExpertCare takes no responsibility for loss or damage suffered as a result of using the information contained in these websites or participation in the aforementioned programs and events.

## GETTING TO KNOW THE EXPERTCARE OFFICE STAFF

We thought it would be nice to introduce ourselves and tell you a little bit about each of our office staff. Each month we will feature a new interview with someone from our office.

### MEET TORI BAKEWELL



#### **ECare: What is your job title and role at ExpertCare?**

**Tori:** Speech Therapy Supervisor, assisting the other Speech Therapists and also seeing my clients.

#### **ECare: How do you enjoy spending your time outside of work?**

**Tori:** Visiting family and friends and hitting the parks and trails with my dogs.

#### **ECare: Would you rather be a tiny elephant or giant hamster and why?**

**Tori:** Tiny elephant, I feel like more people would be scared of a giant hamster but a tiny elephant would just be cute.

#### **ECare: If you could choose a superpower what would it be?**

**Tori:** Flying, plane tickets cost too much and I love to travel.

#### **ECare: Share with us something new that you have learned in the last year.**

**Tori:** I did some more sewing and learned to make some baby items for my nieces.

#### **ECare: What's an accomplishment that you're most proud of?**

**Tori:** I went on a solo trip to Spain and France!

#### **ECare: What's the best advice you have received?**

**Tori:** Give it a day to see if it's still a big deal to you.

#### **ECare: Share with us any hidden talents that you have.**

**Tori:** I'm working on becoming a certified therapeutic riding instructor. I teach horseback riding lessons on Monday nights!

## Trick-or-Tricking Safety Tips:

We hope you have a fun and safe time trick-or-treating this year! Here are a few simple things you can do to protect yourself and your little ones on the night of Halloween:

1. Carry glow sticks or flashlights, use reflective tape or stickers on costumes and bags, and wear light colors to help kids see and be seen by drivers.
2. Join kids under age 12 for trick-or-treating.
3. Slow down and be alert! Kids are excited on Halloween and may dart into the street. Turn on headlights early in the day to spot kids from further away.
4. Remind kids to cross the street at corners or crosswalks.
5. When selecting a costume, make sure it is the right size to prevent trips and falls. Choose face paint over masks when possible. Masks can limit children's vision.





# Special Needs Resource Fair

October 8th  
10:30-1:00



**Woodside Bible Church**  
**6600 Rochester Road**  
**Troy**

Use the Student Entrance  
(around the right side of the building)

Free for vendors and attendees

## Questions?

[GregMcDougall@Woodsidebible.org](mailto:GregMcDougall@Woodsidebible.org)

248.710.1197

Your chance to connect with representatives from over thirty local agencies and be informed on services provided to those with special needs and their families.

You'll also be able to enjoy seeing some local micro business owners.



**SAVE THE DATE!**  
**Saturday, October 8**

12-3pm

# Cookies N' Dreams

## ON THE GO

The Friends of Camp-Mäk-a-Dream, Michigan Chapter is thrilled to bring back our "drive-thru" fundraiser, Cookies N' Dreams On the Go!

Please save the date Saturday, October 8th from noon to 3:00 PM for this one-of-a-kind way to support your favorite charity.

Pick up locations will be at Red Lotus Yoga in Rochester Hills and Orchard Mall in West Bloomfield. Invitations will be available online and by mail in September to reserve your Cookies N' Dreams On the Go goodies.

We'll be offering an ensemble of gourmet cookies from delectable local bakers, in our reusable Camp shopping bag; each bag will cost \$50. If you have questions, please email us at [info@campdreammich.org](mailto:info@campdreammich.org).

31ST ANNUAL **FREE!**

# Senior FUN FESTIVAL!

MACOMB COUNTY'S LARGEST SENIOR EXPO

**THURSDAY, OCTOBER 20**  
**9AM - 12PM**

**Lorenzo Cultural Center - Macomb Community College**  
**44575 Garfield Rd, Clinton Twp, MI 48038**

- Community Resources
- Entertainment
- Wellness Activities
- Raffle
- Health Screenings
- Refreshments & Snacks

Strolling Emcee **Mark Hackel, County Executive**



**macombgov.org/seniors**

Office of Senior Services • 586.469.5228

Proudly hosted by  
 Office of Senior Services



## Get Out of Debt!

### Financial Education Webinar Via Zoom

Do you have debt that you do not know how to get out from under? Are you struggling with large monthly debt payments? Join us for this informative webinar where we will discuss steps to properly identify all the information regarding your debt, and provide you with strategies to reduce and pay off your debt.

### Debt Reduction

**October 20, 2022 1:00 p.m. – 3:00 p.m.**

To register for this webinars, please visit:  
<https://www.olhsa.org/events>  
 Or call 248-860-7845



OLHSA is a HUD approved agency.





# Adaptive Recreation Friday Night Dance Parties


*Mission Statement: "To provide recreation and social opportunities for special needs individuals, their families and caregivers."*



**SEPTEMBER 30: RAH RAH FOOTBALL**  
WEAR YOUR FAVORITE FOOTBALL SHIRT!



**OCTOBER 21: HALLOWEEN DRESS UP**  
GET YOUR COSTUMES READY!



**DECEMBER 16: HOLIDAY PARTY**  
VISIT WITH SANTA!

**Special Needs Adults and Young Adults:**  
Come dance and enjoy the DJ! PRIZES! Free snacks, craft.  
No registration. Pay \$4 at the door. No charge for Caregivers; Caregiver must stay.  
Food available for purchase (Pizza slice \$1, Pop \$1)

*\*Note: Masks are not required at this time. Health dept. rules are subject to change.*

**ALL DANCES: 6-8PM • \$4 AT THE DOOR**  
**WASHINGTON CENTER / MUNICIPAL BLDG.**

57900 VAN DYKE, WASHINGTON, MI 48094

\*NORTH OF 26 MILE \*USE SOUTH DOOR

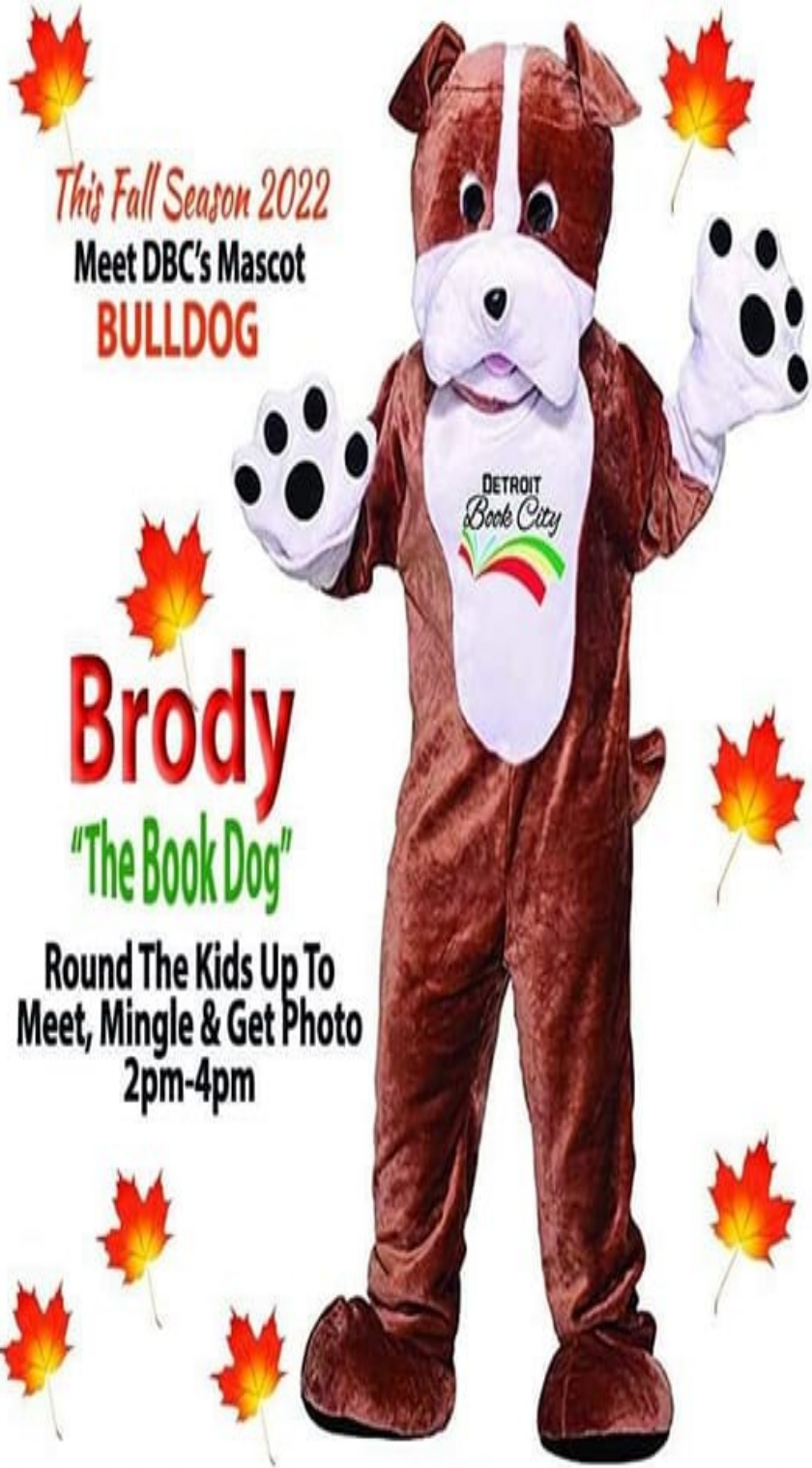
FOR QUESTIONS CALL: 586.752.6543 EXT1402

THANK YOU TO OUR SPONSORS:  
ROMEO KNIGHTS OF COLUMBUS,  
DEBRA LUX-ROLAND & ROMEO WENDY'S



ROMEO  
WASHINGTON  
BRUCE

**PR**  
Parks & Recreation



*This Fall Season 2022*  
Meet DBC's Mascot  
**BULLDOG**

**Brody**  
"The Book Dog"

Round The Kids Up To  
Meet, Mingle & Get Photo  
2pm-4pm



**4TH ANNUAL FALL FAMILY**  
**BOOK FAIR**

**SAT. OCT. 8, 2022**

**DOORS OPEN 12:30P - 5P**

**27204 W. 8 MILE ROAD SFLD 48033**  
(At Inkster Rd near Grand River Avenue)

**Get FREE tickets via Eventbrite:**

<https://FallBookFair2022.eventbrite.com>

[www.detroitbookcity.com](http://www.detroitbookcity.com)



**FALL INTO LITERACY**



An exclusive Fall event to promote, preserve and sustain literacy in Metro Detroit...

## DNR Sensory Friendly Sundays



Sunday, October 2, 2022 from 10a-noon  
DNR Outdoor Adventure Center  
1801 Atwater Street, Detroit, MI 48207

Enjoy the opportunity to explore and experience the Outdoor Adventure Center with building sounds and ambient noises at a lower volume. During your visit there will be a quiet room with sensory materials available to use. In October, DNR OAN are celebrating the season with extra goodies. Dress up in your Halloween costume or festive Fall shirt. For more info, please visit [www.michigan.gov/oac/visit#Accessibility](http://www.michigan.gov/oac/visit#Accessibility).

## RARA Diner's Club



Monday, October 3, 2022 from 5:15-6:30p  
Also November 7, & December 5

Select Rochester/Rochester Hills Area Restaurants  
This opportunity is designed to support persons with special needs. Participants pay for their own meal, beverage, and tip. PRE-REGISTER EARLY as spots are very limited and so that we have enough assistance and space reserved in the restaurants. Exact restaurant choices will be announced at a later date. 14+ Years. \$6 per participant. To register, visit- [www.rararecreation.org](http://www.rararecreation.org).

## TR Pizza and Movie Night



Friday, October 7, 2022 at 6p  
Also – November 4, & December 2

Clintonwood Park  
6000 Clarkston Road, Clarkson, MI 48348  
Enjoy an evening with your friends for a favorite movie and some delicious pizza. This program is for persons, ages 14+, with cognitive disabilities, with or without physical impairments. Call 248-625-8223 to register. \$10. Hosted by Independence Twp Parks & Recreation.

## Imagine Theatres Sensory Friendly Movie Screening

Saturday, October 8, 2022  
(first Imagine Theatre Showing of the Day)

The Following Imagine Movie Theatres  
(Imagine Birch Run, Imagine Canton, Imagine Hartland, Imagine Macomb, Imagine Novi, Imagine Rochester Hills, Imagine Salsline, Imagine Woodhaven, Quality 10 Powered by Imagine)

This movie is open to friends, families, children and teens with sensory needs along with their supporters. Lights up a bit, sound down a bit. If your child needs to get up, move, dance, sing.... No problem. Guests are welcome to bring a safe snack for any food allergies or food avoidance/restrictions. First Showing of the Day. Check theaters for showtimes. Tickets are available at the box office, online at [Imagine-Entertainment.com](http://Imagine-Entertainment.com).  
FEATURED MOVIE – Lyle, Lyle, Crocodile

## Friday Frolic Dance

Friday, October 14, 2022 from 7p-9p  
Also, November 11, and December 9

Troy Community Center  
3179 Livernois Rd, Troy, MI 48083  
Dancing with DJ with a fun holiday theme and refreshments. \$6 admission via punch card. The Friday Frolic Punch Card costs \$36, is good for 6 admissions, and can only be used for Friday Frolic Dances. For more info, visit [rec.troymi.gov](http://rec.troymi.gov).





## Disability Dirt Day

Sunday, October 23, 2022 from 11a-3p

Holly Oaks ORV Park  
13536 Dixie Hwy, Holly, MI 48442, 248-653-0710  
hollyoaksorvpark@oakgov.com

Disability Dirt Days is a series of off-roading events for individuals with disabilities. Rides are provided by volunteers and there is music and family activities to enjoy. Lunch is provided and each rider receives a free T-shirt. For additional information or to reserve your spot, text or call 248-221-8040 or email adaptive@oakgov.com. Hosted by Oakland County Parks and Recreation.

## Halloween Happiness

Thursday, October 27, 2022 from 6p-8p

Southfield Civic Center  
26000 Evergreen Road, Southfield, MI 48076  
Designed for individuals ages 18 and older with developmental disabilities. Enjoy music, dancing, trick or treating and pizza. Hosted by Oakland County Parks and Recreation. Call 248-858-0916 to register or call or text 248-221-8040 for program questions and information.

## RARA Recreation Themed Dance

October 28, 2022 from 6p-8p (Also December 2)

RARA Recreation  
500 E Second Street, Rochester, Michigan 48307  
Hosted by RARA Recreation. This dance is designed for persons who have special needs. Music and dancing with a fun theme. Refreshments will be served. Cost is \$20 for residents & \$24 non-residents. Register via RARAREcreation.org. Each dance has a holiday theme (St Patrick's Day / Cinco De Mayo etc)



## RARA Movie Night Out

Wednesday, October 19, 2022  
Also November 16, December 14

Emagine Theatre Rochester Hills  
200 Barclay Circle, Rochester Hills  
Hosted by RARA Recreation. Enjoy a movie with your friends at the theater one Friday a month. You will pay for your own ticket and concessions. Plans are based on the current theater schedule. You must pre-register so that enough assistance is provided and space reserved. Ages 14+. Fee is \$6 for residents & non-residents. Register via RARAREcreation.org.

## Social Scene

Saturday, October 29, 2022 from 1p-2p (Also, January 7, February 25, March 4, April 29, May 6, and June 24, 2023)

The HAWK FH Community Center  
29995 West 12 Mile Road, Farmington Hills, Michigan 48334, fhgov.com  
Program for children/adults ages 5+ with special needs meets online or in-person on Saturday afternoons for 8 weeks. Children and adults participate in a variety of social and recreational activities such as art projects, physical activities, cooking activities, musical activities, and so much more. A fun theme each week. Sign up for 1 week, or all 8. Hosted by the Farmington Hills Special Services (Parks & Rec) Department. Pre-registration required.

## Halloween Party

Monday, October 31, 2022 from 5p-7p

Troy Community Center  
3179 Livernois, Troy, MI 48083, 248-524-3484  
Halloween themed music, games, and more. Pizza dinner included. No cost for aides. Under 14 must be accompanied by a caregiver. \$12 Resident / \$15 Non Resident. Pre-registration required. Hosted by Troy Recreation.





## SPECIAL NEEDS GROUP October Schedule

DATE	TIME	LOCATION	ACTIVITY	NOTES	COST
Oct 5	5pm—6:30pm	WCC Game Room	Game Night		\$ 3.00
Oct 12	5:00 - 6:30 pm	WCC Cafeteria	Arts & Crafts		\$ 4.00
Oct 19	5:30– 7:00pm	Cafeteria	Halloween Party	Don't forget your costume Snacks and drinks will be provided	\$ 4.00
Oct 26	6:00—8:00pm	St Jane Frances de Chantal 38750 Ryan Rd. Sterling Heights, Mi 48310	Dinner and Dance	Please RSVP and pay by the 12th of October	\$2.00

unless otherwise noted, all activities are held at the Warren Community Center

- Our program is currently for teens and adults 13 and older with special needs.
- Individuals that are not toilet trained or that need constant one on one attention must be accompanied by a family member or caregiver.

For more details on our activities please call

586 258 2063 or email

[jvargas@cityofwarren.org](mailto:jvargas@cityofwarren.org)

Join us on FACEBOOK for pictures, videos and updates of our activities

[Warren parks and recreation special needs program](#)



### September Caregiver of the Month Taisha Smith

Taisha has been working with ExpertCare providing outstanding care for the past 10 years! We have had nothing but positive feedback from anyone in the office who she speaks to.

On multiple occasions, she's proven herself to be dependable and she can always be counted on to get the job done. Taisha does all she can to ensure her recipient feels loved, safe and supported. She goes above and beyond to make sure her recipient is always having a great time when they are together by providing her with fun activities she knows that she enjoys and buys her little gifts like crayons or coloring books to bring her joy.

We appreciate Taisha's professionalism and for always reporting any issues with her recipient if she feels her goals need to be adjusted to better accommodate her growth. ExpertCare truly appreciates everything she does and is very proud to have her represent ExpertCare in the field. Thank you for your hard work and dedication in changing the lives of others.

Thank you for demonstrating  
ExpertCare's core values of:

Helping People Succeed

Passion for Success

Can Do Attitude

