

ExpertCare CHRONICLE

NOVEMBER 2020



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NOVEMBER IS A TIME FOR GIVING

In the spirit of the month of giving, Expert-Care will draw two Caregivers at random who will each receive a \$50 gift card to the grocery store of their choosing.

We hope this extra money will help boost the holiday for the two winning Caregivers. Good Luck and we hope every single one of you have a wonderful Thanksgiving with your family and loved ones.



Congratulations to October Winners

Tiffany Payer

Mildred Wisniewski

We hope you enjoy your new echo dot!



MICHIGANVOTING.ORG & LOCAL COMMUNITY PARTNERS BRING YOU

*ACCESSIBLE VEHICLES & ASSISTANCE AVAILABLE FOR THE DISABILITY COMMUNITY INCLUDING ASL

FREE RIDES TO THE POLLS

FOR EARLY VOTING & ELECTION DAY VOTING!



VOTERS CAN REQUEST ONLINE OR CALL A LOCAL NUMBER TO ARRANGE A RIDE TO THE POLLS

*DETROIT-HAMTRAMCK-*SOUTHFIELD-*PONTIAC-HIGHLAND PARK
ONLINE @ VOTERIDES.COM OR CALL/TEXT (313) 626-0066

SAGINAW
SAGINAW-STARS.COM
(FREE BUS FARE TO POLLS/CLERK)

BENTON HARBOR
CALL: (269) 927-4461

LANSING:
ONLINE @ REBRAND.LY/LANSINGVOTES
CALL OR TEXT: (517) 881-2935 (517) 285-4769 (517) 712-7056

*FLINT-YPSILANTI
CALL OR TEXT: (313) 757-1348

MASKS ARE REQUIRED ON RIDES BUT WILL BE PROVIDED





**Caregivers
are you
looking for
more hours?**

**Give a Recruiter a
call today!**

248~643~8900

Recruiters@expertcare.com

#OAKLAND *Together*

COVID Relief

MICROGRANT INITIATIVE

FINANCIAL RELIEF NOW!

The financial consequences of COVID-19 have impacted the budget of many families. The Oakland County COVID Relief Microgrant Initiative provides urgent relief with \$500 cash grants. This flexible funding can be used immediately for household expenses.

USE MICROGRANTS FOR

- Rent / utilities
- Food / groceries
- Vehicle expenses
- Basic household necessities
- Necessary technology for virtual school / work
- Overdue bills

WHO'S ELIGIBLE TO APPLY?

- Residents of Oakland County
- 18 or older
- Income of \$70,000 or lower in normal years (pre-COVID)
- One applicant per household

Applicants must be experiencing a financial hardship brought on by COVID-19 or the economic impacts of the pandemic. Applicants must meet one of the following criteria:

- Disruption of income (lost or reduced income for a period of time, e.g., due to job loss, layoff, furlough or unpaid leave of absence).
- Reduced income (ongoing reduced income, e.g., due to reduced hours, partial furlough or reduced tips/commissions).
- Loss or lack of income (no or minimal current income, e.g., due to job loss, layoff, furlough, unpaid leave of absence or inability to find a new job).
- Increased expenses.
- An emergency need or inability to meet a basic need.

APPLY TODAY!

Visit Fund.UpTogether.org/Oakland to submit your application. Grants are awarded first come, first served.

TO APPLY, YOU WILL NEED:

- Identification and proof of residency in Oakland County.
- Information describing your financial situation and need.
- Documentation demonstrating you meet the eligibility criteria.
- Verification of your planned use of funds.

#OAKLAND *Together*



Farmington Public Schools

FARMINGTON AREA RESOURCES

Giving Boxes

If you are in need of other personal items (toiletries, personal hygiene items, school supplies, craft projects, family/student activities etc.) we will have Giving Boxes at our schools and buildings that will be stocked with items. These boxes will not have any food. If you need food, please see the information below to see how food is distributed.

The Giving Boxes are at:

Longacre Elementary School - 34850 Arundel Street, Farmington
Lanigan Elementary School - 23800 Tuck Road, Farmington Hills
Beechview Elementary School - 26850 Westmeath Street, Farmington Hills
Power Middle School - 34740 Rhonswood Street, Farmington Hills
Maxfield Education Center - 32789 West Ten Mile Rd., Farmington
Wood Creek Elementary School - 28400 Harwich Street, Farmington Hills

Blessings Box

Blessings Box at the church for anyone to come by and pick up any necessities they may need. Right now it has things like paper towels, toothbrushes and toothpaste, etc... And, would also love to hear what people need the most so we can make sure it stays stocked.

Antioch Church
33360 W. Thirteen Mile Rd.
Farmington Hills, MI 48334
Contact Number-248 626-7906

USDA Meal Service Program - Meal Order/Pickup offered by Farmington Public Schools

We are providing meals for people who are under 18, or who are 26 and under with a disability. You do NOT need to be enrolled or be a resident within Farmington Public Schools' to receive meals. All meals must be pre-ordered weekly by 5 p.m. every Tuesday, for a Thursday meal pick up, as we have a limited supply of packages. It is really important to pick up your meals if they have been ordered as they may then go to waste if not picked up. Each package consists of seven ready-to-eat breakfasts and seven ready-to-cook lunches.

Meals must be ordered weekly and we ask if you need to make a change to your order to please call Nutrition Services at 248.489.3717.

Families do not need to qualify for free or reduced meals to sign-up. A monthly menu is on our website at www.farmington.k12.mi.us/Page/2138. You can order the meals at above link.

Meal Distribution Sites:

East Middle School, 25000 Middlebelt Rd., Farmington Hills 11 a.m. - 1 p.m.
Farmington High School, 32000 Shiawassee St., Farmington 11 a.m. - 1 p.m.
North Farmington High School, 32900 W. 13 Mile Rd., Farmington Hills 11 a.m. - 1 p.m.

For more information about meals, please visit our webpage at: <https://www.farmington.k12.mi.us/nutrition>. If you require special assistance with meal pick ups, please contact the Nutrition Services office from 7:30 a.m. - 2 p.m. at 248-489-3717 or email Angela.Davis@fpsk12.net

Jewish Family Service

Application for COVID-19 Financial Assistance through Jewish Family Service <https://www.jfsdetroit.org/wp-content/uploads/Content-PDF/COVID19-Application1.pdf>

Please send all materials to financialassistance@jfsdetroit.org

Michigan Community Relief Program

https://docs.google.com/forms/d/e/1FAIpQLSes30105Cki07tM86_ast23Z8mWAPyHGH5f3IsDFdV1DZ-aFw/viewform

COVID-19 Rent, Mortgage & Utility Relief Program

<https://www.oakgov.com/covid/grants/Documents/Rent-Assistance/rental-assistance-flyer.pdf>

CARES in Farmington Hills Food Pantry

Guests must have an appointment. Appointments can be set by calling 248-474-8231. Leave a message, including a good number to reach you, and someone will return your call to set your appointment. If you wish to contact the food pantry directly, you may do so at dwaters@caresfh.org, attention Delores Waters, or by phone at (248) 474-8231.

Drive-up Food Pantry Hours: Tuesday and Wednesday: 9:30am-2:30pm
Please call (248) 474-8231 to schedule a Pantry appointment.

Neighborhood House

Neighborhood House remains open, with office modifications. If you are a resident of Farmington or Farmington Hills, or have a child in Farmington Public Schools, and are in need of assistance with rent, utilities or food, call 248-871-2848 to make an appointment.



S.T.A.R.

(Spend Time and Read)

Virtual Event #1: Wednesday, October 14, 2020

Topic: STAR Spend Time and Read Virtual Event
Time: Oct 14, 2020 06:00 PM
Join Zoom Meeting:
<https://us02web.zoom.us/j/81541874908>
Meeting ID: 815 4187 4908

Virtual Event #2: Wednesday, November 11, 2020

Topic: STAR Spend Time and Read Virtual Event
Time: Nov 11, 2020 06:00 PM
Join Zoom Meeting:
<https://us02web.zoom.us/j/86573440474>
Meeting ID: 865 7344 0474

Virtual Event #3: Wednesday, December 9, 2020

Topic: STAR Virtual Event
Time: Dec 9, 2020 06:00 PM
Join Zoom Meeting:
<https://us02web.zoom.us/j/81095057597>
Meeting ID: 810 9505 7597

For more information please email: macombstar@gmail.com

Like us on Facebook @ Star Macomb



Ugg Launches Boot Collection For People With Special Needs



by Shaun Heasley | October 13, 2020
Facebook Twitter LinkedIn Email

As the weather turns cooler, winter-wear staple Ugg is for the first time offering styles aimed at accommodating kids and adults with disabilities.

The brand best known for their boots is introducing an adaptive footwear line dubbed Ugg Universal.

The new collection features “functional iterations” of classic Ugg styles that have been modified to include oversized double zippers, rear pull tabs and toggle-adjusted stretch laces.

The inclusive footwear is available through Zappos Adaptive, a special section of the retailer’s website that highlights items with accessibility features.

Andrea O’Donnell, president of fashion lifestyle at Deckers Brands, which Ugg is part of, said that Zappos “encouraged us to adapt our heritage styles, so they are now truly accessible to everyone.”

Officials at Ugg and Zappos Adaptive said they worked together to convene focus groups with people who have disabilities to ensure that boots in the adaptive collection met a variety of needs and incorporated universal design.

Boots in the Ugg Universal line are available in sizes for children and adults and are priced between \$130 and \$170.

With the new additions, Ugg joins a growing list of shoe companies, including Nike and Stride Rite, working to meet the needs of people with disabilities.



VIRTUAL RESOURCE FAIR—Clarkston Schools

MORC, Inc. along with up to 12 agencies specializing in resources for individuals with developmental disabilities and their families will be providing information, assistance and help with transition planning!

Wednesday, November 11th, 2 p.m. to 4p.m.

Register Here:

<https://clarkstonvirtualresourcefair.eventbrite.com>



For more information, contact:

Stephanie Wiseman

svwiseman@clarkston.k12.mi.us

Participating Agencies

MORC, Inc.

New Horizons Rehabilitation

Michigan Rehabilitation Services

Judson Center

JVS

Easter Seals

Oakland Mediation Services

New Possibilities

The Arc of Oakland

Oakland Community Health Network

Michigan Alliance for Families

Excel Employment Options

10 Tips for Dealing with Stress

1. Identify the Causes

Some of the things that cause anxiety are obvious, but other causes might not be so obvious. Is it constant traffic congestion? Hearing upsetting news on television or radio? Being around negative people? Examine your life to understand what brings on tension

2. Talk to Someone

Talking to someone can help you cope with stress by distracting you from your stressful thoughts or releasing some of the built-up tension by discussing it. Try talking things through with a friend, work colleague, or even a trained professional. This can help you find solutions to your stress and put your problems into perspective.

3. Practice Relaxation Techniques

Try to relax with some stress-reduction techniques. By sitting in a comfortable, quiet environment, closing your eyes and freeing your mind from its many concerns for even a few minutes each day, you can learn to achieve relaxation quickly. Do not worry if you find it difficult to relax at first. Relaxation is a skill that needs to be learned and will improve with practice.

4. Keep a Journal

When you feel stressed or overwhelmed, it can be helpful to set aside some time to sort out these feelings. A common vehicle where you can express these feelings is by writing in a journal. If writing is not your preferred form of expression, you can also try drawing, painting or another form of creative expression in which you can vent your feelings in a healthy way.

5. Laugh and Learn

Instead of getting irritated, laugh at life's annoyances and learn from your mistakes. Humor is a powerful tool in helping build resilience, the ability to bounce back from negative events.

6. Manage Your Time

Surprises and unexpected events cannot be controlled, but forgetting about an obligation or appointment you knew about before-hand can be easily avoided by keeping a calendar or day planner. Allow ample time for travel, and surround potentially stressful events on your schedule with free time for yourself.

7. Get Enough Sleep

Not getting enough rest makes many people irritable and less-productive during the day. Staying up too late can lead to oversleeping, causing you to begin your day behind schedule, thereby increasing tension in your life as you rush to make up for lost time. The U.S. Department of Health and Human Services recommends that adults get between seven and nine hours of sleep each night.

8. Spend Time Doing Things You Enjoy

Stress is most often brought about by the tasks and events we do not enjoy. While we cannot eliminate all the chores, trials and hardships from life, we can counteract them by making and taking time to do activities that bring us pleasure.

9. Avoid Nicotine

Try to avoid or at least reduce your consumption of nicotine. Not only is nicotine harmful to your overall health, but it also acts as a stimulant which means it can increase your level of stress rather than reduce it.

10. Exercise

Stressful situations increase the level of stress hormones such as adrenaline and cortisol in your body. Physical exercise can help cope with an excess of stress hormones and restore your body and mind to a calmer, more relaxed state. Try to incorporate some physical activity into your daily routine on a regular basis, either before or after work or at lunchtime.

As a reminder, all Care Givers have this information and more available to you. You just to go www.guidanceresources.com and register yourself using the web ID "OneAmerica3".

Contact Us... Anytime, Anywhere

No-cost, confidential solutions to life's challenges.

Confidential Emotional Support



Our highly trained clinicians will listen to your concerns and help you or your family members with any issues, including:

- Anxiety, depression, stress
- Grief, loss and life adjustments
- Relationship/marital conflicts

Work-Life Solutions



Our specialists provide qualified referrals and resources for just about anything on your to-do list, such as:

- Finding child and elder care
- Hiring movers or home repair contractors
- Planning events, locating pet care

Legal Guidance



Talk to our attorneys for practical assistance with your most pressing legal issues, including:

- Divorce, adoption, family law, wills, trusts and more
- Need representation? Get a free 30-minute consultation and a 25% reduction in fees.

Financial Resources



Our financial experts can assist with a wide range of issues. Talk to us about:

- Retirement planning, taxes
- Relocation, mortgages, insurance
- Budgeting, debt, bankruptcy and more

Online Support



GuidanceResources® Online is your 24/7 link to vital information, tools and support. Log on for:

- Articles, podcasts, videos, slideshows
- On-demand trainings
- "Ask the Expert" personal responses to your questions

Free Online Will Preparation



EstateGuidance® lets you quickly and easily create a will online.

- Specify your wishes for your property
- Provide funeral and burial instructions
- Choose a guardian for your children

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Your ComPsych® GuidanceResources® program offers someone to talk to and resources to consult whenever and wherever you need them.

Call: 855.387.9727

TDD: 800.697.0353

Your toll-free number gives you direct, 24/7 access to a GuidanceConsultant™, who will answer your questions and, if needed, refer you to a counselor or other resources.

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App: GuidanceResources® Now

Web ID: ONEAMERICA3

Log on today to connect directly with a GuidanceConsultant about your issue or to consult articles, podcasts, videos and other helpful tools.

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TDD: 800.697.0353

Online: guidanceresources.com

App: GuidanceResources® Now

Web ID: ONEAMERICA3

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HOMEBUYER EDUCATION WEBINAR

Via Zoom

Tues. & Wed., November 17th & 18th, 2020
6:00 pm – 8:00 pm

Be introduced to professionals from the industry and build your team for success! You will learn about the home-buying process - including credit, budgeting, banking, down payment assistance, and mortgage approval & closing.

MSHDA certificate provided at end of class for all who attend the entire 4 hours.

Once you register you will receive an email with forms to complete and sign. These must be returned 48 hours prior to the class.

To register for this class please visit

<https://www.olhsa.org/november-homebuyer-education-webinar>

Questions: contact housingcounseling@olhsa.org or call
248-860-7845



OLHSA is a HUD approved agency.





Employee Milestone Anniversaries

We would like to recognize and congratulate the employees below for reaching a milestone anniversary in October.

5 Years

Ahmani Patterson
Amber Williams



10 Years

Tina Machowicz



15 Years

Elisabeth Grahovac

Thank you for demonstrating a continued commitment to ExpertCare and the clients we service. You make a difference!



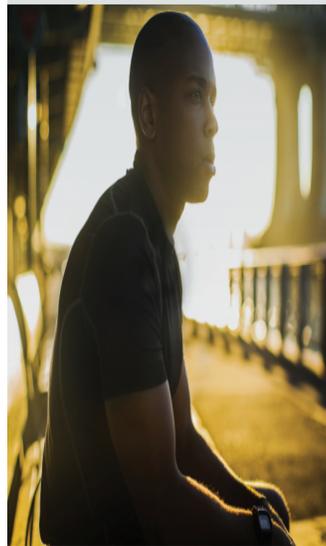
Kids-TALK Children's Advocacy Center's

Lunch & Learn Series

Intro to Self-Determination

presented by

Paige Grudzien, LLMSW, Community Organizer
at The Guidance Center



Thursday

November 5, 2020

12-1 p.m.



zoom

<https://zoom.us/j/3935852846>



zoom



Kids-TALK



For more information or to RSVP contact Karen Caudill
at kcaudill@guidance-center.org or 313-833-2970.



ALLEGiant HEALTHCARE SERVICES THANKSGIVING DINNER GIVEAWAY!

Allegiant Healthcare Services
is giving away free
Thanksgiving Meal Boxes!

We highly suggest calling
248-277-3700 by 11/09/2020 so we
can secure enough Meal Boxes for
everyone!

What's in a box?

- One frozen turkey
- One box of stuffing
- Two cans of yams
- Two cans of green beans
- Two boxes of macaroni and cheese
- One bag of dinner rolls



Details

Date: November 20th, 2020

Time: 9:00 AM

Location:

Fiberglass Estates Community Hall
16521 Plymouth Rd, Detroit 48227



Allegiant Healthcare
Providing Extraordinary Care with One Purpose

22765 Heslip Dr Ste 102
Novi, MI 48375

248-277-3700

Fair Housing Virtual Learning Session

FAIR HOUSING ACT



Presenter: Fair Housing Center of Metropolitan Detroit

When: November 12, 2020

Time: 9:00 a.m. to 11:00 a.m.

Cost: FREE

Audience: Landlords, Housing Providers, Local Government

The following topics will be discussed:

- **Disparate impact liability including:**
 - **Use of Criminal Records in Rental Decisions**
 - **Occupancy Standards and Familial Status Discrimination**
- **HUD's 2020 Guidance regarding emotional support animals**
- **Permissible and impermissible questions to ask rental applicants**
- **Medical marijuana**

REGISTRATION

Pre-registration is required. After registering you will receive a confirmation email containing information to join the meeting. Please email jazmyn.thomas@macombgov.org or call 586-783-0916 to secure your spot.



Macomb
Community
Action



FREE MASKS

To Low-income families in need
Starting Thursday, August 20, 2020
(until supplies last)



PICKUP TIME & LOCATION

10 a.m. - 7 p.m.

Owen Jax Recreation Center
8207 E. 9 Mile Rd., Warren, MI 48089

FREE contact-less Food Distribution

EVERY MONDAY at Warren City Hall
1 City Square, Warren, MI 48093
9 a.m. - 1 p.m.

FREE FOOD

Emergency Hotline

586-574-4526

FREE COVID-19 Testing in Warren! Drive-Thru/Walk-Up Outdoors

Location: Warren City Hall in the South Parking Lot
In Front of the Water Fountain (Outdoors)

When: Every Thursday Through December 2020

Time: 11 a.m. - 3 p.m.

Please RSVP at: <https://www.cityofwarren.org/covid-19-testing-at-city-hall/>
or by calling Mayor Fouts' Office at 586-574-4520

MANDATORY: PLEASE TEXT MACOMB CARES TO 483-55 SO THAT YOU CAN COMPLETE YOUR PRE-INTAKE FORM PRIOR TO ARRIVING TO THE TEST SITE. IF YOU DO NOT HAVE A CELL PHONE, ONE OF OUR TESTING TEAM MEMBERS WILL HELP YOU WITH THE FORM THE DAY OF YOUR TEST. WE ARE NOW OFFERING MOBILE COVID-19 TESTING TO SENIORS AND OTHER INTERESTED WARREN RESIDENTS.

FOR MORE INFORMATION REGARDING COVID-19 RESOURCES, PLEASE VISIT:

<https://www.cityofwarren.org/covid-19-resources-information/>



Macomb
Community
Action

Stressed Out? Need to Talk to Someone Today?



Are you struggling with:

- Overwhelming Stress
- COVID related distress as a health care or essential worker
- Mild or moderate mental health symptoms
- Urgent mental health needs

We are here for you.

We know these are trying times for everyone. Our new Virtual Behavioral Health Urgent Care staff are here for you 24/7/365 whether you just need someone to talk to, or are having a mental health crisis, we are ready to video chat with you!

No out of pocket costs: We cover any co-pays as well as the full cost for those without insurance. Please have any insurance card available.

**GHS 24/7/365 Virtual
Behavioral Health Urgent Care**

810.257.3740

877.346.3648



Recipient Rights Corner

ExpertCare would like to first thank you for providing the highest quality care to your Recipient. ExpertCare wants to ensure the safety of our Recipients and continue to give you the tools to provide safe quality care and wellbeing. Below are incidents that resulted in Recipient Rights violations. Please review the following Rights reminders to prevent further violations.

- ⇒ While providing services, all Recipients shall receive services suited to his/her condition. This can include but not limited to, treatment in the correct environment and the right setting for services. Services may only be provided in the Recipient's home or community. During this time, the Recipient must be working towards goals in the plan of service. Caregivers must engage and be present with the Recipient to keep them focused on their goals in the IPOS. For example, Caregivers cannot do their own personal shopping during their shift. Also, Caregivers can't deny the Recipient the opportunity to work on the Recipient's CLS goals because the Caregiver doesn't want to work on that goal, for example taking a Recipient to an aerobics class. CLS services are to maintain and support the Recipient's individual achievement, which cannot be accomplished when the Caregiver is not engaged or working on the goals in the IPOS with the Recipient.
- ⇒ A Recipient of mental health services shall not be subjected to abuse or neglect. Neglect Class III is defined as:

Acts of commission or omission by an employee, volunteer, or agent of a provider that result from noncompliance with a standard of care or treatment required by law, rules, policies, guidelines, written directives, procedures, or individual plan of service that either placed or could have placed a Recipient at risk of physical harm or sexual abuse.

Caregivers must be sure they are always following the Recipient's IP OS and the safeguards outlined in the Recipient's IPOS. For example, Caregivers cannot sit in the car while the Recipient goes into a store alone if the IPOS states that the Recipient must be in the Caregiver's eye sight at all times.

- ⇒ Caregivers must ensure that they are providing Mental Health services in a safe, sanitary, and humane treatment environment at all times. It is not possible to list all the forms of behavior that are considered unacceptable in the workplace. The following is an example of unacceptable conduct that may result in disciplinary action, up to and including termination of employment; Caregivers are prohibited from possessing unauthorized materials at any time, such as explosives or firearms, while providing services. For example, a Caregiver is prohibited from bringing a gun to the Recipient's home, even if the gun is unloaded and they are bringing the gun to show it to the Recipient. Caregivers should be sure they are always conducting themselves in a professional manner while providing services and remember to maintain professional boundaries. As a Caregiver working in the mental health field, it is imperative that you adhere to the rules ExpertCare has put in place to protect the Recipient's safety and set an example of safe and responsible behavior.

When providing care to a Recipient there are many rules that need to be followed and at times these can be difficult to remember. If you have questions or concerns about your case or do not fully understand the IPOS, please call ExpertCare. We are here to help you better understand the Recipient's Rights before it becomes a violation. We appreciate your attention to this matter. If there are any questions or concerns, please feel free to contact ExpertCare at (248) 643-8900.



FREE FOOD DISTRIBUTION

3rd Thursday of the month

10:00 am.— noon / while supplies last



Max Thompson Family Resource Center

11370 Hupp, Warren, MI 48089

- Please **STAY IN YOUR VEHICLE** to limit exposure. Arrive with an empty trunk. Groceries will be placed into your trunk.
- Guests without vehicles are welcome to walk up. PLEASE wear a mask and maintain six (6) feet social distancing. Be prepared to carry about 30 pounds or have a cart.

Food boxes include non-perishable canned meats, fruits, vegetables, side dishes and dried fruit. Frozen meats will also be available.

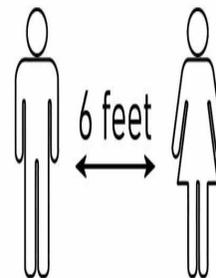
For additional information,
please call The Macomb Food
Program (586) 469-6004



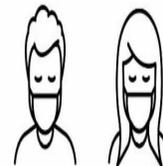
Macomb
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PROTECTING YOU PROTECTING OTHERS

Prevent the spread of COVID-19



Practice physical
distancing



Wear a mask
around others



Wash your hands
often or use
hand sanitizer

Programs and websites mentioned within this newsletter are for the sole purpose of providing information of interest. ExpertCare Management Services does not endorse these websites, the content, and/or programs mentioned. ExpertCare takes no responsibility for loss or damage suffered as a result of using the information contained in these websites or participation in the aforementioned programs and events.



Developmental Disabilities • Mental Health • Substance Recovery

5505 Corporate Drive
Troy, MI 48098
248-858-1210
oaklandchn.org

GETTING TO KNOW THE EXPERTCARE OFFICE STAFF

We thought it would be nice to introduce ourselves and tell you a little bit about each of our office staff. Each month we will feature a new interview with someone from our office.

MEET TYLER HACK



ECare: If you didn't have to sleep, what would you do with the extra time?

Tyler: I'm a homebody, so I would probably just spend more time playing video games and watching Netflix.

ECare: What are three words that best describe you?

Tyler: Relaxed, Agreeable, Joker

ECare: What is on your bucket list?

Tyler: Going shark cage diving in the Bahamas is at the top of my bucket list.

ECare: When you are working towards a goal, what keeps you motivated?

Tyler: My wife and daughter are the biggest source of motivation in my life.

ECare: What do you wish you knew more about?

Tyler: I'm fascinated by ancient Greek history and mythology, so that's something I'm always interested in learning about more.

ECare: What are some things that help you have a great day?

Tyler: A good sleep the night before typically leads to a pretty good day for me.

ECare: What do you like most about ExpertCare?

Tyler: I really admire the vision and mission of the company. Helping people succeed and reach their full potential are goals that I think anybody should be able to get behind.

Pajama Family Storytime
Center Line Public Library
7345 Weingartz St.
Center Line, MI 48015



Tuesdays, September 1 - December 15, 2020
from 5:00 P.M. - 5:30 P.M.

September 1, 2020
September 8, 2020
September 15, 2020
September 22, 2020

October 13, 2020
October 20, 2020
October 27, 2020

November 3, 2020
November 24, 2020

December 1, 2020
December 8, 2020
December 15, 2020



**Get dressed in your
PJ's and enjoy a few
picture books read
aloud by one of the
library's employees.**

Drop-ins are welcome!

LOOK WHO'S TALKING

OCTOBER CAREGIVER OF THE MONTH

APRIL SMITH



ECARE: TELL US SOMETHING ABOUT YOURSELF THAT OTHERS FIND INTERESTING:

APRIL: NONE OF MY PREVIOUS JOBS WERE RELATED TO BEING A CAREGIVER. I MAJORED IN DIGITAL VIDEO PRODUCTION IN COLLEGE AND ENJOYED MAKING SHORT MOVIES AND DOING PHOTOGRAPHY. THE BEST PART FOR ME WAS DRAWING AND SCRIPT WRITING. I'M INTERESTED IN ANIMATION AND GRAPHIC NOVELS AND I OFTEN READ THEM IN MY SPARE TIME. INTERIOR DESIGN AND BUILDING IS ANOTHER HOBBY OF MINE.

ECARE: THREE WORDS TO BEST DESCRIBE YOU:

APRIL: COMPASSIONATE, SENSITIVE, ARTISTIC.

ECARE: WHAT IS ON YOUR BUCKET LIST?

APRIL: TRAVEL OUTSIDE OF THE U.S, BUILD A SMALL HOUSE, START A CHARITY, PUBLISH A BOOK, AND HAVE MY OWN ART GALLERY.

ECARE: YOU'RE HAPPIEST WHEN?

APRIL: I'M HAPPY OR CONTENT WHEN EVERYONE AROUND ME IS HEALTHY AND AT PEACE.

ECARE: WHAT'S YOUR FAVORITE CHILDHOOD MEMORY?

APRIL: GOING HIKING WITH MY DAD AND ICE SKATING WITH MY MOM AND SISTER

ECARE: IF GIVEN A CHANCE, WHO WOULD YOU LIKE TO BE FOR A DAY?

APRIL: THE DUCHESS OF SUSSEX

ECARE: WHAT'S THE ONE THING, YOU CAN'T LIVE WITHOUT?

APRIL: A PHONE.

ECARE: WHAT MADE YOU DECIDE TO BECOME A CAREGIVER?

APRIL: WHEN MY YOUNGER BROTHER WAS DIAGNOSED WITH AUTISM, IT INSPIRED ME TO WANT TO HELP PEOPLE WHO HAD SIMILAR NEEDS. I DIDN'T FEEL AS FULFILLED IN MY PREVIOUS JOBS AND WANTED TO HELP AND MAKE A DIFFERENCE IN SOMEONE ELSE'S LIFE.

ECARE: WHAT IS YOUR BEST PIECE OF ADVICE FOR OTHER CAREGIVERS?

APRIL: DON'T BECOME A CAREGIVER JUST FOR MONEY. YOUR CONSUMERS ARE NOT A BURDEN AND THEY DIDN'T CHOOSE ANY DISABILITY THAT THEY MAY HAVE. TREAT THEM WITH KINDNESS AND YOU WILL FEEL REWARDED.

ECARE: WHAT IS YOUR PROUDEST MOMENT AS A CAREGIVER?

APRIL: I FELT THE MOST PROUD WHEN MY CONSUMER TOLD ME "YOU'RE HELPING ME IMPROVE MYSELF. I'M OVERCOMING MY BAD HABITS THANKS TO YOU."

April has been working with ExpertCare for the past three years. She has been recognized for always going above and beyond, and her dedication and reliability for the person she services. Whenever faced with a challenging situation, April handles it with professionalism and reaches out to ExpertCare staff for guidance. She always has a kind and soft demeanor when speaking with others.

April has continued to take on challenges and grow throughout her caregiving career. April takes such passion and interest in her consumers to make sure they believe in themselves.

ExpertCare truly appreciates everything she does and is very proud to have her represent ExpertCare in the field. Thank you for your hard work and dedication in changing the lives of others.

Thank you for demonstrating ExpertCare's core values of:

Helping People Succeed

Passion for Success

Can Do Attitude