



ExpertCare

CHRONICLE

AUGUST 2020



**"Who you are tomorrow
begins with what you do
today." ~Tim Fargo**

AUGUST GIVEAWAY

We hope to make packing a lunch a lot *COOLER* for one Caregiver with this Yeti lunch bag and Yeti Rambler.



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We will draw one Caregiver at random.
Stay tuned next month to find out the lucky
winner's name.



CONGRATULATIONS TO OUR JULY WINNER

CAROL SEEBACK

WE HOPE YOU'RE
BEARNING HAPPY!

HHA eXchange



ExpertCare has exciting news; we have contracted with HHA eXchange to meet the Electronic Visit Verification (EVV) requirement and to assist Caregivers with submitting timesheets and notes electronically.

HHA eXchange has a variety of different tools that empower caregivers to deliver better patient care in the home.

The HHA eXchange caregiver portal is a web-based application designed for caregivers to use on a desktop or laptop computer. Using the caregiver portal, caregivers can review and plan their schedules, interface with their agencies, request broadcasted shifts, and manage their activities.

When in the field, caregivers can switch to the HHA eXchange mobile app to continue to manage their activities. Both the caregiver portal and mobile app are synchronized; therefore, any action performed on one device (computer or smart phone) is automatically reflected on the other.

ExpertCare will begin implementing HHA this month. We will be offering training and assistance with learning this new tool. We will be rolling the app out in waves and we will contact each of you directly when we are ready for you to begin using the app. We'll be talking to you soon!

NOTHING
CHANGES
IF
NOTHING
CHANGES



Kids-TALK Children's Advocacy Center's

Lunch & Learn Series

Prevention: Community, Collaboration, and Social Cohesion mapping community engagement as a tool for community resiliency

presented by Renisha Uدورji and Phalguna Siddapureddy,
Community Organizers with the Michigan Coalition to
End Domestic and Sexual Violence



Thursday
August 13, 2020
12-1 p.m.



<https://zoom.us/j/3935852846>



zoom



For more information or to RSVP contact Karen Caudill
at kcaudill@guidance-center.org or 313-833-2970.

Michigan U-Pick Farms



Does anyone else have trouble fighting off snack foods? I mean a real struggle trying to stay away from Oreo cookies, goldfish crackers and large bags of the new pretzel M&Ms? Really any bags of M&Ms? It is even more difficult when kids are home and want to snack somewhere between 3 and 57 times a day. They may be out there, but I have never met a kid who would ask for some fresh broccoli over a bag of Skittles.

Michigan has had such beautiful weather over the last few weeks and months. The good weather translates into good crops coming out of local Michigan farms. One way to combat junk food snacks is to have some really yummy but healthy alternatives easily available. The u-pick farms are open most of the summer and are fun for everyone – kids, grandparents or first dates/date nights. They can be a great opportunity to get fresh air, exercise and a yummy, healthy treat! As far as the kids, if they have fun picking a fruit off of a tree, they just might be more inclined to pick out a fruit during snack time!

Type in your zip code and find a u-pick farm near you!!

<https://www.pickyourown.org/MI.htm>

Tips for a u-pick farm visits and a recipe for Strawberry Slab Pie!

<https://www.freep.com/story/news/local/michigan/2020/06/12/strawberry-u-pick-farms-blakes/3154671001/>

Virtual Special Needs Group Music Therapy

MAKE SOME MUSIC!

Want a Therapeutic Activity to do with your special needs child? From the safety of your home, join licensed MUSIC THERAPIST, Patrick H. for a 40 minute video session engaging your child in the benefits and joys of music!

Bring Any in-home or make-shift instruments! Maracas (plastic eggs with popcorn seeds, bottles), Something to Drum on (pans or tupperware)!

(Tupperware: add popcorn seeds for a snare drum or rubber bands for string-instrument!)

This Therapy session will use the app "Zoom". You will receive a link & password sent to your email address after registering online.

Please sign up & pay prior to each session at:
<https://therapeuticconceptsllc.com/programming-menu/>

Questions? Contact us at
marynagy@therapeuticconceptsllc-mi.com

PERSONS
of all ages

First Thursday
of the Month at 2pm

June 4th
July 2nd
Aug 6th

\$ 7 per
Monthly session



"It's time we take our focus off disabilities, and place it on capabilities, so we can see the person first."

Robert M. Hensel



Special Needs Programming
39393 Van Dyke
Sterling Heights, MI 48313
(586)-722-7524



OCHN Voting Virtual Webinars

YOUR VOICE
YOUR VOTE

Voting 101

June 17, 2020

11:00 a.m. - 12:00 p.m.

To join via phone: +1 248-462-6341

Conference ID: 656 120 46#

To join via computer: <https://bit.ly/3gdOXzo>

Voting is Advocacy

July 15, 2020

11:00 a.m. - 12:00 p.m.

To join via phone: +1 248-462-6341

Conference ID: 361 303 971#

To join via computer: <https://bit.ly/3bTVdsM>

Absentee & Accessibility

August 19, 2020

11:00 a.m. - 12:00 p.m.

To join via phone: +1 248-462-6341

Conference ID: 605 581 416#

To join via computer: <https://bit.ly/2z9JN7d>

Candidate Positions & Views

September 16, 2020

11:00 a.m. - 12:00 p.m.

To join via phone: +1 248-462-6341

Conference ID: 799 835 720#

To join via computer: <https://bit.ly/2LQmr9j>

Make Your Voice Heard

- ★ **Your Right:** The United State's constitution guarantees every citizen age 18 or older the right to vote.
- ★ **Your Reason:** You have the ability to influence, change, and make a positive difference in your life and the lives of your friends, family, and neighbors. Your voice matters. Your vote counts.
- ★ **Your Role:** Be an advocate for yourself. Make your voice heard.

Pledge to vote on November 3, 2020



Free Virtual Home Ownership Education Series

Realizing the American Dream Series

Free webinars made available with support from Chemical Bank



This 4-part webinar series will cover a wide range of topics including:

- Budgeting and personal finance
- Mortgage loan types
- Down payment assistance resources
- Credit building and maintenance -[obtain a copy of your free tri-merge credit report!](#)
- Financing home improvement
- Protecting your investment
- Fair Housing and the Equal Credit Opportunity Act

Dates and Times:

Friday, August 7, 2020, 9:30-11 a.m.

Realizing the American Dream-Your roadmap to homeownership

Friday, August 14, 2020, 9:30-11 a.m.

*Take Credit-Your guide to personal finance *free credit reports provided*

Friday, August 21, 2020, 9:30-11 a.m.

Owner Occupied-How to maintain and increase the value of your home

Friday, August 28, 2020, 9:30-11 a.m.

When Disaster Strikes-Preparedness for life's emergencies

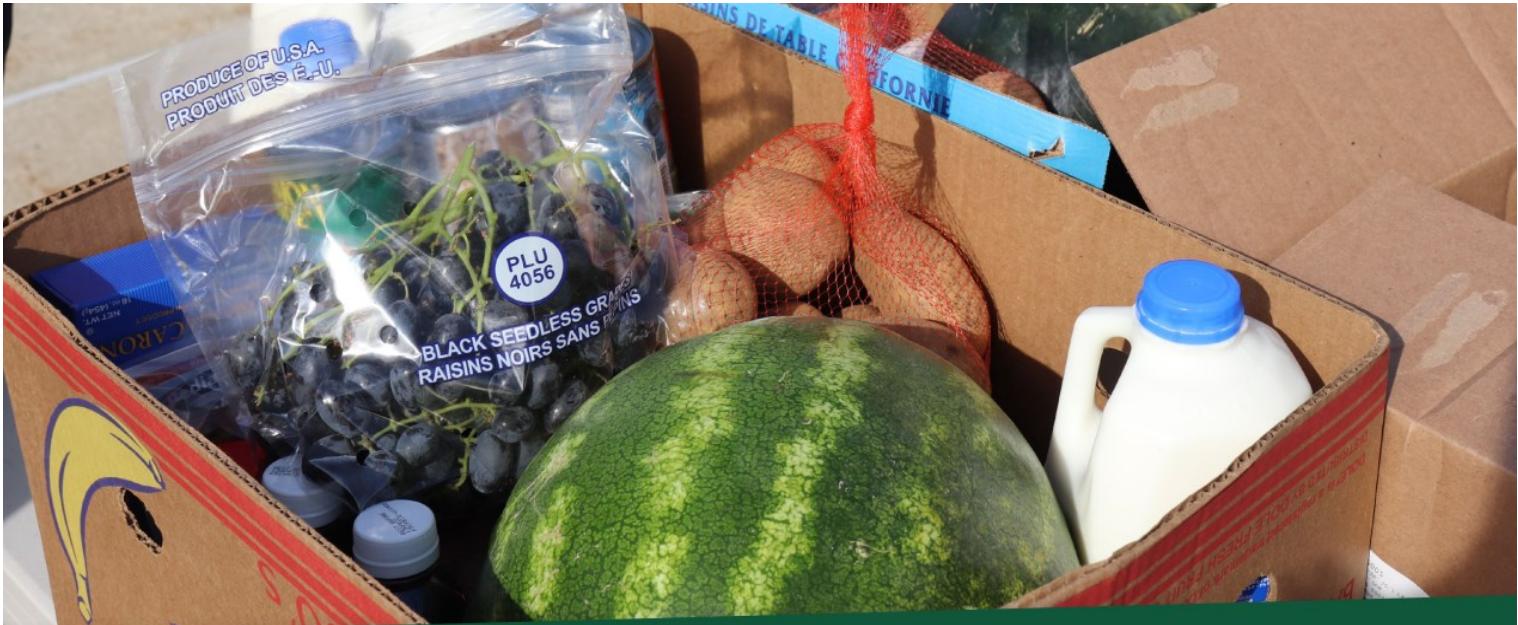
***Free soft-pull credit reports will be available -attendees of all 4 sessions will also be entered to win an Amazon gift card!**

Pre-register online!

or call 248-269-1333



CHN is a HUD-approved housing counseling agency. Completion of this webinar series will include a Homebuyer Education Certificate valid from one year for the date of issue. Clients must attend all 4 sessions to be issued a certificate. Please note: this class fulfills certain requirements of the Michigan State Housing Development Authority (MSHDA) mortgage loan program. Attendees do not have to be MSHDA loan applicants to participate in the class.



FREE FOOD DISTRIBUTION

for households with children



June 29; July 13 & 27
August 10 & 24



Mondays 3-5 at
OLHSA in Pontiac

196 Cesar E. Chavez Avenue, Back of Lot

HELPING OUR COMMUNITY DURING URGENT TIMES OF NEED

- Households with children who are in need of food are encouraged to attend our upcoming drive-thru food distribution sponsored by Gleaners Community Food Bank.
- Please *stay in your vehicle* to limit exposure. Please arrive with an empty trunk. Groceries will be placed into your trunk.
- Guests without vehicles are welcome to walk up, while maintaining six feet of social distancing, and should be prepared to carry 20-30 pounds or have a cart.

Together with Gleaners Community Food Bank, we are taking all necessary precautions to distribute food safely.



This institution is an equal opportunity provider.



SHOW ME THE MONEY DAY

WHY SHOULD I ATTEND?

Good question! Show Me the Money Day is a **free, virtual financial resource** fair to help you reach your money goals.

- Information to build your financial future
- Interact with banking institutions and other community resources
- Come together with like-minded people
- Empower yourself and your children!

All events are **FREE** to the public. For more information, locations and a list of all statewide and local sponsors, visit ShowMeTheMoneyDay.org

Check out the full schedule of sessions:
<https://mca.macombgov.org/MCA-ShowMeTheMoneyDay>



**SHOW ME THE
MONEY DAY**

— MACOMB COUNTY —



Macomb
Community
Action

MICHIGAN STATE
UNIVERSITY | Extension

Register today:
<https://smtmdmacomb.eventbrite.com>

Contact Cassandra Patrick at 586.232.5321 or
Cassandra.Patrick@macombgov.org for more information.



Employee Milestone Anniversaries

We would like to recognize and congratulate the employees below for reaching a milestone anniversary in July.

15 Years

Shirley Warne

10 Years

Brittney Walendzik

5 Years

Patricia Weber

La-Trina Hale

Kiaira Whiteside

Monique Withers

Tiffany Brannon

Thank you for demonstrating a continued commitment to ExpertCare and the clients we service. You make a difference!



MACOMB COMMUNITIY ACTION

Covid-19 Support Services

Our Mission: Persistent action to diminish poverty and promote independence.

During these uncertain times, one thing remains constant:
OUR ABILITY TO HELP IN TIMES OF NEED.

(586) 469-6999

Call us if you are experiencing hardships such as being behind on your rent or mortgage, food insecurity, and more.



Macomb
Community
Action

mca.macombgov.org • macombgov.org • [f Macomb Community Action](https://www.facebook.com/MacombCommunityAction)

“Tell me and I forget. Teach me and I remember. Involve me and I learn.”

—Benjamin Franklin



MACOMB COUNTY'S COOLING CENTERS 2020

These Cooling Centers are air-conditioned public facilities where people may go for relief during temporary periods of extreme heat. These centers provide shade, water, and restrooms.

Due to COVID-19, masks must be worn in the Centers. Social distancing may mean that occupancy will be limited.

Some sites may conduct a pre-screen for COVID-19 risk.

It is best to contact the site before going there to assure that it is open.

Send corrections/updates to this list to: madeline.habib@mccmh.net

BRUCE TOWNSHIP

Bruce Township Government Office – (586) 752-4585
223 East Gates
Monday thru Friday 8:30 AM – 4:30 PM

MEMPHIS

Memphis Fire Department – (810) 392-2385
35095 Potter
Hours: As necessary during extreme temperatures

CENTER LINE

Center Line City Hall – (586) 757-6800
7070 Ten Mile
Monday thru Friday 8:30 AM – 5:00 PM

MT. CLEMENS

Macomb County Sheriff's Department – (586) 469-5151
43565 Elizabeth Street
Monday thru Sunday 24 / 7 (24 Hours/Day)

Center Line Parks & Recreation – (586) 758-8267
25355 Lawrence
Monday thru Friday 8:30 AM – 5:00 PM
(Have masks available)

RICHMOND, CITY OF

Lois Wagner Memorial Library – (586) 727-2665
35200 Division Road
Monday thru Thursday 10:00 AM – 8:00 PM
Friday 10:00 AM – 5:00 PM
Saturday 10:00 AM – 2:00 PM

CHESTERFIELD TOWNSHIP

Chesterfield Township Library – (586) 598-4900
50560 Patricia Avenue
Monday thru Thursday 10:00 AM – 8:00 PM
Friday 10:00 AM – 5:00 PM
They are recommending that people only remain in the Center for one hour.

Richmond Recreation Department – (586) 727-3064
36164 Festival Drive (located in Beebe Street Park)
Monday thru Friday 8:30 AM – 4:30 PM

HARRISON TOWNSHIP

Harrison Township Government Office – (586) 466-1400
38151 L'Anse Creuse
Monday thru Friday 8:00 AM – 4:30 PM

Harrison Township Public Library – (586) 329-1261
38255 L'Anse Creuse Street
Monday 10:00 AM – 6:00 PM
Tuesday & Wednesday 12:00 PM – 8:00 PM
Thursday thru Saturday 11:00 AM – 5:00 PM
Limited occupancy

Recipient Rights Corner

ExpertCare would like to first thank you for providing the highest quality care to your Recipient. ExpertCare wants to ensure the safety of our Recipients and continue to give you the tools to provide safe quality care and wellbeing. Below are incidents that resulted in Recipient Rights violations. Please review the following Rights reminders to prevent further violations.

⇒ While providing services, all Recipients shall receive services suited to his/her condition. This can include but not limited to, treatment in the correct environment and the right setting for services. Services may only be provided in the Recipient's home or community. During this time, the Recipient must be working towards goals in the plan of service. Caregivers must engage and be present with the Recipient to keep him/her focused on the goals in the IPOS. Caregivers cannot sleep during their shift. CLS services are to maintain and support the Recipient's individual achievement, which cannot be accomplished when the Caregiver is not engaged or working on the goals in the IPOS with the Recipient.

When providing care to a Recipient there are many rules that need to be followed and at times these can be difficult to remember. If you have questions or concerns about your case or do not fully understand the IPOS, please call ExpertCare. We are here to help you better understand the Recipient's Rights before it becomes a violation. We appreciate your attention to this matter. If there are any questions or concerns, please feel free to contact ExpertCare at (248) 643-8900.



Oakland County Community & Home Improvement COVID-19 Rent, Mortgage & Utility Relief Program

Need Help Paying Rent, Mortgage or Utilities?

Oakland County is dedicating more than \$3 million in Community Development Block Grant (CDBG) COVID-19 funds from the federal CARES Act to help eligible citizens pay up to three months of past-due rent, mortgage and utilities due to COVID-19 hardships.

Funds will be distributed in two phases:

Phase 1: July 1 – August 31, 2020
Phase 2: October 1 – November 30, 2020

Applications will be accepted during each phase until funds are exhausted.

The Application and Program Guidelines can be found at: OakGov.com/COVID/Grants

Qualifications:

- Must be a legal resident in 1 of 53 participating communities*
- Have a household income less than 80% of the area median income, as defined by the U.S. Department of Housing and Urban Development (HUD)
- Inability to pay due to a temporary job loss, reduced work hours or other income hardship caused by COVID-19
- You have not received assistance from any other source for the same activity and period of time as requested through this program
- Your landlord or mortgage company must agree to participate in the program
- This program provides a one-time grant for eligible households.

HOUSEHOLD INCOME ELIGIBILITY	
Persons Per Household	Maximum Income Limits
1	\$44,000
2	\$50,250
3	\$56,550
4	\$62,800
5	\$67,850
6	\$72,850
7	\$77,900
8	\$82,900

*Exceptions: The cities of Farmington Hills, Royal Oak and Southfield and Waterford Township receive COVID-19 CDBG funds directly from HUD and may offer similar relief programs while Lake Angelus, Novi Township, Southfield Township and Bingham Farms do not participate in the COVID-19 CDBG program.



Questions? Call Community & Home Improvement at (248) 858-0730

LOOK WHO'S TALKING

JULY CAREGIVER OF THE MONTH

MEKKOL COOK



ECare: Tell us something about yourself that others find interesting:

Mekkol: I always get compliments on my different hair colors and styles.

ECare: Three words to best describe you:

Mekkol: Unique, Loyal, and Caring

ECare: What is on your bucket list?

Mekkol: To travel across the world.

ECare: You're happiest when?

Mekkol: I accomplish something or make someone else happy.

ECare: What's your favorite childhood memory?

Mekkol: All my Disney world trips with my family.

ECare: If given a chance, who would you like to be for a day?

Mekkol: A Singer (Rihanna)

ECare: What's the one thing, you can't live without?

Mekkol: My car

ECare: What made you decide to become a Caregiver?

Mekkol: I love making people happy and helping others in need.

ECare: What is your best piece of advice for other Caregivers?

Mekkol: It's not always about the money. You have the blessing to help other so go for it and treat the Consumers like they're your family.

ECare: What is your proudest moment as a Caregiver?

Mekkol: Every day that I work because I don't have to be a Caregiver but I choose this career that makes me very proud of myself .

Mekkol has been a hard-working caregiver with ExpertCare for the past three years. She is being nominated by ExpertCare because of the positive feedback received from the consumer family she works with.

The consumer's mom shared that Mekkol has been amazing through the COVID 19 pandemic and all of the uncertainty. Mekkol keeps her consumer calm and explains proper safety during this time.

ExpertCare is extremely grateful for the amazing services she continues to provide each day. This time has been challenging for many, so we could not be more grateful to have a dependable staff member like Mekkol.

ExpertCare truly appreciates everything she does and is very proud to have her represent ExpertCare in the field. Thank you for your hard work and dedication in changing the lives of others.

Thank you for demonstrating ExpertCare's core values of:

Helping People Succeed

Passion for Success

Can Do Attitude