

Coping with COVID

A 4-Part Series with Karyn Harvey, PhD.

1. Coping with COVID-19 for Direct Support Professionals

Held: Tuesday, June 2nd from *1:30pm – 3:00pm To Register Click <u>Here</u>

This webinar is designed for direct support professionals supporting people with intellectual disabilities (ID). It will explore the psychological effects of the COVID-19 pandemic. Ways to cope with these stressors and find ways to still thrive will be explored.

2. Coping with COVID-19 for People Receiving Supports

Held: Monday, June 8th from *1:30pm – 3:00pm To Register Click Here

In this session we will talk about how hard things are because of COVID-19. What is true and not true will be talked about. There will be time for questions and comments and some fun as well.

3. Coping with COVID-19 for Families

Held: Monday, June 15th from *1:30pm – 3:00pm To Register Click Here

This webinar will explore the unique stressors of COVID-19 and their particular impact on families of children of all ages with disabilities. Coping strategies will be explored and stories shared.

4. Dealing with Grief and Loss

Held: Monday, June 22nd from *1:30pm – 3:00pm

To Register Click Here

The impact of COVID-19 has been devastating. This webinar will explore the effects of the loss and honor those who have lost their lives. Materials for such honoring will be shared.

* Karyn will dedicate last half hour of each presentation to your questions

Biography of our Presenter

Karyn Harvey has worked as a clinician in the field of intellectual disabilities for over 30 years. She has a master's degree in Clinical psychology and a Ph.D. in Applied Developmental Psychology from the University of Maryland. She has published articles about therapeutic interventions with individuals with intellectual and developmental disabilities (IDD), workbooks for individuals with IDD and two books. Her first book, Positive Identity Development was published in 2009 and Trauma —Informed Behavioral Interventions, published in 2011. She is currently a consulting with the developmental disabilities departments of Connecticut and Maryland. In addition, she is the Director of Program Development and Training for the Park Ave Group practice. In 2016 she received the Earl Loschen Award from NADD for Excellence in Clinical Practice. Karyn has been presenting nationally on the topics relating to the pandemic. Karyn also presented at MORC's 2019 Culture of Gentleness Conference.

This series is free to you and generously co-sponsored by



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Empower

Trainings are 1.5 hours

Last ½ hour for your Q&A

Attend via your computer or device

*ASL Interpreter also available upon request





*2 week notice required for Deaf Interpreter request.
Email request to training@morcinc.org
To test your computer or device's compatibility with the webinar platform click HERE.