

## **DNOM'S Online Peer Support**



The purpose of Real Talk is to bring people together, to know you're not alone during this pandemic or at any time. This is an online support group for adults that meet virtually through video or phone.

- **Feeling Alone?**
- **Feeling Isolated?**
- **Feeling Anxious?**

**Come join us for some great ideas and support!**

**Everyone is welcome.**

**Location: Online-Zoom**  
**Tuesday, April 14, 2020**  
**Time: 12pm -1pm**

**Please register at:**  
**[peer\\_support@dnom.org](mailto:peer_support@dnom.org)**  
**So you will receive the**  
**registration link.**

**This program is provided by Disability Network Oakland & Macomb (DNOM).**