OAKLAND COUNTY MICHIGAN
HEALTH DIVISION
DAVID COULTER
OAKLAND COUNTY EXECUTIVE

CORONAVIRUS COVID-19

# STOP THE SPREAD OF GERMS

## HELP PREVENT THE SPREAD OF RESPIRATORY DISEASES

Wash your hands often with soap and warm water for at least 20 seconds.

Clean and disinfect frequently touched objects and surfaces.

Avoid touching your eyes, nose, and mouth with unwashed hands.

Cough and sneeze into your upper sleeve or cover your cough or sneeze with a tissue, then throw in the trash. Wash hands.

Stay home when you are sick, except to get medical care. Call ahead before you visit your doctor or emergency room.

Avoid contact with people who are sick.

For more information: **oakgov.com/health**

NURSE ON CALL PUBLIC HEALTH INFORMATION
800.848.5533 NOC@OAKGOV.COM
OAKGOV.COM/HEALTH
@PUBLICHEALTHOC

*The Oakland County Health Division will not deny participation in its programs based on race, sex, religion, national origin,age or disability. State and federal eligibility requirements apply for certain programs.*

2/28/20