

*DWIHN Customer Service Department*  
*Keeping you up-to-date since 2007*

## **WHAT'S COMING UP!**

*October 2019*

### **October is “National Disability Employment Awareness Month”**

*“Recognizing the contributions of Americans with disabilities who help keep the nation’s economy strong, reaffirming a commitment to ensure equal opportunity for everyone in America.”*

- September 27      **Fish & Loaves Pop-Up Produce Market**, a drive-up chance to get your produce...at no cost! 11am-230pm. Dozier Recreation Center, 2025 Middlebelt Road, Inkster 48141. Sponsored by: Wayne Metropolitan Community Action
- September 28      **15<sup>th</sup> Annual 5K NAMI Walk**, rally to support mental health services across Michigan and the U.S. Belle Isle (follow the signs), check in begins 8am, with walk beginning at 10am. Food, music and fun for a great cause
- October 2          **Hearing Voices Network**, a time and place to talk about hearing voices, without fear or judgment. Mutual support, friendship and exploring your experiences. Every Wednesday, 11:30pm. Our Place Drop-In, 12285 Dixie St., Redford 48239; [www.hearingvoicesusa.org](http://www.hearingvoicesusa.org)
- October 3          **ACCESS Hope House Open House**, a chance to see a whole health clubhouse in action; food, giveaway, prizes and more. Free. 3pm-7pm. 6470 Williamson, Dearborn 48126. Questions call Wendy: 313 633-1361
- October 3          **Wellness Self-Management**, all about mental health, recovery, barriers and how to overcome them. Wellness conversation in a friendly informal setting. Every Thursday from noon to 1pm. Our Place Drop in Center, 12285 Dixie St., Redford 48239. Info call 313 543-3393
- October 4          **DBSA (Depression & Bipolar Alliance)** meeting the first and third Friday of each month to discuss issues and steps toward Recovery, 6pm-730pm; Our Place Drop-In Center, 12285 Dixie Street, Redford 48239; call 313 543-3393 for information
- October 7          **NAMI Eastside Support Group**, an informal meeting to network and discuss mental health issues and supports, and innovative steps toward recovery. Each month, the 1<sup>st</sup> & 3<sup>rd</sup> Mondays, all meetings at 7pm. Henry Ford Cottage Hospital, 159 Kercheval Grosse Pointe Farms; contact Barb 313 886-8004
- October 7          **NAMI Connections Recovery Support Group**, be a part of this groundbreaking group that meets every 1<sup>st</sup> and 3<sup>rd</sup> Monday of each month, building better lives through understanding, empathy & compassion. 6pm-

800pm; Beaumont-Taylor Hospital, 10000 Telegraph Rd., Taylor 48180.  
Questions call: Jennifer 734 881-0935

- October 8      **Support for Those Who Have Lost Loved Ones to Addiction**, a FAN support group, meeting every 2<sup>nd</sup> & 4<sup>th</sup> Tuesday of each month. PC Alano Club, 8669 North Lilly Rd, Canton. 7pm-830pm. Call 734 612-5301 or email [nwwayne@familiesagainstnarcotics.org](mailto:nwwayne@familiesagainstnarcotics.org)
- October 8      **Family and Friends Peer Support Group**, informal meeting offering help, healing and hope. 630pm-730pm. 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month. Canton Municipal Complex, 1150 S. Canton Center Rd., Canton 48188  
[nwwayne@familiesagainstnarcotics.org](mailto:nwwayne@familiesagainstnarcotics.org)
- October 9**      **Direct Care Worker Career Fair**, free event for those who want to make a difference in the lives of people in need. 10am-4pm. Burton Manor, 27777 Schoolcraft, Livonia 48150. Register: [eventbrite.com/e/the-dwihn-career-fair-tickets-70316583795](https://www.eventbrite.com/e/the-dwihn-career-fair-tickets-70316583795)
- October 12      **Family Health Clinic**, every 2<sup>nd</sup> Saturday of each month. Free dental services, blood work, free healthy food items. 10am-4pm; Islamic Institute of Knowledge, 6345 Schaefer Road, Dearborn 48126
- October 14      **YOGA**, stretch your mind and body. The 2<sup>nd</sup> and 4<sup>th</sup> Mondays of each month. Free. 11:30am. Our Place Drop in Center, 12285 Dixie Street, Redford 48239. Info call 313 543-3393
- October 15      **Youth MOVE Detroit Advisory Council**, for ages 14-25. Help make suggestions and decisions that impact services provided youth in Detroit and Wayne County. Training opportunities; Free. Today and every 3<sup>rd</sup> Tuesday; 5pm-630pm; Children's Center, 79 West Alexandrine, Detroit 48201
- October 16**      **Adult Mental Health First Aid Training**, learn how to help someone you know with a mental health crisis. 830am-5pm; BHPI, 1333 Brewery Park, #300, Detroit 48207. To register: [ddechamps@teamhs.onmicrosoft.com](mailto:ddechamps@teamhs.onmicrosoft.com) or call 734 771-3619
- October 16**      **NAMI Family Support Group**, caring group who utilizes their lived experience to help others. 3<sup>rd</sup> Wednesday of every month. 7pm. Henry Ford Wyandotte Hospital, 5<sup>th</sup> floor, room #5, Wyandotte, 48192. Info: call Shirley 313 292-3324
- October 17**      **Aging Matters Expo**, learn about resources, services and critical issues to ensure older adults live with dignity and choice. 8am-3pm; Fellowship Chapel, 7707 W. Outer Drive, Detroit 48235. Register: [agingmattersexpo.com](http://agingmattersexpo.com)
- October 18      **"Reaching for the Stars" Banquet and Award Night**, a dressy dinner and dance event for all DWMHA members receiving services. Free. Fellowship Chapel, 7707 W. Outer Drive W., Detroit 48235

- October 24                    **STEPS to Success**, Services to Enhance Potential's 3<sup>rd</sup> Annual fundraiser, featuring casino games, food and drinks, and a lot of fun. Learn about STEP and its impact on the community. 5pm-8pm. Western Wayne Resource Center, 450 S. Venoy Road, Westland, 48186
- October 30                    **EVOLVE**, an informal lunch meeting for people receiving services in Wayne County. 11am-130pm. Location to be announced! RSVP: <https://form.jotform.com/81444749160156> or contact Robert Spruce 313 344-9099 x 3235 for details
- November 2                    **Day of Restoration**, 10am-3pm, Cathedral of St. Paul, 4800 Woodward Avenue, Detroit, an annual homeless resource fair that links people who are homeless to community resources. Medical, behavioral and social services available onsite. Sponsored by Northeast Guidance Center and the Authority. Free
- November 6                    **Tri-County Peers Connect**, Topic to be determined with breakfast and lunch included. Free. 8:30am-4pm. Oakland Community Health Network, 5505 Corporate Drive, Troy 48098. [www.oaklandchn.org/Training/Training](http://www.oaklandchn.org/Training/Training)
- November 15                    **Constituents Voice Meeting**, members and guests welcome to meet and make recommendations for programs and improvements in the Detroit-Wayne mental health system. 10am-noon; DWMHA, 2<sup>nd</sup> Floor, 707 W. Milwaukee, Detroit 48202
- November 18-22                    **Peer Support Regional Certification Training**, week-long training for those members who are employed and want to extend their knowledge of peer support. Registration fee must be paid by your employer. Sacred Heart Major Seminary, 2710 W. Chicago, Detroit 48206