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June Giveaway



We hope to help you with a home improvement project or celebrate a special Dad in your life with this month's giveaway.

We will randomly draw 2 Caregivers who will each receive a \$50 Menards gift card.

Be sure to check next month's publication to see the winners, good luck!

"Refuse to be average. Let your heart soar as high as it will."

-Aiden Wilson Tozer



Congratulations to May Winner

Shonda Watson!

We hope you and your family enjoy the zoo pass!



7th Annual ZIPPITY ZOO DA DAY

**All people with disabilities and their families
are invited to join us for a day of FREE fun!**

**July 25, 2019
10 am – 4 pm**

Saginaw Children's Zoo

**1730 S. Washington Ave
Saginaw, MI 48601**

**For Tickets Email
ZippityZoo@stuartwilsonfi.com**

Proudly Presented by

STUART T. WILSON CPA, PC

**Certified Public Accountant
Fiscal Intermediary**





LET'S EAT!

Join us at **MEET UP and EAT UP**, where children 18 and younger can enjoy a tasty, healthy meal – **FREE OF CHARGE!**

TO FIND A SITE, CALL 2-1-1 OR TEXT "FOOD" TO 877-877



Www.ACCAutism.com
(586)228-9991
autism@accofmi.com

Summer Club For Teens with Autism

Tuesday and Thursdays (July 16– August 8)

9am-12pm (Ages 11-14)

1pm-4pm (Ages 15-18)

Location: Brandenburg Park

Cost: \$100 Resident/\$105 Non Residents

**Not intended for individuals who require 1:1 support*

- Social Skill Development
- Independent Living Skills
- Make New Friends
- Play Games & Have FUN!
- Self-Care Skills
- Safe, Structured Environment

**Park Entrance Information: Drop off/pick up allowed prior to start/stop time of program. Families who intend to stay past normal drop off/pick up times will be subjected to daily park fee at the gate.*



Online Registration through Chesterfield Parks & Recreation:

parks.chesterfieldtwp.org

(Located under Youth Recreation Tab: Summer Day Camp: Special Needs Camp)

The
Sterling Heights Public Library
Proudly Presents

Adaptive Storytime

A small group storytime designed for children ages 3 to 10 who have special needs. The rhythm, movement, and sensory-friendly activities at this program are especially suited for children with autism or other sensitivities.

Saturdays from 10:30 to 11:30 a.m.

May 4 June 8 July 6 Aug. 3

Please call (586) 446-2640 to register.



40255 Dodge Park Road
Sterling Heights, MI 48313
(586) 446-2665 • www.shpl.net

WAYNE COUNTY

SENIOR

Funfest 2019

Saturday, June 22 / 11 a.m. - 2 p.m.

Rain or Shine

Ages 60 & over only • Wayne County Residents Only •

No children please

Lunch will be served at 11:30 a.m.
Enjoy our information tents, bingo
and other activities.

Location:

Nankin Mills picnic area

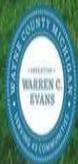
33275 Hines Dr.
Westland, MI 48185
(off Ann Arbor Trail)

For tickets or more information:

Detroit, Hamtramck, Highland Park,
Harper Woods & Grosse Pointe - (313) 224-2004

Wayne County Senior Services &
all other Wayne County areas - (734) 326-5282

www.waynecounty.com



Michigan's Only Home Care Eye Doctors

Eye Travel has focused on providing residents of Southeastern Michigan with top-quality eye care. Using state of the art portable medical equipment, each patient receives a comprehensive eye exam. The exam begins with the doctor testing the patient's vision. The doctor continues to give a full eye exam, checking the overall health of the eye.

If you have any questions you can call our office at (248)376-6046 or send an Email to drzacks@eyetraveldoc.com



June 17—August 23, 2019

GTL YOUTH SUMMER CAMP

"A healthy living cooking camp for kids"

 info@thehillphousemission.org

Early registration begins March 1, 2019





Employee Milestone Anniversaries

We would like to recognize and congratulate the employees below for reaching a milestone anniversary in May.



5 Years

ROBERT BURGESS

DEBRA FRAZIER

TEQUILIA GUYTON

DEBORAH LABOUBE



Thank you for demonstrating a continued commitment to ExpertCare and the clients we service. You make a difference!



OAKLAND

Free Children's Sports Health Fair

**FREE Sports Physicals
for Oakland County youth
ages 18 & younger**

Must be accompanied by a parent or guardian



Saturday, July 27, 2019
10 a.m. - 2 p.m. at
McLaren Oakland
Children's Clinic

673 Martin Luther King Blvd.
Pontiac, MI
(248) 334-0024

Parking for this event is located across the street at the Dollar Tree parking lot



▪ Food ▪ Fun ▪ Games ▪ Music ▪ Prizes ▪ And More! ▪



Plus, enjoy live, positive music provided by QTMC (Quest to Make a Change)

Recipient Rights Corner

ExpertCare would like to first thank you for providing the highest quality care to your Recipient. ExpertCare wants to ensure the safety of our Recipients and continue to give you the tools to provide safe quality care and well-being. Below are incidents that resulted in Recipient Rights violations. Please review the following Rights reminders to prevent further violations.

- ⇒ While providing services, all Recipients shall receive services suited to his/her condition. This can include but not limited to, treatment in the correct environment and the right setting for services. Community Living Support (CLS) services may only be provided in the Recipient's home or community. CLS activity may not be conducted in the Caregiver's home. Consumers must be working toward the goals in the Individual Plan of Service (IPOS) during CLS hours.
- ⇒ If you believe that any right of a Recipient has been violated by a volunteer or someone working for a CMH organization or contracted agency you must file a Recipient Rights complaint immediately upon learning of the complaint/ allegation. As an employee that works with CMH Recipients, you are obligated to report all, apparent or suspected, Recipient Rights violations. If you fail to report, apparent or suspected violations, you are in violation of the Recipient Rights Code. You must immediately report the complaint directly to the Recipient Rights office.
- ⇒ While providing services, all Recipients shall receive services suited to his/her condition. Caregivers will support and encourage the Recipient's goals and objectives outlined in the plan of service. Caregivers must always follow the plan of service while providing services to a Recipient. CLS and Respite services must be provided face to face. For example, if a Recipient is outside you must always be outside interacting and monitoring them.
- ⇒ Seclusion means the temporary placement of a Recipient in a room, alone, where egress is prevented by any means. It is the policy of ExpertCare Management Services that Freedom of Movement is not limited by Caregivers. Physical restraint or seclusion may not be used to limit the movement of a Recipient. For example, a Caregiver cannot hold the doorknob to prevent a Recipient from exiting a room.

When providing care to a Recipient there are many rules that need to be followed and at times these can be difficult to remember. If you have questions or concerns about your case or do not fully understand the IPOS, please call ExpertCare. We are here to help you better understand the Recipient's Rights before it becomes a violation. We appreciate your attention to this matter. If there are any questions or concerns, please feel free to contact ExpertCare at (248) 643-8900.

GRIT, GLAM AND GUTS **DETROIT** PRESENTS

ADJUST YOUR CROWN, SIS!

EMPOWERMENT CONFERENCE FOR TEEN GIRLS
(AGES 12-17)

JUNE 8, 2019

11:30 am - 2:30 pm

MSU Detroit Center
3408 Woodward Ave,
Detroit, MI 48201

FOR MORE INFORMATION OR TO REGISTER VISIT
OUR WEBSITE AT WWW.GRITGLAMGUTS.COM



Residential College in
the Arts and Humanities
MICHIGAN STATE UNIVERSITY



COOKING with KIDS

This free, hands-on program teaches families to make healthy food choices, while learning to cook fresh, affordable recipes from diverse cultural traditions.

UPCOMING SESSIONS:

Wednesdays from 5:30 to 7:00 p.m.

April 17 – May 8, 2019

Thursdays from 5:30 to 7:00 p.m.

June 6 – June 27, 2019

Tuesdays from 11:30 a.m. to 1:00 p.m.

July 9 – July 30

Thursdays from 5:30 to 7:00 p.m.

July 11 – August 1

Thursdays from 11:30 a.m. to 1:00 p.m.

August 8 – August 29

Participating families are invited to arrive 45 minutes early and play in the museum for free! Weekly incentives will be provided.

This program is free, however, seating is limited. Please register by phone at 810.232.2228 or online at www.surveymonkey.com/r/2019CWK



Visit www.commit2fit.com



REGISTRATION NOW OPEN!



The Anchor Bay Lake Monsters is an adaptive softball team for players with developmental and physical impairments. Players age 12 through adult will be placed on teams based on ability. We will be part of the Northeast Adaptive Recreational Softball League where we will play teams from surrounding communities.

For more information or to register for the team contact:

New Baltimore Parks & Recreation

586-725-0291 www.nbrecreation.org

Chesterfield Township Parks & Recreation

586-949-0040 ext. 4 <https://parks.chesterfieldtwp.org/>

EMAGINE[®] SUMMER KIDS' MOVIES JUNE 12-AUGUST 15

It's a summer filled with action, adventure, and laughter when you make movies your favorite summer treat! Starting in June, join us every week on Wednesdays and Thursdays* for our Kids Summer Movie Series. Admission just \$2 for everyone! Tickets available online and at the box office only.

Enjoy a Magic Pack and Ticket for just \$7

*There will be no films on July 3rd & 4th 2019

**Dates and Showtimes may change

** Limited availability

** Not offered to groups over 30 people

Visit <http://www.emagine-entertainment.com/kids-summer-movie-series/> for more information

Programs and websites mentioned within this newsletter are for the sole purpose of providing information of interest. ExpertCare Management Services does not endorse these websites, the content, and/or programs mentioned. ExpertCare takes no responsibility for loss or damage suffered as a result of using the information contained in these websites or participation in the aforementioned programs and events.

FATHER'S DAY FUN

Super Sprouts Kid's Club: Paint an Apron for Dad at all English Gardens Locations

June 8, 2019 - Times: 11:30 a.m.-12:30 p.m.

- Address: English Gardens locations in Clinton Township, Dearborn Heights, Eastpointe, Plymouth, Royal Oak and West Bloomfield
- Cost: \$5/person; pre-registration required

Create a one-of-a-kind apron for dad. An adult helper must join the child.

Historic Base Ball Games at Greenfield Village June 8-Aug. 18, 2019 - Times: 1:30 p.m. Saturdays-Sundays

- Address: Greenfield Village, 20900 Oakwood Blvd., Dearborn Phone: 313-982-6001
- Cost: \$28/ages 12-61, \$25.25/ages 62-plus, \$21/ages 5-11, free/kids 4 and under, \$6/parking

Treat dad to a baseball game played by the original Henry Chadwick 1897 Base Ball Book of Reference rules.

Father's Day Giftaganza at the Kensington Metropark Nature Center in Milford

June 9, 2019 - Times: Noon-3 p.m.

- Address: Kensington Metropark Nature Center, 4570 Huron River Parkway, Milford Phone: 810-227-8910
- Cost: \$5/child, \$10/parking

Make a unique, nature-inspired gift to give to dad during this drop-in crafting event.

Grillin' for Food Gatherers in Ann Arbor June 9, 2019 - Times: 3-8 p.m.

- Address: Washtenaw Farm Council Grounds, 5055 Ann Arbor-Saline Road, Ann Arbor Phone: 734-761-2796
- Cost: \$75-\$85/14-plus, \$10/3-13, free/2 and under

Treat dad to some food made by local eateries, live music and a bar. There are kids' activities, too. Best of all, you'll be helping out the Food Gatherers of Ann Arbor.

Canton Liberty Fest

June 13-15, 2019 - Times: 1-10 p.m. Thursday, 1-11 p.m. Friday, 10 a.m.-11 p.m.

- Address: Heritage Park, 46202 Heritage Park Road, Canton Phone: 734-394-5460
- Cost: free/admission, \$25-\$30/ride wristbands

Canton Liberty Fest happens just before Father's Day, earning it a spot on our Father's Day Detroit calendar of events. Hit it up to enjoy local bands, midway games and rides galore. Plus fireworks and the Liberty Run.

Redford Township Festival at Bell Creek Park in Redford June 13-16, 2019 - Times: 6-10 p.m. Thursday, 6-10:30 p.m. Friday, noon-11 p.m. Saturday

- Address: Bell Creek Park, 15145 Inkster Road, Redford Phone: 313-387-2650
- Cost: Free/general, fees/ride wristband

This annual fest offers games, rides and live entertainment for kids and dad to enjoy.

Belleville National Strawberry Festival

June 14-16, 2019 - Times: Noon-10 p.m. Friday, 10 a.m.-10 p.m. Saturday, noon-7 p.m. Sunday

- Address: downtown Belleville Phone: 313-383-8920
- Cost: free/admission, fees/rides and other activities

When it comes to fairs and festivals in Michigan, this is a big one! Strawberries are the main highlight, but it also offers two midways full of games and rides, a parade, crafts on display, live music and entertainment, food and more.

Ann Arbor Summer Festival

June 14-July 7, 2019 - Times: Vary by date

- Addresses: Various venues in Ann Arbor Phone: 734-994-5999
- Cost: Free/outdoor shows, costs vary/indoor concerts

This annual fest offers hundreds of musical and theatrical performances, kids' activities, art on display and much more.

Motor Muster at Greenfield Village in Dearborn June 15-16, 2019 - Times: 9 a.m.-5 p.m. Saturday, 9:30 a.m.-5 p.m. Sunday

- Address: Greenfield Village at The Henry Ford, 20900 Oakwood Blvd., Dearborn Phone: 313-982-6001
- Cost: Free with museum entry: \$25.25-\$28/adults, \$21/ages 5-11, free/4 and under, \$6/parking

See more than 500 vintage cars, motorcycles, special demonstrations and much more.

Plymouth YMCA Father's Day Run

June 16, 2019 - Times: 6:30-8:30 a.m./packet pickup, 8-8:30 a.m./races

- Address: Plymouth Family YMCA, 248 Union St. Phone: 734-453-2904
- Cost: \$20-\$40; preregistration required

The local YMCA hosts this annual event, which has runs and walks for the entire family.



Huntington celebrates the Flint Institute of Arts by providing everyone access free of charge every Saturday.

Huntington's "Welcome" philosophy is a perfect fit for Free Saturdays at the Flint Institute of Arts and an open invitation for all to come, see, and experience art. Throughout its 150-year history, Huntington has committed to a full scope of community investments from business growth, affordable housing and financial education to sustaining a better quality of life through support of arts and education.

John Henry, FIA Executive Director said "we are very grateful to Huntington for making our communities better places to live by providing everyone access to the FIA's extraordinary collection and temporary exhibitions each week without charge. The increased activity on Huntington Free Saturdays generates a level of energy and enthusiasm which makes our museum a truly exciting place to be.

Visit <https://www.flintarts.org/> for more information.

Free Community Yoga

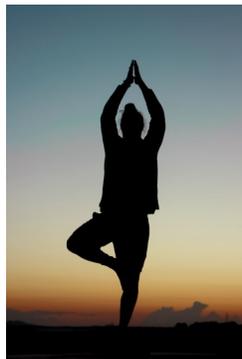
Crim Fitness Foundation is bringing yoga to Brownell STEM Academy.

We have the pleasure of having Crim's Mindfulness team instruct yoga another year. They have amazing instructors and classes and we can't wait to get started.

Please join us for Community Yoga. Bring a towel, a positive vibe and a friend. Yoga mats and water are provided. You are welcome to bring your own. Every Wednesday from 4:30-5:30pm in the school gym. This is an on going event. Check our calendar for session dates.

Location
Brownell Holmes STEM Academy

For more information please visit www.crim.org



Father's Day Fun Continued

Fox Hills Father's Day Brunch in Plymouth

June 16, 2019 - Times: 10 a.m.-3 p.m.

- * Address: Fox Hills Golf Course & Banquet Center, Golden Fox Clubhouse, 8768 N. Territorial Road, Plymouth Phone: 734-453-7272
- * Cost: \$30.95/adult, \$13.95/ages 3-12; additional fees may apply; reservations required

Make a reservation for a meal with dad. Ask about purchasing a round of golf.

Eyes on Design Car Show at the Edsel & Eleanor Ford House

June 16, 2019 - Times: 10 a.m.-4 p.m.

- * Address: Edsel & Eleanor Ford House, 1100 Lake Shore Road, Grosse Pointe Shores Phone: 313-884-4222
- * Cost: \$25/adults, free/12 and under with a paying adult

Bring dad out to enjoy a variety of themed cars on display.

Hot Dogs & Wagon Rides with Dad at Wolcott Mill Metropark in Ray Township

June 16, 2019 - Times: noon-3 p.m.

- Address: Wolcott Mill Metropark Farm Center, 65775 Wolcott Road, Ray Township Phone: 586-752-5932
- Cost: free/dads, \$5/person, \$10/park vehicle entry

See the farm animals and garden, take a hayride and top your day off with a yummy grilled hot dog.

Dad's Free Hayrides at Kensington Metropark in Milford

June 16, 2019 - Times: noon-4 p.m.

- Address: Kensington Metropark, 4570 Huron River Parkway, Milford Phone: 810-227-8910
- Cost: free/hayrides for dad, \$5/kids and moms, \$10/vehicle entry

Dads, bring your kids by for a day of fun on the farm and treat yourself to a free hayride while you're there.

Father's Day Facts and Fictions at Lake Erie Metropark in Brownstown

June 16, 2019 - Times: 2 p.m.

- Address: Lake Erie Metropark Marshlands Museum, 32481 W. Jefferson, Brownstown Phone: 734-379-5020
- Cost: \$5/adult, \$3/child, free/dads, \$10/parking

Learn about the jobs different dads in the animal kingdom are expected to perform and see if you can figure out which dad is tops.

Father's Day Fungi Hike at the Leslie Science and Nature Center in Ann Arbor

June 16, 2019 - Times: 4-5:30 p.m.

- Address: Leslie Science and Nature Center, 1831 Traver Road, Ann Arbor Phone: 734-997-1553
- Cost: \$5/person, free/dads; advance registration required

Dad will love taking a guided hike through the woods and kids will enjoy spotting different mushrooms and learning how to identify each of them.

GETTING TO KNOW THE EXPERTCARE

OFFICE STAFF

We thought it would be nice to introduce ourselves and tell you a little bit about each of our office staff. Each month we will feature a new interview with someone from our office.

MEET JENNA PHILBURN



ECare: If you didn't have to sleep, what would you do with the extra time?

Jenna: I would spend more time doing things on my farm, the list is never ending! Between caring for our animals and the daily up keep it would be amazing not to have to sleep!

ECare: When you are working towards a goal, what keeps you motivated?

Jenna: I am a very determined person. If I set a goal or say I will accomplish something, I have a very hard time giving up on that. When things may get difficult I stop and make a plan to break the goal down into smaller steps. This way I don't get discouraged if it is taking longer than anticipated.

ECare: What do you wish you knew more about?

Jenna: Everything! I am a very curious person and want to understand the why behind things. I love learning about history and trying to understand why people did things.

ECare: What are some things that help you have a great day?

Jenna: Always being thankful for the small things, every day is a blessing and trying to look at the bigger picture.

ECare: What do you like most about ExpertCare?

Jenna: The culture! The way everyone is always willing to step in and help one another.

ECare: Tell us about a proud moment that happened at ExpertCare.

Jenna: Finding out that I was promoted into a new role.

ECare: Tell us one thing someone might not know about ExpertCare.

Jenna: That we are here to help. If you are having trouble or frustration on your case do not hesitate to reach out. We will do our best to help you find a solution.

Michaels Kids Club

06/01/2019
10:00 am - 12:00 pm

They craft, you shop! Kids 6 and up can enjoy making a craft. Sign up in store or online, or just drop in. Parent or guardian must remain on premises during the event.

Cost: \$2 – \$5 per child

Please verify with store before attending. Michaels Kids Club can be canceled for holidays, store closings, or other events.

History Alive

A timeline of historical reenactors at the Chesterfield Historical Village

10AM - 4PM Saturday, June 1, 2019

& 10AM - 3PM Sunday, June 2, 2019



Living historians will transform the Chesterfield Historical Village into a walk through time. Bringing history to life with clothing, equipment, encampments and displays from various cultures and periods throughout history.

Take an up close and personal look as the past comes to life!

