

15th Annual Walk-A-Mile In My Shoes

Thursday, May 9, 2019

Walk 5,280 Feet With Us!

One Mile to.....

Hope

Equality

Understanding

Oakland County Pride!

We will take a Oakland County group photo on the Capitol steps! Please be on the left side of the Capitol steps at 12:30 for the group photo.



State Capitol Building, Lansing

Group Photos: 12:30 - 1:30 p.m. Presentations: 1:30 - 2:45 p.m.

We Walk Because...

- May is Mental Health Awareness Month
- Michigan does not have parity between mental health and physical health care coverage
- Legislators need to know *Mental Health Matters*.

Our Goal...

- Enhance public awareness
- End mental illness, developmental disabilities, substance recovery stigma
- Promote mental health and wellness
- Make a difference!



Visit www.oaklandchn.org for more information.



Ride On The Walk-A-Mile In My Shoes Rally BUS!!

State Capitol Building, Lansing

Thursday ~May 9, 2019

What You Need to Know

• There are two locations where you can get on the bus:

North Oakland: MORC-Auburn Hills Office

1270 Doris Rd, Auburn Hills, MI

South Oakland: Oakland Community Health Network (OCHN)

5505 Corporate Drive, Troy, MI

• The bus ride is FREE. Space is limited

• The bus is able to accommodate a limited number of wheelchairs. Please indicate if you use a wheelchair when you call

• You <u>MUST RSVP</u> to save a spot for yourself on the bus and indicate which location you will get on the bus

• There is no smoking on the bus

Bring your own lunch, beverages & snacks

• The buses will leave promptly at the scheduled times

Tell your provider agency you want to attend

• All 83 counties have a designated flag carrier

Make signs and bring them to the rally

• OCHN will provide t-shirts to represent Oakland County

BUS SCHEDULE

9:15 a.m. Leaving North Pickup location
10:00 a.m. Leaving South Pickup location

12:00 p.m. Arrive in Lansing 3:00 p.m. Bus Leaves Lansing

4:30 p.m. Bus arrives at South drop off 5:00 p.m. Bus arrives at North drop off Reserve Your Bus Seat!

Contact Debbie Wisser (248) 858-0929 Or wisserd@oaklandchn.org

Rally Bus Sponsored By:

