

# EXPERTCARE CHRONICLE

SEPTEMBER 2017

## WHO DOESN'T LIKE FREE PIZZA?!?

This month we are giving away \$25  
pizza gift cards to four Caregivers  
drawn at random.

**Good Luck!**



Compassionate

A heart to serve

Reliable

Encouraging

Giving

Innovative

Very hard working

Experienced

Respectful

Super star!



## AUGUST WINNERS



**Congratulations  
Sparkle DeBose &  
Sherry Maloy we hope  
the Walmart gift card  
helps with your school or  
household needs!**

Just a  
reminder...

## COUNTY FISCAL YEAR END IS 9/30/2017

This means that ExpertCare must receive all unpaid  
timesheets and expense reports with dates worked 9/30/2017  
and before by Monday October 2, 2017 at 8AM.

If we do not receive your timesheet or expense  
report by this time, they cannot be processed as we have  
very tight deadlines due to county year end.

**IT IS IMPERATIVE WE RECEIVE ALL TIMESHEETS AND  
EXPENSE REPORTS BY THIS TIME!**

Thanks for all the amazing work you do! Karent.

In recognition of Direct Support Professional Week, we

would like to thank you for all that you do each day!

You are the reason we are successful! Thank you!  
-Katie

You all are incredible with all that you do!  
Thank you!  
Blessings

You don't realize the quality of life you bring to others. Thank you!  
- Marisa Jinkel

Thank you for your excellent care & service to our clients.  
- Leah

Thanks for all you do!  
Dorcas  
Jodie

"You Are Truly Appreciated!!  
Thanks for all you do!!  
Shuan

You make another person's day so much brighter  
Sylvia

Thank you for all you do!  
All your love  
Maura

Thank you for being a bright light in others' lives!  
- Andrea

Thank you so much for all you do!  
- Tiffany

Thank you for all your hard work and the impact you make each and every day!  
- Donna

Thanks for all that you do.  
Michelle

Thank you for making a difference!  
- Nicole

Thank you! Just wanted to let you know your AWESOME for all the amazing work.  
\*Amanda\*

We appreciate your hard-work!! Thank you!!  
Shannah

Thanks for doing what you do!  
- Amanda

Thanks for all you do. Keep up the good work.  
Tat

Thank you for all that you do!  
- Beth

Thank You For All of your hardwork. You are making a difference!  
Stacie

You are true amazing!! Thank you for all that you do  
- Chelsea

Thank you for all of your hard work!  
- Kelley

Thank you for all that you do!  
Sherry

Thank you for all your hardwork!  
- Angela

Thank you for all the amazing work you do to our clients & families!  
Stacie

Thanks for everything you do every day!  
You are extremely appreciated! Thank you for your dedication to helping make a difference in peoples' lives!  
Lindsay

I appreciate everything you do everyday to make a positive impact on people's lives. Thank you. Thank you. Thank you!  
- Dan Taylor



You are making a difference in someone else's life each & every day. Thank you!  
- Jennifer

Thank you for everything you do each and every day! You are appreciated!  
- Jenna

You make a difference every day! Thank you for your service!  
- Julie



## Caregiver Milestone Anniversaries

We would like to recognize and congratulate the below Caregivers for reaching a milestone anniversary in September.

### 10 Years



Stacy Moceri

Ida Treadway

### 5 Years

Taisha Smith-Bailey



Tara Hermez

Jessica Baker

Thank you for demonstrating a continued commitment to ExpertCare and the clients we service. You make a difference!

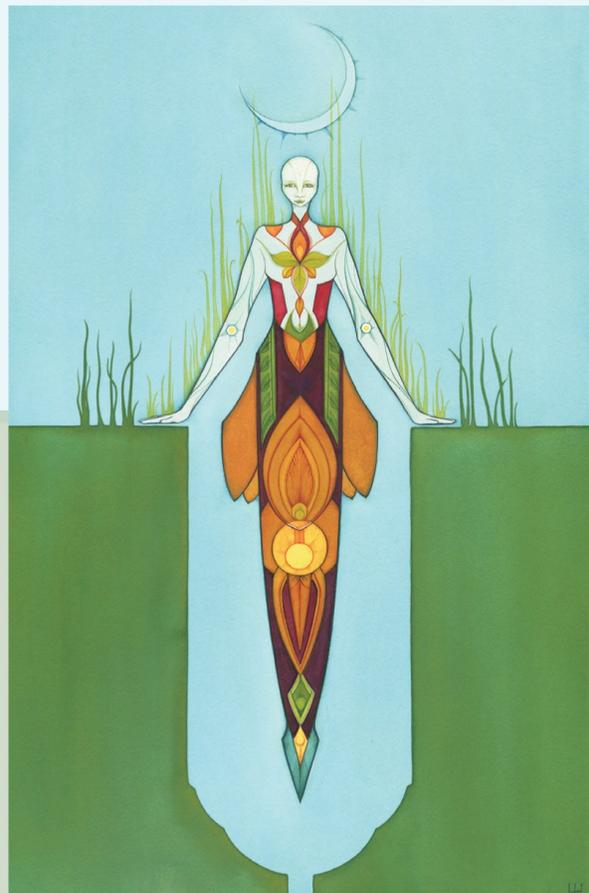
## FALL SCHEDULE

It's already time to start preparing for the fall! As a caregiver, will your schedule be changing? Will you be open for more hours? Or are you a consumer family who will be looking for additional staff during the school year?

Please contact a Staffing Consultant today so we can assist you with your scheduling needs at 248-643-8900.



## Common Ground's 43rd Annual Birmingham Street Art Fair



"Equinox" by Lisse Williams

**September 16 & 17, 2017**  
**In Downtown Birmingham**

Featuring the Annual Silent Art Auction  
to benefit Common Ground  
[www.BirminghamStreetArtFair.com](http://www.BirminghamStreetArtFair.com)

Produced in association with





## 23rd Annual Golf for Autism Autism Society Oakland County

This is the premier fundraiser for the Autism Society Oakland County. The funds raised during this fun day will enable us to continue to support services and groups for those impacted by autism throughout our community.

SUNDAY  
September 10, 2017  
From 8:00 a.m. to 4 p.m.  
PINE KNOB GOLF COURSE  
5580 Waldon Road  
Clarkston, Michigan



# SNAG Golf

Registration Now Open!  
Starts Sept. 11th at the OU Golf Course!



- Physical Fitness while having FUN!
- Improve Coordination & Motor Skills
- Modified Equipment for Any Skill Level
- Develop a Life-Long Hobby
- Improve Listening Skills & Direction Following
- Learn Pitching, Chipping & Putting

For more information and to register, go to [www.oakland.edu/oucaes](http://www.oakland.edu/oucaes) or email [oucaes@oakland.edu](mailto:oucaes@oakland.edu)

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## Michigan State Fair

September 1-5  
Suburban Collection Showplace, 46100 Grand River Ave, Novi  
Admission: \$8 Adults, \$6 Ages 2-11  
\$1.25/ride tickets; \$30 for rides, fair, and circus; \$17 circus only; \$10 parking

## Arts, Beats, & Eats

September 1-4 @ Royal Oak  
Fri-Sun / Sept. 1-3 / 11:00am – 11:00pm  
Mon / Sept. 4 / 11:00am – 9:30pm  
Admission: Friday: Free until 5pm, After 5pm is \$7. Saturday, Sunday, & Monday: \$3 until 3pm, \$5 after 3pm, and \$7 after 5pm.

## Detroit Jazz Festival - Free

September 2-5 @ downtown Detroit

## Tastefest and Family Feud

September 29, 6:00pm – 10:00pm  
Mirage Banquet Center, 18 Mile Rd, Clinton Township, 48038  
\$25 per person  
Enjoy delicious food from 20 local restaurants then watch community leaders play Family Feud with host Peter Lucido. Proceeds benefit the Childhood Cancer Campaign, Optimist International Foundation and Community Youth Activities.  
Contact Doris Modrak for Tickets: 586-571-2577

## Metro Boat Show

September 14-17, Lake Saint Clair Metropark  
31300 Metropolitan parkway, Harrison Township  
Thursday-Friday: 12pm – 7:30pm / Saturday: 11am – 7:30pm / Sunday: 11am – 6pm  
Cost: \$10/adults, Free for kids 12 and under, \$10/park admission  
Live music, art on display, and kids activities; plus a boat and watercraft show, swimming, demonstrations and more.

## Troy Family Daze

September 14-17, 2017  
Address: Troy Civic Center, 3425 Civic Center Drive  
Times: 4-9 p.m. Thursday, 4-11 p.m. Friday, 11 a.m.-11 p.m. Saturday, noon-9 p.m. Sunday  
Phone: 248-909-0977  
Cost: \$3/person, free/under age 6  
Come together with your community for four days of food, family entertainment, live animal, a cirque show, carnival and more.

## Oktoberfest Sterling Heights

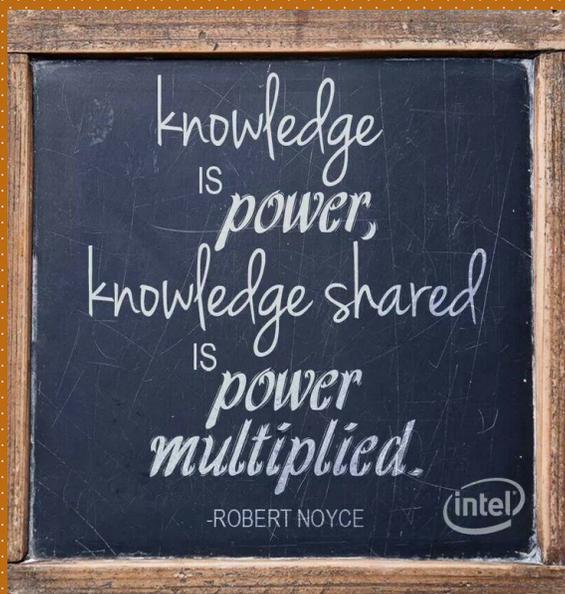
September 15-17, 2017  
Address: Caparthia Club, 38000 Utica Road, Sterling Heights  
Phone: 586-978-2292  
Cost: \$3/adult, free/kids  
Find authentic German food, music and beer, dancing, kids' activities and more.

# Recipient Rights Corner

ExpertCare would like to first thank you for providing the highest quality care to your Recipient. ExpertCare wants to ensure the safety of our Recipients and continue to give you the tools to provide safe quality care and wellbeing. Below are incidents that resulted in Recipient Rights violations. Please review the following Rights reminders to prevent further violations.

⇒ Caregivers cannot borrow, take or ask a Recipient/ Recipient's family members for funds to benefit them or another individual. An example of exploitation of a Recipient is accepting money, goods, or services from the Recipient, for anything other than the behalf of that Recipient. Caregivers are not to ask, take or borrow money for gas.

When providing care to a Recipient there are many rules that need to be followed and at times these can be difficult to remember. If you have questions or concerns about your case or do not fully understand the IPOS, please call ExpertCare. We are here to help you better understand the Recipient's Rights before it becomes a violation. We appreciate your attention to this matter. If there are any questions or concerns, please feel free to contact ExpertCare at (248) 643-8900.



## ExpertCare Enrichment Series

Back by popular demand, we are excited to announce our next ExpertCare Enhancement Series event will be Emotional Intelligence (EI) on Tuesday, September 12th at 10:00am. The course will be approximately one hour in length and will be held in the ExpertCare training room.

Emotional Intelligence is the ability of individuals to recognize their own, and other people's emotions, to distinguish between different feelings and label them appropriately, and to use emotional information to guide thinking and behavior. Studies have shown that people with high EI have greater mental health, job performance, and leadership skills. This course will be designed for both those new and in need of a refresher on Emotional Intelligence. Bagels will be provided.

Please register by visiting [www.expertcare.com](http://www.expertcare.com)

Under the training schedule please filter by "ExpertCare Enhancement Series". This event was created for you and is voluntary.

Thank you,  
Brooke Peiffer and Dan Jacey



## EXPERTCARE CASCAADING CULTURE

For the month of September, we would like to highlight our core value of "Passion for Success". At ExpertCare we believe that having a "Passion for Success" means having a high level of enthusiasm for the work we do. It also means having a high level of intensity and effort towards reaching our goals and every day trying to become a better version of ourselves.

As a care provider, there are a variety of ways to demonstrate having a "Passion for Success". This can include being excited for a client's achievements both large and small. A care provider embodies the "Passion for Success" core value when they give a part of themselves to help a client reach their full potential. "Passion for Success" can also be seen when caregivers educate others on working with individuals with disabilities to help erase stigma.

We will begin accepting nominations in October from families who believe their care provider exemplifies this commitment to having a passion for success in their daily routine.

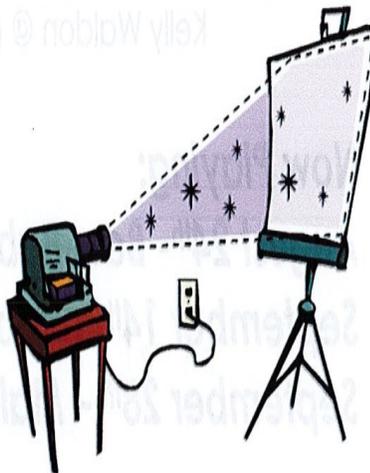
Creative Empowerment Opportunities, Inc.  
– Shelby Township



50683 Design Lane  
Shelby Twp., MI 48315  
586-254-5056

A Fun Night Out for Your Entire

Home & Family!



## CEO – SHELBY PRESENTS MOVIE NIGHT

Movie Night will be held at CEO-Shelby  
every 2<sup>nd</sup> and 4<sup>th</sup> Thursday  
Beginning July 13<sup>th</sup> - December 28<sup>th</sup>  
6pm – 8pm

Tickets: \$3 in advance

\$4 at the door

Your ticket purchase will include popcorn and bottled water  
Pizza, Hot Dogs and additional snacks will be available for purchase at  
our snack bar.

**ALL ARE WELCOME!**

**HOME STAFF IS NOT REQUIRED TO PURCHASE A TICKET BUT MUST**

**ACCOMPANY THEIR CONSUMERS FOR THE ENTIRE MOVIE**

For more information, please contact Trinity Angel or  
Kelly Waldon @ (586) 254-5056

**Now Playing:**

**August 24<sup>th</sup> - Boss Baby**

**September 14<sup>th</sup> – Doctor Strange**

**September 28<sup>th</sup> – Maleficent**

## GETTING TO KNOW THE EXPERTCARE OFFICE STAFF

We thought it would be nice to introduce ourselves and tell you a little bit about each of our office staff. Each month we will feature a new interview with someone from our office.

MEET  
KAREN KEATING



**ECare:** Tell our Caregivers and Consumer families a little bit about you.

**Karen:** I have been married 17 years and have a 15 year old son. I am one of five siblings; "the middle child". I love summer and being up North on the lake.

**ECare:** What is on your bucket list?

**Karen:** I would love to go to Hawaii some day.

**ECare:** What is your position at ExpertCare?

**Karen:** Chief Financial Officer

**ECare:** What are your job responsibilities?

**Karen:** I am responsible for monthly and year end financial statements, banking needs and relationships, making sure the company has proper insurance coverages, managing CPA relationships and year end audits, building maintenance and handling IT issues.

**ECare:** How long have you been working at ExpertCare?

**Karen:** I have worked for ExpertCare for 19 years.

**ECare:** Why do you like working for ExpertCare?

**Karen:** I love the culture and work life balance, but most importantly the services we provide to our consumers to help them succeed.

**ECare:** What is the most challenging part of your position?

**Karen:** The most challenging part of my position is making sure the building maintains optimal operations so staff can do their jobs effectively and efficiently in a clean healthy office environment (EX: computers, printers, etc. all functioning properly).

**ECare:** What's a good piece of advice for Caregivers?

**Karen:** Our consumers are people just like us, they may not be able to do all things the way we do but they deserve the same respect, understanding and compassion we all do as individuals.

## Davisburg Heritage Festival

Celebrate our hometown with family and friends at the Davisburg Heritage Festival! The day will have many activities including: a pancake breakfast, antique tractor and fire-truck display, wagon ride park tours, historical demonstrations, parade through downtown, family fun games, Springfield Tavern, music and live bands, kid's activities and vintage baseball game. Most activities are FREE.

**WHEN:** Saturday, September 23rd

**TIME:** All Day

**WHERE:** Throughout downtown Davisburg

**AGES:** Great for all ages - young and old!

**FEE:** Most activities are FREE,

**Pancake Breakfast:**

Adults Ages 7 & up: \$5 each

Children Ages 3-6: \$3 each

Children Ages 2 & under: FREE



## Touch-A-Truck Event

**September 30, 2017 @ 11am**

**Parking Lot @ N. Saginaw &**

**E. 5th Ave Flint**

**Touch trucks, police/ambulance vehicles, etc.**

**FREE**



## Neighborhood Art Parade + Light Up the City 2017

September 28th, 5-8 pm

Hispanic Technology & Community Center, 2101 Lewis Street

Each summer, Flint Public Art Project partners with community organizations to creatively transform under-appreciated sites into neighborhood attractions. Each month's place-making project culminates in a free barbecue, live local music, and a parade through the streets. Starting in 2015, the Neighborhood Art Parade teamed up with the Michigan State Police's Light Up the City initiative to improve public safety, beautify civic spaces, and build community together.



# Save the Date!

**September 18<sup>th</sup> 2017**

**6pm – 8pm**

## **FEATURING · Legislative Night!**

**Meet local Legislators**

**Express your concerns regarding Community  
Mental Health issues- as a constituent, ask  
for Legislator support: locally, in Lansing & in  
Washington!**

**WHERE: M.O.R.C.**

**1270 Doris Rd. Auburn Hills MI. 48326**

**RSVP: Lynn Maginity**

**(248)538-7830 or [lmaginity@newgateways.org](mailto:lmaginity@newgateways.org)**

**REMOTE CALL IN AVAILABLE**

### **Program:**

Introductions & program overview-Lynn Maginity  
Importance of advocacy & overview of advocacy tools-Robert White  
Moderated break-out sessions with your Legislative Representative-All  
Closing & Recognition-Tom Kendziorski

### **Legislative Attendees Confirmed:**

Rep Jim Runestad District # 44  
Rep Klint Kesto District # 39  
Rep Jewell Jones District # 11  
Rep Christine Greig District # 37  
Sen Patrick Colbeck District # 7

### **Notable Attendees Confirmed:**

Jay Greene-Senior Reporter, Crain's  
Detroit Business

### **Stakeholders Invited:**

Individuals with Developmental Disabilities  
Parents, Guardians, Family Members,  
Providers and Advocates

### **SPONSORS:**

Parent Alliance of Metro Detroit  
AMORC  
The ARC of Oakland County  
The Oakland County RICC  
New Gateways, Inc.  
Freedom Work Opportunities, Inc.

# OUCARES Judo

Tuesdays, Sept. 19- Nov. 14 (No Session Oct. 31)

Time: 6:00pm-7:00pm Location: OU Campus

Cost: \$80

Individuals Ages 7-14 yrs. with Autism

Siblings or peer buddies are invited to register for this program!



- Instructed by 5th Level Black Belt
  - Increase Physical Fitness
- Improve Self-Discipline & Self-Regulation
  - Improve Listening Skills
- Improve Coordination
  - Build Confidence & Self-Esteem
  - Learn to Follow Directives
  - Earn Judo Belts

For more information and to register, go to [www.oakland.edu/oucares](http://www.oakland.edu/oucares) or email [oucares@oakland.edu](mailto:oucares@oakland.edu)



# OUCARES Baseball

For Individuals with Autism

## 2 Age Groups (8-14 yrs, 15+ yrs)

Tuesdays, Sept. 12— Oct. 17

Time: 5:30pm-6:30pm Location: OU Baseball Field

Cost: \$50

- Program coached by OU Men's Baseball Team
- Learn the fundamentals of baseball
- Structured drills on hitting, throwing, catching and more!
- Develop sportsmanship in team-like atmosphere
- All skill levels welcome



For more information or to register, go to [www.oakland.edu/oucares](http://www.oakland.edu/oucares)

# ASPIE WOMEN TALK LIFE

Led by Tracey Cohen self-described 'aspie author' of  
*Six Word Lessons on Female Asperger Syndrome*

**Dates:**

Tuesdays,  
September 19-October 24

**Time:**

6:30-8:00pm

**Location:**

Room 494 Pawley Hall  
(OU Campus)

**Cost:**

\$60

**Social group for adult women ages 18 and older  
with Asperger's or High-Functioning Autism.**

Topics include: interpersonal relationships, employment challenges, daily sensory issues, independence and embracing life with Autism in today's society.



For more information and to register, go to [www.oakland.edu/oucares](http://www.oakland.edu/oucares) or email [oucares@oakland.edu](mailto:oucares@oakland.edu)

# HAMTRAMCK LABOR DAY FESTIVAL

**Come on down to Hamtramck for three days of fun as the city holds its 38th annual Labor Day Festival, September 2, 3, and 4, 2017**

Welcome to the city of Hamtramck. For the past three decades we've celebrated Labor Day weekend with a festival on the Main Street of Joseph Campau, and the only difference from 2016 is that it will be better than ever. This year's festival is being sponsored by HATCH. This year's celebration features the yacht races down Jos. Campau (a Hamtramck tradition), the Golab-K 5K run, and an assortment of crowd-pleasing events for kids and adults of all ages. Leave your bike with the Wheelhouse Detroit, sponsors of our free bike valet! We will happily valet your bike for FREE. We will be located at the north-east corner of Caniff and Jos. Campau, at the festival entrance. As always, there will be plenty of music, food and fun. With two separate stages, booths from a number of restaurants and a full line-up of carnival rides, there's never a dull moment at the Hamtramck Labor Day Festival.

## Art and Apples Rochester 2017

Art and Apples 2017 will take place Friday, September 8 through Sunday, September 10 at Rochester Municipal Park in Downtown Rochester Michigan.

### Hours:

Friday, September 8, 2017 – 4p-7:30

Saturday, September 9, 2017 – 9a-7:30p

Sunday, September 10, 2017 – 9a-4p



**ARTISTS** – artists will showcase their fine art in a variety of mediums – textiles, watercolor, woodworking, glass, pottery, jewelry and more.

**FOOD** – Three food courts will feed hungry festival-goers. New fare this year includes polish cuisine and BBQ goodies along with all of the familiar favorites and of course, apple pies.

**ENTERTAINMENT**– Entertainment will feature both local and national acts including Rochester-area high school bands.

**KIDS STUFF** – Kids and families can enjoy a variety of FREE activities in the Kids Art Zone.



Downtown's Summer Concert Series in Children's Park  
FREE!

Sunday, September 3, 2017 at 2pm – Escaping Pavement

Bring a chair and enjoy free fresh popcorn and water bottles provided by Oxford Bank and enjoy free music.

### Location:

Children's Park  
335 S. Broadway  
Lake Orion, Michigan 48862



## Milford Picnic and Outdoor Movie Nights

Saturday, September 9, 2017 at Dusk –  
Drive In Movie "Minions"

Saturday, September 30, 2017 at 4p –  
Fall Picnic, Movie at Dusk "Hotel Transylvania 2"

Milford Twp is hosting their FREE Milford Picnic and Movies series in Downtown Milford on select days through the summer. Movies start at dusk.

### Central Park

Main Street (between Huron Street and Liberty Street)  
Milford, MI



## LOOK WHO'S TALKING

### AUGUST CAREGIVER OF THE MONTH

#### DAWN BERKHOLZ

**ECare:** Tell us something about yourself that others find interesting:

**Dawn:** I am very outgoing and have a great personality.

**ECare:** Three words to best describe you:

**Dawn:** Outgoing, friendly, and caring

**ECare:** What is on your bucket list?

**Dawn:** To go skydiving.

**ECare:** You're happiest when?

**Dawn:** Anytime that I am with my family.

**ECare:** If given a chance, who would you like to be for a day?

**Dawn:** Somebody who is rich!

**ECare:** What made you decide to become a Caregiver?

**Dawn:** It has always intrigued me to care for others who need help and who may not have received the best care. I am just happy to be able to give back to others.

**ECare:** What is your best piece of advice for other Caregivers?

**Dawn:** To always stay focused and never give up!

## CAREGIVER OF THE MONTH

Dawn has excelled in her position as a Caregiver since starting with ExpertCare; she is always willing to go above and beyond.

Dawn has been faced with several difficult situations and has always approached issues with an open mind; working toward the best outcome for her consumer. She gives her consumer the extra attention she deserves and is always providing encouragement to keep working on the consumer's goals.

Dawn has demonstrated the dedication she has for her Consumer and ExpertCare appreciates all of her hard work and the impact she is making in the lives of others. Great job on your continued success!

Thank you for demonstrating *ExpertCare's* core values of:

**Helping People Succeed**

**Passion for Success**

**Can Do Attitude**

