EXPERTCARE CHRONICLE

JUNE 2018

Stay up to date on all things ExpertCare!!

Facebook.com/ECareMichigan

@ExpertCare

linkedin.com/company/ecaremichigan

Make sure to "like" & follow all of our social media accounts for:

⇒**Free Events**

⇒**Tips for helping your consumer**

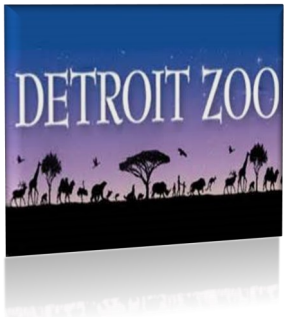
⇒**ExpertCare Updates**

⇒**Fun activities, crafts and recipes**

⇒**Job Sharing Information**

This month we will draw a Caregiver at random who will receive a $100 gift card for StubHub!

GOOD LUCK!!



Congratulations Beverly Elledge, winner of the family zoo pass in May!

Ice Cream Social

Berkley Public Library

Monday, June 18th, 2018

6pm-8pm

Celebrate the end of school and start of Summer Reading with us! The Friends of the Berkley Public Library will be kicking off the Summer Reading programs with delicious Clark's Ice Cream and popcorn from Royal Popcorn Supply. $1 suggested donation.

Tons O' Trucks in Macomb

Saturday, June 23rd, 2018
10am-1pm

Join us for a FREE community event as we kick of the summer with our 19th annual Tons O' Trucks!

Located at Seneca Middle School (47200 Heydenreich Rd / 21 Mile Rd. & Heydenreich Road). Parking at Dakota High School, next-door.

Bring the whole family and see, touch and hear every truck you could imagine. Bring your camera so you can capture photos of your kids as they marvel, climb, honk and creatively explore many vehicles.

In addition to the vehicles, kids of all ages can also enjoy inflatables, face painting, train rides, refreshments, giveaways and much, much more!

Programs and websites mentioned within this newsletter are for the sole purpose of providing information of interest. ExpertCare Management Services does not endorse these websites, the content, and/or programs mentioned. ExpertCare takes no responsibility for loss or damage suffered as a result of using the information contained in these websites or participation in the aforementioned programs and events.

Community HOUSING NETWORK
Opening Doors • Transforming Lives.

MSHDA
MICHIGAN STATE HOUSING DEVELOPMENT AUTHORITY

Free Financial Education Workshops

*Financial Capability & Self Sufficiency Series**

This four hour workshop will cover a wide range of financial topics including:

- Mastering Money Management
- Banking Basics
- Developing a Spending Plan
- Debt Reduction
- Improving Credit Ratios & Savings
- Insurance
- Consumer Protection
- Student Loans
- Fair Housing and Fair Lending

Dates and Times:

Saturday, June 9 2018 10 a.m.-2 p.m.

Saturday, June 16 2018 10 a.m.-2 p.m.

Location: Unity Park Community Room

333 Auburn Ave. Pontiac, MI 48342

Register online:

https://communityhousingnetwork.org/services/financial-capabilities-self-sufficiency-workshops/

or email **mjaks@chninc.net** or call **248-824-7392**

*Completion of this 4-hour workshop will satisfy scholarship requirements for the HUD and MSHDA-approved Homebuyer Education course, please contact mjaks@chninc.net for more information.

EQUAL HOUSING OPPORTUNITY

570 Kirts Blvd . Suite 231 . Troy . MI 48084
PHONE 248.928.0111 . TOLL FREE 866.282.3119 . FAX 248.928.0122
www.communityhousingnetwork.org

Caregiver Milestone Anniversaries

We would like to recognize and congratulate the following Caregivers for reaching a milestone anniversary in May.

5 Years

Annetra Bowman

Bridgette Callaway

Jennifer Sofranski

Tony Williams

10 years:

Lindsay Staskowski

Thank you for demonstrating a continued commitment to ExpertCare and the clients we service. You make a difference!

SUMMER SCHEDULE

Caregivers, if you're going to be open for more hours during the summer please be sure to let us know. There may be a consumer family who will be looking for additional staff during the summer months. As we get to the end of the school year, make sure to contact a Staffing Consultant so we can assist you with your availability.

Consumer families, before we know it summer will be here. It is best to plan ahead if you know you will have additional staffing needs. Please contact your Staffing Consultant today to discuss your needs and/or schedule changes.

Splash into summer FREE day at Deer Lake Beach

Music, dancing, inflatables, and a sandcastle building contest. Free for kids, $4 per adult
350 White Lake Rd
Clarkston, MI
June 8th @ 3:00pm

Centerline Fireworks

Annual independence festival features crafts, live music, food, beer tent, carnival and more. Fireworks at 10pm.

Memorial Park Centerline
25355 Lawrence St.
Centerline, MI 48015
June 9th @ 10:00pm

Registered Kids Receive *2 FREE GAMES* Of Bowling Each Day Of The KBF Program All Summer Long, Valued At Over $500 Per Child!

Select bowling centers and schools around the country are participating in the first ever **Kids Bowl Free** program. This program is designed by bowling centers to give back to the community and provide a safe, secure, and fun way for kids to spend time this summer.

National Children's Day Fest Rochester

June 10th @ 9:30a-4:00pm

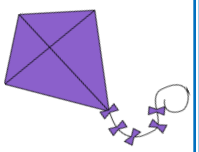
Rochester Municipal Park
400 Sixth St.
Rochester, MI 48307

Children's fun run and recreational activities such as biking, music, soccer, archery, tennis, fishing, paddleboarding & more. Admission is free.

Lyon Township Kite Festival 2018

Friday, June 1, 2018 from 6p-11p
Saturday, June 2, 2018 from 10a-6p
Sunday, June 3, 2018 from 11a-3p

58000 Grand River Ave
Lyon Township, MI



Free Kites, Kids Kite Decorating and Flying, Music/ Live Entertainment, Kids Crafts, Bounce houses, Magician, Exotic Reptile Exhibit, and Face Painting.

Father's Day Fishing

June 17th @ 1:00p-2:00p

64162 Kuntsman Road
Ray, MI 48096

Free fishing weekend. Poles and bait provided along with snack and drink. Wolcott Mill Metroparks

Explore Lab at Cranbrook Institute of Science

Weekends in June

39221 Woodward Ave

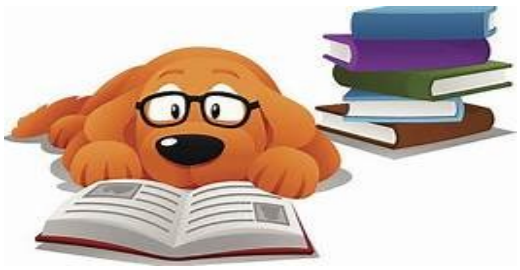
Dig for dinosaur fossils, clean & take home your very own fossil. Adults and Kids 2-12 : $5.00, members $4 each, and kids under 2, $1

Paws for reading at the Sterling Hgts Public Library

June 26 @ 5:30 pm

40255 Dodge Park Rd

Trained therapy dogs visit and sit with kids at the library while they practice their reading skills. Free



Recipient Rights Corner

ExpertCare would like to first thank you for providing the highest quality care to your Recipient. ExpertCare wants to ensure the safety of our Recipients and continue to give you the tools to provide safe, quality care and wellbeing. Below are incidents that resulted in Recipient Rights violations. Please review the following Rights reminders to prevent further violations.

- ⇒ **While providing services, all Caregivers must ensure they are following the Michigan Mental Health code- Suitable Services. All Recipients shall receive services suited to his/her condition. This can include but not limited to, treatment in the correct environment and the right setting for services. For example, Caregivers may not bring Recipients to their place of residence or have individuals with them while working with the Recipient. Caregivers cannot have family members, visitors, friends or pets at a Recipient's home. Caregivers are the only one allowed on the premises.**

- ⇒ **Community Living Supports are used to increase or maintain personal self-sufficiency, facilitating an individual's achievement of his/her goals or community inclusion and participation, independence or productivity. The supports may be provided in the participant's residence or in a community setting. CLS activities are used to maintain and support the Recipient's individual achievement, which cannot be reached at the Caregiver's home.**

When providing care to a Recipient there are many rules that need to be followed and at times these can be difficult to remember. If you have questions or concerns about your case or do not fully understand the IPOS, please call ExpertCare. We are here to help you better understand the Recipient's Rights before it becomes a violation. We appreciate your attention to this matter. If there are any questions or concerns, please feel free to contact ExpertCare at (248) 643-8900.

alzheimer's association®

DEMENTIA & DISABILITIES SUPPORTIVE SERVICES PROGRAM PRESENTS—

DEMENTIA ASSESSMENT AND NEXT STEPS

Dementia in those with DD may not look like what you expect. Join us to learn the common changes that may indicate dementia in those with DD; when and how to do an assessment for possible dementia; what to note and advocate for during the diagnostic process; and how care should change as the disease progresses. Includes information on adjusting goals to accommodate expected declines and behavior changes.

Registration is free and includes 3 Social Work CEs!

JOIN US FOR THIS ALZHEIMER'S ASSOCIATION TRAINING!

Monday, June 11, 1–4 p.m.

Alzheimer's Association – Greater Michigan Chapter

25200 Telegraph Rd., Suite 100, Southfield

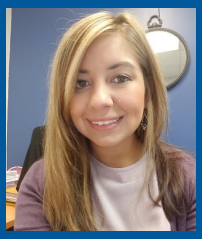
For more information or to register, call
Brandi Becker-Wright at 248-996-1055 or email bwright@alz.org

Alzheimer's Association - Greater Michigan Chapter
25200 Telegraph Rd., Suite 100, Southfield, MI 48033
helplinegmc@alz.org | 800.272.3900 | alz.org/gmc

GETTING TO KNOW THE EXPERTCARE OFFICE STAFF

We thought it would be nice to introduce ourselves and tell you a little bit about each of our office staff. Each month we will feature a new interview with someone from our office.

MEET LORI GUZMAN



ECare: Tell our Caregivers and Consumer families a little bit about you.
Lori: I grew up in Saginaw, MI until I started college. When I moved to the metro-Detroit area, I studied at Wayne State University, where I received a B.A in psychology. Being part of the mental health field has always been a passion of mine.

ECare: What is on your bucket list?
Lori: Traveling to Bali and visiting the Elephant Safari Park.

ECare: What is your position at ExpertCare?
Lori: Staffing Consultant

ECare: What are your job responsibilities?
Lori: Finding the best match for the consumer and caregiver with hopes of making a difference in someone's life.

ECare: How long have you been working at ExpertCare?
Lori: Since April 2nd, 2018

ECare: Why do you like working for ExpertCare?
Lori: I like being part of a group that works together as a team with the same goal in mind; helping people succeed.

ECare: What is the most challenging part of your position?
Lori: Wishing I could do more to help the consumer and the caregiver. Whether it would be to grant the consumer more hours of CLS or respite because it's needed or giving that caregiver a higher rate of pay for all that they do.

ECare: What's a good piece of advice for Caregivers?
Lori: Never stop learning. Keep informed and do research of your consumer's disability. The more you know, the more effective you'll be at helping that individual succeed.

Red, White & Blue Picnic

Thursday, June 28, 2018 6p-8p
Catalpa Oaks
27705 Greenfield Rd,
Southfield, MI 48076

Hosted by Oakland County Parks Adaptive Recreation. $10/participant $5/caregiver. Register by June 20, 2018. Pre-registration required; no walk–ins, no refunds. Activities, music and dinner. For individuals 18 & older with developmental disabilities. Contact 248-424-7081 Adaptive@oakgov.com.

Mexican Fiesta

Friday, June 15, 2018 from 6p-8p
Independence Oaks County Park
Twin Chimneys Pavilion
9501 Sashabaw Rd
Clarkston, MI 48348

Hosted by Oakland County Parks Adaptive Recreation. For individuals 18 & older with developmental disabilities. $10/participant $5/caregiver. Pre-registration required; no walk–ins, no refunds. Lawn games, pontoon ride, music and dinner with hot dogs, chips, watermelon, beverage and dessert. Staff members and volunteers are trained to assist people of all abilities. Contact 248-424-7081 or Adaptive@oakgov.com.

NCG Grand Blanc @ Trillium
8220 Trillium Circle Avenue
Grand Blanc

Visit any participating NCG Cinema for the Free Family Film Festival. Doors open at 9 am and all shows begin at 9:30 am.

Tickets are available at the theater on the day of the show on a first come first served basis.

Free Family Film Festival dates only valid in June and July of 2018. They are unable to offer group concession rates for Free Family Film Festival Movies.

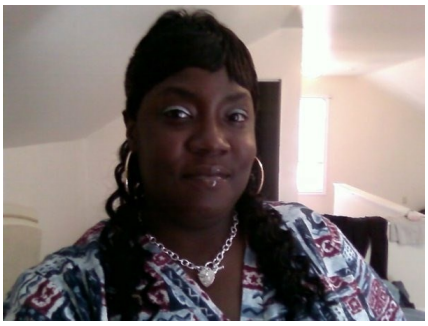
Despicable Me 3
June 20, 21, 22 & 23

Boss Baby
June 27, 28, 29 & 30

LOOK WHO'S TALKING

MAY CAREGIVER OF THE MONTH

NAKIA HATCHER



ECare: Three words to best describe you:

Nakia: Three words that describe me are caring, compassionate, and dedicated.

ECare: What is on your bucket list?

Nakia: On my bucket list is to get on an airplane.

ECare: You're happiest when?

Nakia: I'm happiest when my clients and their loved ones are happy.

ECare: If given a chance, who would you like to be for a day?

Nakia: I would like to be a superhero for the day that could help multiple people around the world.

ECare: What made you decide to become a Caregiver?

Nakia: I decided to become a caregiver once my mom passed away and I realized that if people could help me with taking care of her I could do the same. I have been doing it since 2001 and I love the work I do!

The Caregiver of the Month for May was Nakia Hatcher

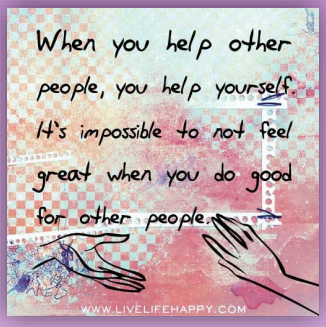
Nakia has worked for ExpertCare for three years and has shown her commitment to her consumers and to her position as a caregiver. She is flexible and able to quickly adapt to various situations.

Nakia encourages her consumers to make good choices and help them to regulate their emotions. She explores alternatives to various situations and does what is best for her consumers. She is very patient with her consumers and able to relate to them in a way that helps them feel heard and valued.

ExpertCare wants to express our gratitude and appreciation for her enthusiasm and commitment to her consumers. Nakia is a valued ExpertCare employee. Thank you for your hard work and dedication in changing the lives of others.

Thank you for demonstrating *ExpertCare's* core values of:

Helping People Succeed

Passion for Success

Can Do Attitude