



## JUNE GIVEAWAY

June is national camping month!

The founder of modern recreational camping was Thomas Hiram Holding in 1908.

Reducing stress is one of the many benefits of camping. Camping removes common stress triggers like work pressure, traffic and the rushing around of everyday life and replaces them with the calming effects of bird song, the sounds of waves crashing on the beach and the wind in the trees.



This month we will give away a portable grill to help make camping or outdoor picnics more enjoyable for one lucky winner. We will draw a winner at random and post the winner in next month's newsletter.

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*Congratulations to May Winner*

*Julie Simmons*

*We hope you find the  
tablet helpful!*



## Employee Milestone Anniversaries

We would like to recognize and congratulate the employees below for reaching a milestone anniversary in May.



20 Years  
Brett Welling  
Eva Gilbert



10 Years  
Kandi Hollis

5 Years  
Carlissa Cooper  
LaKaiya Minus  
Jessica Livernois  
Stacy Davis

Thank you for demonstrating a continued commitment to ExpertCare and the clients we service. You make a difference!



## Summer Safety Tips

1. Apply sunscreen about 30 minutes before going outside and reapply every 2 hours.
2. Stay hydrated with plenty of water.
3. Avoid direct sunlight and seek shade when possible.
4. Take breaks between physical activity.
5. Consider wearing a sunhat or sunglasses for added protection.



### 2021 Center Line Independence Festival

June 4, 2021 -  
June 6, 2021  
Memorial Park  
25355 Lawrence St  
Center Line, MI 48015

Hours: Fri 5pm-9pm; Sat 11am-6pm; Sun 11am-5pm

The Center Line Independence Festival will be held on June 4-6, 2021. It'll include live bands, petting zoo and animal interaction, carnival rides, local entertainment, children's cultural activities, arts and crafts vendors, food vendors, beer tent, fireworks display, and more.



**JUNE 18-19 | 10AM - 3PM**

**SIDEWALK  
% SALE**

**RECOVERY RESOURCE CENTER  
27700 GRATIOT AVE ROSEVILLE MI**

**OUR \$2 RESALE CLOTHING SHOP WILL BE OPEN!**

All proceeds to benefit Live Rite Structured Recovery Corp,  
a 501c3 non-profit organization



## HHA eXchange



ExpertCare has exciting news; we have contracted with HHA eXchange to meet the Electronic Visit Verification (EVV) requirement and to assist caregivers with submitting timesheets and notes electronically.

HHA eXchange has a variety of different tools that empower caregivers to deliver better patient care in the home.

The HHA eXchange caregiver portal is a web-based application designed for caregivers to use on a desktop or laptop computer. Using the caregiver portal, caregivers can review and plan their schedules, interface with their agencies, request broadcasted shifts, and manage their activities.

When in the field, caregivers can switch to the HHA eXchange mobile app to continue to manage their activities. Both the caregiver portal and mobile app are synchronized; therefore, any action performed on one device (computer or smart phone) is automatically reflected on the other.

ExpertCare has begun implementing HHA and currently have around 195 field staff using the application. We will continue to roll out the new application in waves and we will be offering training and assistance with learning this new tool. We will contact each of you directly when we are ready for you to begin using the app. We'll be talking to you soon!



# 2021 SUMMER FEST

FESTIVAL OF MUSIC

June 9<sup>th</sup>-13<sup>th</sup>  
Downtown Flushing  
Riverview Park



Armband Pre-Sales  
ONLY \$20 - Save \$5

Available at:  
Chamber Office until 3PM Tuesday - June 8<sup>th</sup>  
105 E. Main Street  
or online at:  
[www.FlushingChamber.com](http://www.FlushingChamber.com)

## Fun things to do this summer in Wayne County (for free!)

- Take a stroll along the Detroit River walk
- See cars on display at the GM Renaissance Center
- Explore what Belle Isle has to offer:
  - ⇒ Dossin Great Lakes Museum
  - ⇒ Belle Isle Nature Center
  - ⇒ James Scott Memorial Fountain
  - ⇒ Belle Isle Beach
  - ⇒ Belle Isle Aquarium (currently closed due to COVID-19)
  - ⇒ Anna Scripps Whitcomb Conservatory (currently closed due to COVID-19)



- Tour the Detroit Institute of Arts Museum. (Free for Wayne, Oakland, and Macomb county residents.)
- Eat lunch at Campus Martius Park
- Discover new art pieces in the Museum of Contemporary Art Detroit
- Visit the Heidelberg Project



Programs and websites mentioned within this newsletter are for the sole purpose of providing information of interest. ExpertCare Management Services does not endorse these websites, the content, and/or programs mentioned. ExpertCare takes no responsibility for loss or damage suffered as a result of using the information contained in these websites or participation in the aforementioned programs and events.



## Something FUN For Caregivers Virtual Event

**Thursday, June 3, 2021**

6:00pm-7:30pm

Held via ZOOM

The Area Agency on Aging 1-B is hosting a fun night out just for those caring for older adults!

### Featuring:

#### Caregiver Humor with Breeda Miller, Author of The Caregiver Coffeebreak

- Author, Speaker and Trainer

#### Caregiver KAHOOT!

- Interactive, virtual trivia game for prizes

#### Relaxation Activity

- Learn relaxation methods just for caregivers



**Breeda Miller**

Plus information and caregiver resources from your Area Agency on Aging 1-B

For more information or if you have questions contact:  
**Chiara Clayton** at **248-320-1144**  
or email **cclayton@aaa1b.org**

**Pre-Registration is required**

**REGISTER HERE:** [tinyurl.com/caregiverfun](https://tinyurl.com/caregiverfun)  
(ZOOM link will be sent to you)

**Family Caregivers, take a break and join us for something FUN!**



## **HOMEBUYER EDUCATION WEBINAR**

### **Via Zoom**

**Wed. & Thurs, June 9<sup>th</sup> & 10<sup>th</sup>, 2021**  
**6:00 pm – 8:00 pm**

Be introduced to professionals from the industry and build your team for success! You will learn about the home-buying process - including credit, budgeting, banking, down payment assistance, and mortgage approval & closing.

MSHDA certificate provided at end of class for all who attend the entire 4 hours. Class limited to current Oakland & Livingston County residents.

**Once you register you will receive a confirmation email. You will be sent the Zoom link 2 business days prior to the class.**

**To register for this class please visit**

**<https://www.olhsa.org/events>**

Questions: contact [housingcounseling@olhsa.org](mailto:housingcounseling@olhsa.org) or call  
248-860-7845



OLHSA is a HUD approved agency.



## A note from ExpertCare:

On behalf of ExpertCare, I want to thank all our field staff for their continuing hard work and dedication. Each of you continue to demonstrate an unwavering commitment to providing essential support services and care for our clients. We entered the COVID-19 pandemic over 14 months ago, for which none of us would have predicted would go on for this long. We are truly grateful for the services and support you provide to one of our most vulnerable populations. The work you do is crucial and appreciated!

Although the Governor recently amended the state mask order indicating fully vaccinated persons need not wear a mask in most settings, ExpertCare's mask policy is still in effect. ExpertCare still requires all field staff to wear a mask, whether indoors or outdoors, when working with a client. ExpertCare will continue to review its policy on masks, as the number of COVID cases decrease and more clients and staff obtain the COVID-19 vaccination.

We encourage our staff to obtain the COVID-19 vaccination. Many local pharmacies such as Meijer, CVS and Rite Aid are offering the vaccination to individuals ages 12 years and older. To find a location near you please go to <https://www.vaccines.gov/>.

All employees should continue to follow universal prevention practices:

- Check for symptoms of illness before reporting to work.
- Avoid close contact with people who are sick.
- Stay home when you are sick and avoid contact with persons in poor health.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Cover your cough or sneeze with a tissue, then dispose of the tissue.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, after blowing your nose, coughing or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.



Practice social distancing when possible.

ExpertCare continues to offer personal protection equipment (PPE) including face masks, face shields, gloves, and hand sanitizer to employees. Please contact our main office, 248-643-8900, to coordinate PPE supplies.

The quickest way to obtain supplies is to coordinate pick up but arrangements for shipment can be made in some scenarios. If gloves are included in this request, please indicate the size you are looking for when leaving a voice mail. We have a designated area right outside the front door for pick up.

Each of us play an important role in preventing the spread of illness, specifically COVID-19. It is crucial we continue to take preventative measures and self-monitor for signs of illness consistent with COVID-19 prior to reporting to your shift.

If you have symptoms of an illness including a fever, shortness of breath, cough or persistent pain in your chest please contact your primary care health provider or the local health department and do not report to work.

Please notify ExpertCare at 248-643-8900 if you are unable to report to your shift.

Thank you for all you do!

## Summer Extravaganza

Each year, Downtown Auburn Hills hosts a two-day summer extravaganza celebrating all things summer! These two days are filled with fun, food, music, and great activities the whole family can enjoy. Some activities include:

- Live music
- Kidz Korner: Inflatables & Games
- Mayor & City Council ice cream social
- "By the River" Classic Car show
- Karaoke contest
- FOOD!
- Dancing
- Pet Parade
- And more!



Downtown Auburn Hills  
3470 Auburn Rd  
Auburn Hills, MI 48326

THERAPEUTIC CONCEPTS  
PRESENTS  
O.U.R. CAMP!

*Be part of O.U.R. Camp!  
Opportunities Unlimited  
in Recreation*

Inclusive, BLENDED Summer Camp!  
Special Needs Programming for  
persons of all ages

Tuesdays-VIRTUAL  
Wednesday, Fridays - IN-PERSON

*4 week skills-based program  
June 21st-July 2nd  
July 12th-23rd  
Hours of camp: 10:00 am-  
12:00pm*

For more information Call (586) 722-7524 or  
marynagy@therapeuticconceptsllc-mi.com  
38257 Mound Rd, Building D

## GETTING TO KNOW THE EXPERTCARE OFFICE STAFF

We thought it would be nice to introduce ourselves and tell you a little bit about each of our office staff. Each month we will feature a new interview with someone from our office.

### MEET ASHLEY ZUELCH



**ECare:** If you didn't have to sleep, what would you do with the extra time?

**Ashley:** If I did not have to sleep, then I would move all the not so fun tasks (like cleaning) to nighttime. I would learn a foreign language, find a new tv show, movie, or documentary to watch, volunteer, and find creative ways to send gratitude to my family and friends. I am not super creative or artsy, but I would also love to take pottery classes.

**ECare:** What are three words that best describe you?

**Ashley:** Energetic, easygoing, attentive

**ECare:** What is on your bucket list?

**Ashley:** I would love to travel more – both in the US and around the world, go on a helicopter ride, learn how to crochet, go snorkeling, and learn calligraphy.

**ECare:** When you are working towards a goal, what keeps you motivated?

**Ashley:** Whether it is professionally, or in my personal life, sharing my goal with others helps me stay on track. I enjoy being held accountable and appreciate receiving the support of others so I can achieve my goal. I also like to track my progress by writing down what I have accomplished and what I still have left to finish so I can keep moving forward.

**ECare:** What do you wish you knew more about?

**Ashley:** Growing up I did not have an appreciation for history class, so I wish I knew more details on historical events. I also love photography. I wish I knew how to operate a professional camera and be able to know the lighting, angles, and details behind shooting an awesome photograph.

**ECare:** What are some things that help you have a great day?

**Ashley:** A great day for me consists of talking with friends and family, hearing good news, accomplishing something off my to-do list, receiving a compliment, and chocolate also helps.

**ECare:** What do you like most about ExpertCare?

**Ashley:** My favorite thing about ExpertCare is the people! I work with a team of fun and hard-working individuals who all work together to help one another out. I started working here in January, so I have not been able to visit the office under regular conditions, but the people I have met outside of my team are all very friendly and welcoming.



Soul Cafe

52m · 🌐

2020 marked a 7-year high unemployment rate for adults with special needs. And that's where we fit in! Welcome to [Friendship Circle of Michigan's Soul Cafe](http://www.friendshipcircle.org/soul/cafe/), a kosher cafe with healthy and delicious vegan and vegetarian dishes with a meaningful mission. ❤️ At the cafe, we both train and employ adults with special needs as part of our mission of community, friendship and inclusion.

Come visit us! Place your reservation today:

<http://www.friendshipcircle.org/soul/cafe/reservations/>



## LOOK WHO'S TALKING

### MAY CAREGIVER OF THE MONTH

#### GABRIELLE WALSH



**ECare:** Tell us something about yourself that others find interesting:

**Gabrielle:** I have a pet chinchilla! I rescued him over a year ago and he's so cute!

**ECare:** Three words to best describe you:

**Gabrielle:** Three words that best describe me are : motivated, determined, and passionate.

**ECare:** What is on your bucket list?

**Gabrielle:** The thing highest on my bucket list is to go visit The Great Pyramids! Also to swim with sharks!

**ECare:** You're happiest when?

**Gabrielle:** I am happiest when I am with my family, boyfriend, and animals!

**ECare:** What's your favorite childhood memory?

**Gabrielle:** My favorite childhood memory would have to be playing soccer and my team winning our tournaments!

**ECare:** If given a chance, who would you like to be for a day?

**Gabrielle:** I don't think I would want to be anyone else for a day, I am perfectly happy being myself!

**ECare:** What's the one thing, you can't live without?

**Gabrielle:** I could not live without coffee and Squishmallows.

**ECare:** What made you decide to become a Caregiver?

**Gabrielle:** I decided to become a caregiver because I am currently working on my Bachelor's degree in psychology and plan on getting a Master's degree in Social Work.

**ECare:** What is your best piece of advice for other Caregivers?

**Gabrielle:** My best piece of advice for other caregivers would be to be patient and not to give up on a bad day. Better days always follow and make the bad ones worthwhile.

**ECare:** What is your proudest moment as a Caregiver?

**Gabrielle:** My proudest moment as a caregiver was when my client with really bad social anxiety became more confident in herself and was able to get a job.

For the past year and a half working with ExpertCare, Gabrielle has demonstrated that she is a caring and compassionate caregiver. She has shown great dedication to those she supports and always goes above and beyond.

Gabrielle is being recognized for always having a tremendous amount of patience when dealing with challenging situations. Whenever faced with a challenge, Gabrielle redirects to ensure the situation is diffused and ensures her consumer is safe. She always takes the correct steps by reaching out to ExpertCare and follows proper protocols. Gabrielle has always kept an open mind regardless of the situation.

ExpertCare looks forward to watching her grow and succeed in her position. ExpertCare truly appreciates everything she does and is very proud to have her represent ExpertCare in this field. Thank you for your hard work and dedication in changing the lives of others.

Thank you for demonstrating ExpertCare's core values of:

Helping People Succeed  
Passion for Success  
Can Do Attitude